5:00 PM 3/27/2020 Update - Wilson County, Kansas

Primary Information Sources

https://www.cdc.gov/coronavirus/2019-nCoV/index.html http://www.kdheks.gov/coronavirus/index.html

CALL FIRST

If you have any symptoms, please stay home and do not venture into public spaces, the hospitals, or your physician's clinic. Instead we ask that you call the hospital or clinic first. Tell them about your recent travel and your symptoms. This will allow the healthcare team to prepare for your arrival. They will likely meet you at the door or in the parking lot to screen you, possibly place a mask on you, and determine how to best meet your needs for evaluation and treatment. Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear 2-14 days after exposure.

- Fever 100° or greater
- Cough
- Shortness of breath

Numbers as of 3/27/2020 (totals reported at varying times depending on source)

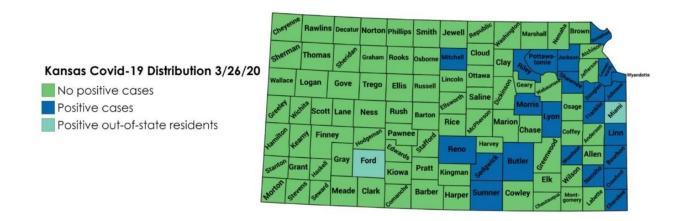
Numbers as of 3/27/2020 (totals reported at varying times depending on source)										
WILSON			KANSAS			UNITED			WORLD	
COUNTY						STATES				
Confirmed	0		Total Cases	202		Total Cases	85,356		Total	526,044
				(+ 2 non					cases	
				residents)						
Deaths	0		Total Deaths	4		Total			Total	23,639
						Deaths	1,246		deaths	
			Counties Reporting cases			States				
			Bourbon (3) Butler (3)			Reporting				
			Cherokee (2) Clay (1) Crawford			cases				
			(3)** Doniphan (1) Douglas			50 states,				
			(14)** Franklin (2) Gove (1)			DC, Puerto				
			Harvey (1) Jackson (1) Jefferson			Rico,				
			(1) Johnson (66) Leavenworth			Guam, US				
			(12) Linn (4) Lyon (3)			Virgin				
			McPherson (1) Mitchell (2)			Islands				
			Morris (2) Neosho (1) Osage (1)							
			Pottawatomie (1) Reno (5)							
			Riley (2) Sedgwick (20)							
			Shawnee (5) Sumner (1)							
			Woodson (1) Wyandotte (43)							
			(+Ford-1; Miami-1 non							
			residents)*							

^{*}Non residents are counted in their home state totals. **Two cases in Crawford, and one case in Douglas County have not been confirmed by the KDHE lab. They are not included in the state total or demographics, but are presumptively included in their county total

COVID-19 TESTING

	Wilson County*	Kansas KDHE lab	Kansas Private Lab
Positive	0	67	135
Negative	10	3,229 (all Kansas labs)	

^{*}Wilson County Includes FRH & WMC. Test results can take several days to as long as a week, *once the tests are received by the lab*. (Wait time varies according to the number of tests being processed at a lab.) Courier time is extra



Definitions:

Exposure — Close contact (within 6 feet for ≥10 minutes or direct contact ex. being coughed on) with a known or suspected COVID-19 case within the last 14 days

High Risk Individuals —people age 60 and above, people who have chronic conditions such as heart disease, lung disease, diabetes, and a weakened immune system.

Person Under Investigation – person who fits the following characteristics:

Definition of a Person Under Investigation (PUI)*

Report suspect PUIs to the KDHE Epidemiology Hotline by filling out and faxing <u>a form</u> to 877-427-7318

Epidemiologic Risk	&	Clinical Features		
Close contact [^] with a person that has laboratory- confirmed COVID-19 and developed symptoms within 14 days of contact	AND	Measured fever above 100°F or lower respiratory illness (cough or shortness of breath)		
History of travel outside of Kansas within 14 days of symptom onset	AND	Measured fever above 100°F and lower respiratory symptoms (cough or shortness of breath)		
No source of exposure has been identified		and other respiratory tests were performed an are negative		
Kansas resident in a county with sustained community transmission*	AND	Severe respiratory illness and hospitalized and other respiratory tests were performed and are negative		

[^]Being within 6 feet for a prolonged period (10 minutes or longer) or having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on)

^{*}Currently this only includes Johnson County

SOCIAL OR PHYSICAL DISTANCING GUIDELINES Are for anyone not known to have been exposed to Covid-19. Avoid large gatherings and groups of over 10 people, even if you feel well. Try your best to stay at least 6 feet away from other people. Call or video chat with loved ones, particularly those who are elderly or have underlying health conditions that place them at high risk. If possible, work from home. Disinfect surfaces often, wash hands frequently, and avoid shaking hands or touching your face. If you start to feel sick, stay home and follow **home isolation guidelines**.

