

5:00 PM 3/30/2020 Tuesday Update – Wilson County, Kansas

STAY AT HOME! This is our overarching message

Dr. Norman at this time predicts Covid-19 peak in Kansas to be about April 24. Average hospitalizations in Kansas have been 10-14 days, and includes younger people, not just elderly and those with underlying health conditions. Even though at-risk groups are more likely to die, a long hospitalization is something we all want to avoid. KDHE models suggest that Covid-19 cases are currently doubling every 3 days. If we could reduce community movement by 45%, we could extend the doubling rate to 6.6 days. If we reduce by 55%, it would extend the doubling rate to 9.3 days. This translates directly to fewer hospital beds needed at once, and the difference between handling the surge and being overwhelmed. Dr. Norman said it well when he stated, "This is not a game about trying to skirt around the exceptions in the [Governor's] Executive Order. This is about **STAYING AT HOME!**" <https://www.facebook.com/KDHEnews/videos/591358111723593/>

CALL FIRST

If you have any symptoms, please stay home and do not venture into public spaces, the hospitals, or your physician's clinic. Instead we ask that you call the hospital or clinic first. Tell them about your recent travel and your symptoms. This will allow the healthcare team to prepare for your arrival. They will likely meet you at the door or in the parking lot to screen you, possibly place a mask on you, and determine how to best meet your needs for evaluation and treatment. Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear **2-14 days after exposure**.

- Fever 100° or greater
- Cough
- Shortness of breath

Numbers as of 3/31/2020 (totals reported at varying times depending on source)

WILSON COUNTY		KANSAS		UNITED STATES		WORLD	
Confirmed	0	Total Cases	428 (+ 2 non residents)	Total Cases	163,539	Total cases	775,306
Deaths	0	Total Deaths	9	Total Deaths	2,860	Total deaths	37,083
		Counties Reporting cases Atchison (1) Barton (1) Bourbon (3) Butler (3) Chautauqua (1) Cherokee (3) Clay (1) Coffey (14) Crawford (5)** Doniphan (1) Douglas (24)** Finney (1) Franklin (7) Gove (1) Harvey (1) Jackson (1) Jefferson (1) Johnson (134) Labette (1) Leavenworth (24) Linn (5) Lyon (10) McPherson (3) Mitchell (2) Montgomery (5) Morris (2) Neosho (1) Osage (3) Ottawa (1) Pottawatomie (2) Reno (7) Riley (2) Saline (1) Sedgwick		States Reporting cases 50 states, DC, Puerto Rico, Guam, US Virgin Islands, Northern Marianas			

		(58) Shawnee (17) Stafford (1) Stevens (2) Sumner (1) Woodson (2) Wyandotte (79) (+Ford-1; Miami-1 non-residents)*						
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*Non-residents are counted in their home state totals. **Two cases in Crawford, and one case in Douglas County have not been confirmed by the KDHE lab. They are not included in the state total or demographics, but are presumptively included in their county total

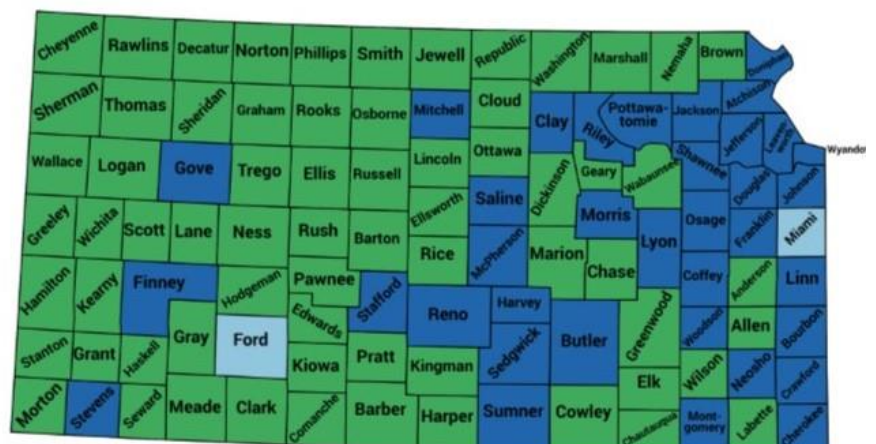
COVID-19 TESTING

	Wilson County*	Kansas KDHE lab	Kansas Private Lab
Positive	0	104	324
Negative	25	4.996 (all Kansas labs)	