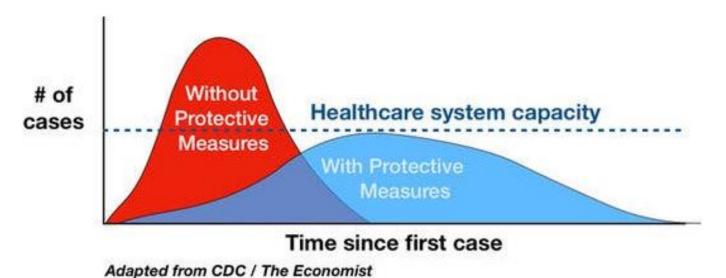
HOME QUARANTINE GUIDELINES Those who are under a 14-day home quarantine because they may have been exposed to Covid-19 although they are not showing symptoms, should not attend school, work or any other setting where they are not able to maintain at about a 6-foot distance from other people. Call or video chat loved ones. For food, medication, or other necessities, have someone deliver. Use precautionary measures like not sharing household items, wash hands frequently, and disinfect frequently touched surfaces often. If a person under quarantine develops symptoms of COVID-19 during their 14-day quarantine period, including a measured fever of 100° (F) or higher and lower respiratory symptoms like coughing or shortness of breath, they should contact their healthcare provider, tell them about their recent travel or other COVID-19 exposure, and immediately follow **Home Isolation Guidelines**. Once your quarantine period has ended, if you do not have symptoms, you may return to your normal routine, observing **social distancing guidelines**

HOME ISOLATION GUIDELINES: Are for anyone who is showing symptoms of Covid-19, but not sick enough to need hospital care. This helps limit spread of illness. This includes anyone waiting for Covid-19 test results, those who have tested positive for Covid-19, and those who have symptoms of the disease without a test. Do not leave your home unless it is an emergency. If you are in a home with others, stay in a room by yourself. Call or video chat loved ones to stay in touch. Have food, medication, or other necessities delivered, and if possible, stock up for the duration of the isolation, which could be several weeks. Do not share household items; wash hands and clean frequently touched surfaces often. Remain in isolation for 7 days OR 72 hours after fever is gone without the use of fever reducing medicine, and other symptoms have significantly improved, WHICHEVER IS LONGER. If you are in home isolation, monitor your symptoms, and if you need medical attention because symptoms have worsened or you feel shortness of breath, contact a healthcare provider immediately.

TWO MORE STATES ADDED TO 14-DAY HOME QUARANTINE KDHE is now mandating 14-day home quarantine for Kansans who have: • Traveled to a state with known widespread community transmission (California, Florida, New York, Washington State) on or after March 15. • Traveled to Illinois or New Jersey on or after March 23. •Visited Eagle, Summit, Pitkin and Gunnison counties in Colorado in the week of March 8 or after. •Traveled anywhere in Colorado or Louisiana on or after March 27 • Traveled on a cruise ship or river cruise on or after March 15. (People who have previously been told by Public Health to quarantine because of their cruise ship travel should finish out their quarantine.)

• Traveled internationally on or after March 15. (People who have previously been told by Public Health to quarantine because of their international travel to China, South Korea, Japan, Italy and Iran should finish out their quarantine.) • Received notification from public health officials (state or local) that you are a close contact of a laboratory-confirmed case of COVID-19. You should quarantine at home for 14 days since your last contact with the case. (A close contact is defined as someone who has been closer than 6 feet for more than 10 minutes while the patient is symptomatic.) Important Note: These mandates do not apply to critical infrastructure sectors needed to continue operations during this pandemic.

"FLATTENING THE CURVE"



The ideal goal in fighting an epidemic or pandemic is to completely halt the spread. But merely slowing it — mitigation — is critical. This reduces the number of cases that are active at any given time, which in turn gives doctors, hospitals, police, schools and vaccine-manufacturers time to prepare and respond, without becoming overwhelmed.