*Wilson County Includes FRH & WMC. Test results can take several days to as long as a week, *once the tests are received by the lab*. (Wait time varies according to the number of tests being processed at a lab.) Courier time is extra

3/30/20 Kansas Covid-19 Cases

- No confirmed cases
- Confirmed Cases
- Out-of-state resident Confirmed



(Clay County (1) was inadvertently left off of today's KDHE update)

Definitions:

Exposure – Close contact (within 6 feet for ≥ 10 minutes or direct contact ex. being coughed on) with a known or suspected COVID-19 case within the last 14 days

High Risk Individuals –people age 60 and above, people who have chronic conditions such as heart disease, lung disease, diabetes, and a weakened immune system.

Person Under Investigation – person who fits the following characteristics:

Definition of a Person Under Investigation (PUI)*

Report suspect PUIs to the KDHE Epidemiology Hotline by filling out and faxing [a form](#) to 877-427-7318

Epidemiologic Risk	&	Clinical Features
Close contact* with a person that has laboratory-confirmed COVID-19 and developed symptoms within 14 days of contact	AND	Measured fever above 100°F or lower respiratory illness (cough or shortness of breath)
History of travel outside of Kansas within 14 days of symptom onset	AND	Measured fever above 100°F and lower respiratory symptoms (cough or shortness of breath) and other respiratory tests were performed and are negative
No source of exposure has been identified		
Kansas resident in a county with sustained community transmission*	AND	Severe respiratory illness and hospitalized and other respiratory tests were performed and are negative

*Being within 6 feet for a prolonged period (10 minutes or longer) or having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on)

SOCIAL OR PHYSICAL DISTANCING GUIDELINES Are for anyone not known to have been exposed to Covid-19. Avoid large gatherings and groups of over 10 people, even if you feel well. Try your best to stay at least 6 feet away from other people. Call or video chat with loved ones, particularly those who are elderly or have underlying health conditions that place them at high risk. If possible, work from home. Disinfect surfaces often, wash hands frequently, and avoid shaking hands or touching your face. If you start to feel sick, stay home and follow **home isolation guidelines**.

HOME QUARANTINE GUIDELINES Those who are under a 14-day home quarantine because they may have been exposed to Covid-19 although they are not showing symptoms, should not attend school, work or any other setting where they are not able to maintain at about a 6-foot distance from other people. Call or video chat loved ones. For food, medication, or other necessities, have someone deliver. Use precautionary measures like not sharing household items, wash hands frequently, and disinfect frequently touched surfaces often. If a person under quarantine develops symptoms of COVID-19 during their 14-day quarantine period, including a measured fever of 100° (F) or higher and lower respiratory symptoms like coughing or shortness of breath, they should contact their healthcare provider, tell them about their recent travel or other COVID-19 exposure, and immediately follow **Home Isolation Guidelines**. Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine, observing **social distancing guidelines**

HOME ISOLATION GUIDELINES: Are for anyone who is showing symptoms of Covid-19, but not sick enough to need hospital care. This helps limit spread of illness. This includes anyone waiting for Covid-19 test results, those who have tested positive for Covid-19, and those who have symptoms of the disease without a test.

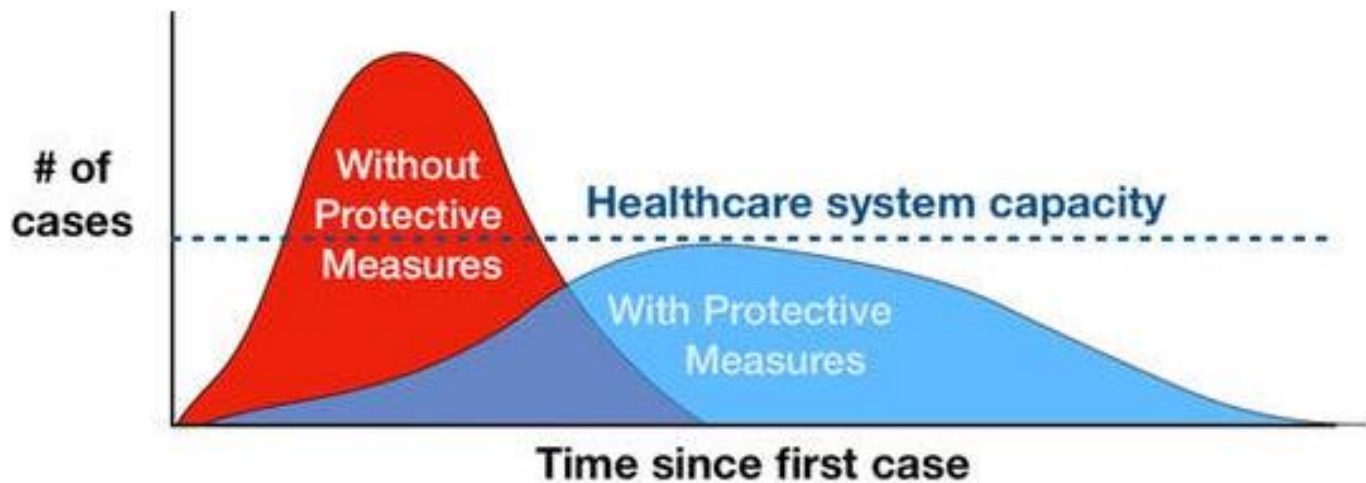
Do not leave your home unless it is an emergency. If you are in a home with others, stay in a room by yourself. Call or video chat loved ones to stay in touch. Have food, medication, or other necessities delivered, and if possible, stock up for the duration of the isolation, which could be several weeks. Do not share household items; wash hands and clean frequently touched surfaces often. Remain in isolation for 7 days OR 72 hours after fever is gone without the use of fever reducing medicine, and other symptoms have significantly improved, **WHICHEVER IS LONGER**. If you are in home isolation, monitor your symptoms, and if you need medical attention because symptoms have worsened or you feel shortness of breath, contact a healthcare provider immediately.

TWO MORE STATES ADDED TO 14-DAY HOME QUARANTINE KDHE is now mandating 14-day home quarantine for Kansans who have:

- Traveled to a state with known widespread community transmission (California, Florida, New York, Washington State) on or after March 15.
- Traveled to Illinois or New Jersey on or after March 23.
- Visited Eagle, Summit, Pitkin and Gunnison counties in Colorado in the week of March 8 or after.
- Traveled anywhere in Colorado or Louisiana on or after March 27
- Traveled on a cruise ship or river cruise on or after March 15. (People who have previously been told by Public Health to quarantine because of their cruise ship travel should finish out their quarantine.)
- Traveled internationally on or after March 15. (People who have previously been told by Public Health to quarantine because of their international travel to China, South Korea, Japan, Italy and Iran should finish out their quarantine.)
- Received notification from public health officials (state or local) that you are a close contact of a laboratory-confirmed case of COVID-19. You should quarantine at home for 14 days since your last contact with the case. (A close contact is defined as someone who has been closer than 6 feet for more than 10 minutes while the patient is symptomatic.)

Important Note: These mandates do not apply to critical infrastructure sectors needed to continue operations during this pandemic.

“FLATTENING THE CURVE”



Adapted from CDC / The Economist

The ideal goal in fighting an epidemic or pandemic is to completely halt the spread. But merely slowing it — mitigation — is critical. This reduces the number of cases that are active at any given time, which in turn gives doctors, hospitals, police, schools and vaccine-manufacturers time to prepare and respond, without becoming overwhelmed.

PUBLIC HEALTH ORDERS

Recommendation regarding Mass Gatherings 3/26/20
Recommendations for Non-Essential travel 3/23/20
Recommendations for Employers and Employees 3/19/20

ESSENTIAL FUNCTIONS

The State of Kansas has established guidelines for determining which businesses provide functions considered “essential”. This determination is based upon the Kansas Essential Functions Framework (KEFF). For the safety of your employees and the public, it is critical that as many individuals as possible remain at home. As noted by the Secretary of the Kansas Department of Health and Environment, Lee A. Norman, M.D., just because a business may fall within one of the exceptions to the KEFF, it does not mean that business should be open. Accordingly, it is strongly encouraged that unless your business absolutely needs to be open to fulfill one of the essential functions identified in KEFF, you should strongly consider not exposing your employees or the public to the dangers associated with COVID-19. For more information, visit the Kansas Essential Functions Request Site: <https://governor.kansas.gov/keff/>

LINKS:

Primary Information Sources

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

<http://www.kdheks.gov/coronavirus/index.htm>

KDHE Hotline M-F, 8:00 am-5:00 pm 1-866-534-3463 (call volume very high, may be a long wait)

KDHE e-mail questions: Covid19@KS.gov

KDHE Daily Update 3/31/20

https://khap2.kdhe.state.ks.us/NewsRelease/COVID19/COVID-19_March_31.pdf

Kansas Department of Labor Covid-19 response resources

<https://www.getkansasbenefits.gov/Home.aspx>

Exposure and Symptom Information for Church Conference

<https://khap2.kdhe.state.ks.us/NewsRelease/PDFs/3-31%20Church%20conference.pdf>

Frequently asked Covid-19 questions about Pregnant Women and Infants

http://www.kdheks.gov/coronavirus/download/FAQs_for_Pregnant_Moms.pdf?fbclid=IwAR1ZzyP1SfIE_1UdfVIUwvKZfFlK88kfYDSZJrSZXPx663BhjdgZwQVai2U

Kansas Executive Order No. 20-16 establishing a statewide “stay at home” order

<https://governor.kansas.gov/wp-content/uploads/2020/03/EO20-16.pdf>

All Executive orders from Governor Kelly

<https://governor.kansas.gov/newsroom/>

Updated Isolation and Quarantine Guidelines

<https://khap2.kdhe.state.ks.us/NewsRelease/PDFs/3-27-20%20travel.pdf>

County Health Officer Dr. Bacani and Health Department Administrator Destany Wheeler in their third FacebookLive Covid-19 Q & A session

<https://www.facebook.com/jennifer.bacani.9/videos/10157411046203983/>

Talking with Children and Adolescents about Covid-19

http://www.kdheks.gov/coronavirus/toolkit/Talking_with_Children_and_Adolescents_About_COVID-19.pdf

Health Care Provider Optimizing PPE/Facemasks and use of homemade non PPE mask as last resort:

http://www.kdheks.gov/coronavirus/toolkit/Strategies_for_Optimizing_Facemasks.pdf

FEMA rumor control

<https://www.fema.gov/coronavirus-rumor-control>

Symptoms comparison:

http://www.kdheks.gov/coronavirus/toolkit/Cold_vs._Flu_vs._Allergies_vs._Coronavirus.pdf

10 Ways to Handle Respiratory Symptoms at Home

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>

Coronavirus Covid-19 Global Cases by the Center for Systems Science and Engineering at Johns Hopkins University

<https://coronavirus.jhu.edu/map.html>

KDHE announces Press briefings with Dr. Norman will be held Monday, Wednesday and Friday at 1:30 p.m.

Watch on Facebook Live <https://www.facebook.com/KDHEnews/>

Follow these links for additional updates:

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

<http://www.kdheks.gov/coronavirus/index.htm>

Continue to next pages for Revised Recommendations for Mass Gatherings, Recommendations for Limiting Non-Essential Travel, Recommendations for Employers and Employees, Information for WIC Clients, Comparison of Symptoms, school food service (USD 484 revised), and Judicial Court information

Wilson County Health Department
421 N 7th St, Fredonia, KS 66736

March 26, 2020

**ORDER OF THE LOCAL HEALTH OFFICER
REGARDING MASS GATHERINGS**

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, **mandate** that the residents of Wilson County avoid planning or attending social gatherings in groups of **more than 10 people**.

Effective Wednesday, March 25, 2020, Governor Laura Kelly **mandated** that there be no gatherings of **10 or more people** stating in her executive order the following:

- All public or private mass gatherings, as defined below, are prohibited in the State of Kansas.
 - The phrase "mass gathering" as used in this order means any planned or spontaneous public or private event or convening that will bring together or is likely to bring together 10 or more people in a confined or enclosed space at the same time.
- A listing of the activities or facilities that are exempt from the prohibition of this order can be found at https://kchap2.kdhe.state.ks.us/NewsRelease/COVID19/Mass_Gatherings_Executive_Order_20-04-Executed.pdf.

As of Monday, March 16, 2020, the CDC endorsed President Trump's "15 Days to Slow Spread of Coronavirus (COVID-19)" Guidelines which asks citizens to "Avoid social gatherings in groups of more than 10 people." This document can be found at https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf.

The CDC states that "Large events and mass gatherings can contribute to the spread of COVID-19 in the United States via travelers who attend these events and introduce the virus to new communities. Examples of large events and mass gatherings include conferences, festivals, parades, concerts, sporting events, weddings, and other types of assemblies. These events can be planned not only by organizations and communities but also by individuals."



Jennifer Bacani McKenney, MD, FAAFP
Wilson County Health Officer

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Wilson County Health Department
421 N 7th St, Fredonia, KS 66736

March 23, 2020

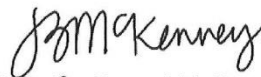
**RECOMMENDATION OF THE LOCAL HEALTH OFFICER
REGARDING LIMITING NON-ESSENTIAL TRAVEL**

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, **strongly recommend** that the residents of Wilson County **avoid non-essential travel outside of Wilson County at this time.**

The KDHE recently ordered a mandate to quarantine of travelers to certain places, close contacts of confirmed cases and those being tested. In the mandate, the KDHE states "there is currently no vaccine to prevent COVID-19. The best way to prevent illness is to avoid spreading the virus and to avoid being exposed to the virus. The virus is thought to spread between people who are within about 6 feet of each other for at least 10 minutes through droplets from coughing and sneezing."

Additionally, on the cdc.gov website, the CDC states "the CDC does not generally issue advisories or restrictions for travel within the United States. However, cases of coronavirus disease (COVID-19) have been reported in many states, and some areas are experiencing community spread of the disease. Crowded travel settings, like airports, may increase chances of getting COVID-19, if there are other travelers with coronavirus infection."

Therefore, it is strongly recommended that residents of Wilson County limit travel outside of Wilson County to essential travel such as obtaining necessities, attending doctor's appointments, or for work.



Jennifer Bacani McKenney, MD, FAAFP
Wilson County Health Officer

Wilson County Health Department

421 N 7th St, Fredonia, KS 66736

March 19, 2020

RECOMMENDATION OF THE LOCAL HEALTH OFFICER FOR EMPLOYERS AND EMPLOYEES

In accordance with the recommendations of the Center for Disease Control (CDC) and the Kansas Department of Health and Environment (KDHE), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, hereby strongly recommend for the businesses located in Wilson County and any person employed in Wilson County the following:

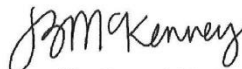
- **Responsibilities of the EMPLOYER**

- Actively encourage sick employees to stay home.
 - *The CDC recommends that the employer ensure that any employee who appears to have acute respiratory illness symptoms (i.e. cough, shortness of breath) upon arrival to work or becomes sick during the day be sent home immediately.*
 - *It is NOT the responsibility of the employer to determine what testing or evaluation needs to be done for the employee. Encourage the employee to contact their Primary Care Provider immediately by phone to determine next steps.*
- Emphasize staying home when sick, respiratory etiquette, and hand hygiene by all employees.
- Perform routine environmental cleaning.
- Advise employees before traveling to take the steps listed at website referenced below.
- Ensure that your sick leave policies are flexible and consistent with public health guidance and that employees are aware of these policies.
- Do not require a healthcare provider's note for employees who are sick with acute respiratory illness to validate their illness or to return to work.
- Develop and maintain flexible policies that permit employees to stay home if they are ill or to care for a sick family member.

- **Responsibilities of the EMPLOYEE**

- Employees should notify their supervisor and stay home if they are sick.
- Contact your Primary Care Provider IMMEDIATELY BY PHONE if you are ill or sent home from work.
 - Your doctor, nurse practitioner, or physician assistant will determine what the appropriate next steps are, which might include an in-person office visit, laboratory testing, or quarantine

Please visit <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html> for more information from the CDC on Guidance for Businesses and Employers.



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Attention WIC clients!

Covid-19 is changing everyone's day to day activities. The federal government has made legislative changes that temporarily allow WIC appointments to be done remotely-over the phone, by facetime, etc. in order to help WIC staff and families avoid being exposed to Covid-19. Wilson County WIC staff will call you at your regular appointment time to complete your appointment and be able to issue benefits. Required proofs of address and income will need to be sent electronically, with a screenshot, or by e-mail. If we are not able to reach you by phone, we will send you a letter with a rescheduled appointment. If your phone number or address on record with WIC has changed, please call and let us know so that your benefits can be continued without a gap. If you do not hear from us and think you have missed an appointment, please contact us as soon as possible. We will work with you to make this new process work! We can be reached at 620-378-4455, wlhealth@wilsoncountykansas.org, or by private message at <https://www.facebook.com/WCHDKS>



COVID-19

CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES

SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES
Fever	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days	No
Headache	Sometimes	Rare	Intense	Sometimes
General aches, pains	Sometimes	Slight	Common, often severe	No
Fatigue, weakness	Sometimes	Slight	Common, often severe	Sometimes
Extreme exhaustion	Sometimes (progresses slowly)	Never	Common (starts early)	No
Stuffy nose	Rare	Common	Sometimes	Common
Sneezing	Rare	Common	Sometimes	Common
Sore throat	Rare	Common	Common	No
Cough	Common	Mild to moderate	Common, can become severe	Sometimes
Shortness of breath	In more serious infections	Rare	Rare	Common
Runny nose	Rare	Common	Sometimes	Common
Diarrhea	Sometimes	No	Sometimes**	No

For more information: www.kdheks.gov/coronavirus

Information is still evolving.

* Sometimes for children.

Sources: KDHE, CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology.

Altoona-Midway Unified School District 387



Altoona-Midway USD 387

Superintendent: Mr. Brent Kaempfe
20584 US 75 Hwy
Buffalo, KS 66717
620-537-7721 Fax# 620-302-2080

Altoona-Midway Elementary School

Principal: Kim Reazin
833 River St., P. O. Box 128
Altoona, KS 66710
620-568-5725 Fax # 620-568-5755



Altoona-Midway High School Altoona-Midway Middle School

Principal: Darrin Ashmore
Activities Director: Jeff Almond
20704 US 75 HWY
Buffalo, KS 66717
620-537-7711 Fax # 620-537-2641

USD 387 Patrons,

This letter is to inform you as to the plans for meals for the remainder of 2019-2020 School Year. Grab N' Go Meals will be available for all children under the age of 18. Five days of breakfasts and lunches will be given on a weekly basis. At this time, meals will consist of refrigerated items and shelf stable items. Meals will start on Monday, March 23rd, 2020.

Children must be present at pickup in order to receive meals. We understand under certain circumstances this may be difficult, please contact us with any questions. If for any reason, you are unable to attend meal pickup, please contact Diane Cook via text or email @ dcook@usd387.org or 785-383-1835. In order to adequately prepare meals, please let Diane know if you plan on participating in this meal service as soon as possible.

Altoona-Midway Elementary School – Curb Side – Every Monday 9:00-10:00 am
Altoona-Midway Middle/High School – Curb Side – Every Monday 10:30-11:30 am
Buffalo – Main Street near Post Office – District Van Distribution – Every Monday 12:00-1:00 pm

Other Information: Meals are NOT to be consumed at the pickup location; please take food and go, no loitering or visiting; ID and/or paperwork is not needed to participate.

Sincerely,

Diane Cook

Food Service Director

GRAB N' GO MEALS

FREE MEALS FOR ALL CHILDREN UNDER 18

MEAL SERVICE LOCATIONS

Drive Thru or Curbside Pick Up Meal Services in Front of the following School:

Neodesha High School, 1001 N. 8th Street, Neodesha, KS 66757

DATES & TIMES

Monday through Friday 9 AM - 11 AM

March 23, 2020 until May 21, 2020

Days and times could change. Please follow the Neodesha Schools USD 461 Facebook page for the newest information.

DETAILS

Pick up breakfast and lunch

1 breakfast & 1 lunch for each child

Children must be present

Families do not have to enter the school

Meals will be not be consumed on-site

No ID or paperwork required

For special dietary needs, please call Alicia Newland, 620-779-2102

NEODESHA SCHOOLS USD 461

This institution is an equal opportunity provider.
©LunchAssist 2020

 LunchAssist



USD 484 Grab & Go Breakfast/Lunch Pick Up



**USD 484 will be providing FREE
lunch and next-day breakfast pick-up
and delivery options for all children
1 through 18 years of age.**

>>> PLEASE NOTE! <<<

*Delivered Meals should be consumed, refrigerated
or discarded after four hours.*

Pickup options in Fredonia from 11:30 am to 12:30 pm are:

1. FJSHS — South side of the building
2. Lincoln — Awning at horseshoe on west side of building
3. ALCO Building (east of G & W) — Under the awning

RURAL AREAS will be served by bus drivers. Meals will be delivered to normal pick-up locations. Bus drivers will begin deliveries at 11:00 am.



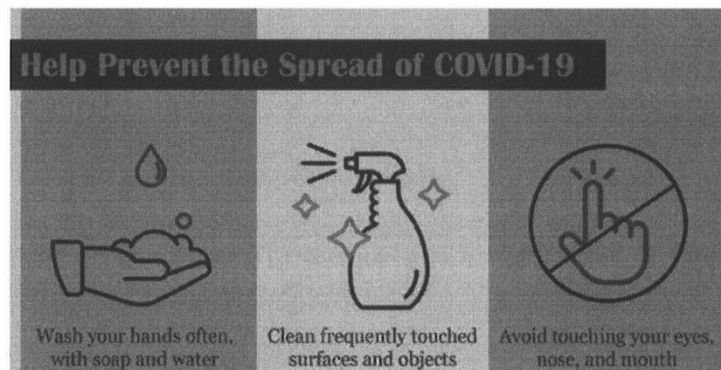
This is a USDA sponsored program, part of the Summer Food Service Program. Open to anyone 1 to 18 years of age. USDA is an equal opportunity provider.

31st JUDICIAL DISTRICT COURT

Mitigating COVID-19/spread

PUBLIC

- If a member of the public shows symptoms of illness (fever/coughing), that person will be encouraged to visit another time, use a different medium to conduct business, or be provided service in a limited area of the building.
- Signs will be placed in public restrooms with instructions on the proper way to wash hands.



ATTORNEY/CLIENTS/INMATES

- Attorneys are asked to follow the same guidelines as the public.
- Attorneys should ask their clients to follow the rules set out for the public and to wear masks while in the courthouse if they have fever and/or active coughing.
- If an inmate has a fever/active coughing, the sheriff deputy transporting the inmate should ensure the inmate is wearing a mask while in the courthouse.
- Sheriff deputies appearing in courtrooms should follow the same hand foam and handwashing procedures as court employees.
- Sheriff deputies appearing in courtrooms who have fever/active coughing should wear masks while in the courthouse.
- If an inmate is confirmed to have COVID-19/2019-nCoV/Coronavirus, the court will coordinate with the sheriff, defense counsel, and the prosecutor to arrange for video appearances or continuances of court proceedings.