PUBLIC HEALTH ORDERS

Recommendation regarding Mass Gatherings 3/26/20

Recommendations for Non-Essential travel 3/23/20
Recommendations for Employers and Employees 3/19/20

LINKS:

KDHE Hotline M-F, 8:00 am-5:00 pm 1-866-534-3463 (call volume very high, may be a long wait) KDHE e-mail questions: Covid19@KS.gov

KDHE Daily Update 3/27/20

https://khap2.kdhe.state.ks.us/NewsRelease/COVID19/COVID-19 March 27 2020 .pdf

Talking with Children and Adolescents about Covid-19

http://www.kdheks.gov/coronavirus/toolkit/Talking with Children and Adolescents About COVID-19.pdf

Updated Isolation and Quarantine Guidelines

https://khap2.kdhe.state.ks.us/NewsRelease/PDFs/3-27-20%20travel.pdf

Executive orders from Governor Kelly

https://governor.kansas.gov/newsroom/

County Health Officer Dr. Bacani and Health Department Administrator Destany Wheeler in their second FacebookLive Covid-19 Q & A session

https://www.facebook.com/jennifer.bacani.9/videos/10157396173073983/

Health Care Provider Optimizing PPE/Facemasks and use of homemade non PPE mask as last resort:

http://www.kdheks.gov/coronavirus/toolkit/Strategies for Optimizing Facemasks.pdf

FEMA rumor control

https://www.fema.gov/coronavirus-rumor-control

Symptoms comparison:

http://www.kdheks.gov/coronavirus/toolkit/Cold vs. Flu vs. Allergies vs. Coronavirus.pdf

10 Ways to Handle Respiratory Symptoms at Home

https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf

Coronavirus Covid-19 Global Cases by the Center for Systems Science and Engineering at Johns Hopkins University

https://coronavirus.jhu.edu/map.html

KDHE announces Press briefings with Dr. Norman will be held Monday, Wednesday and Friday at 1:30 p.m. Watch on Facebook Live https://www.facebook.com/KDHEnews/

Follow these links for additional updates:

https://www.cdc.gov/coronavirus/2019-nCoV/index.html http://www.kdheks.gov/coronavirus/index.htm

Continue to next pages for Revised Recommendations for Mass Gatherings, Recommendations for Limiting Non-Essential Travel, Recommendations for Employers and Employees, Information for WIC Clients, Comparison of Symptoms, school food service (USD 484 revised), and Judicial Court information

Wilson County Health Department

421 N 7th St, Fredonia, KS 66736

March 26, 2020

ORDER OF THE LOCAL HEALTH OFFICER REGARDING MASS GATHERINGS

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, <u>mandate</u> that the residents of Wilson County avoid planning or attending social gatherings in groups of **more than 10 people**.

Effective Wednesday, March 25, 2020, Governor Laura Kelly <u>mandated</u> that there be no gatherings of **10** or more people stating in her executive order the following:

- All public or private mass gatherings, as defined below, are prohibited in the State of Kansas.
 - The phrase "mass gathering" as used in this order means any planned or spontaneous public or private event or convening that will bring together or is likely to bring together 10 or more people in a confined or enclosed space at the same time.
- A listing of the activities or facilities that are exempt from the prohibition of this order can be found at https://khap2.kdhe.state.ks.us/NewsRelease/COVID19/Mass Gatherings Executive Or der 20-04-Executed.pdf.

As of Monday, March 16, 2020, the CDC endorsed President Trump's "15 Days to Slow Spread of Coronavirus (COVID-19)" Guidelines which asks citizens to "Avoid social gatherings in groups of more than 10 people." This document can be found at https://www.whitehouse.gov/wpcontent/uploads/2020/03/03.16.20 coronavirus-guidance 8.5x11 315PM.pdf .

The CDC states that "Large events and mass gatherings can contribute to the spread of COVID-19 in the United States via travelers who attend these events and introduce the virus to new communities. Examples of large events and mass gatherings include conferences, festivals, parades, concerts, sporting events, weddings, and other types of assemblies. These events can be planned not only by organizations and communities but also by individuals."

Jennifer Bacani McKenney, MD, FAAFP Wilson County Health Officer

Fax: (620) 378-4647

Facebook: www.facebook.com/WCHDKS/

2M Kennery

wilson county realth office

Phone: (620) 378-4455
Email: wihealth@wilsoncountykansas.org

Wilson County Health Department

421 N 7th St, Fredonia, KS 66736

March 23, 2020

RECOMMENDATION OF THE LOCAL HEALTH OFFICER REGARDING LIMITING NON-ESSENTIAL TRAVEL

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, strongly recommend that the residents of Wilson County avoid non-essential travel outside of Wilson County at this time.

The KDHE recently ordered a mandate to quarantine of travelers to certain places, close contacts of confirmed cases and those being tested. In the mandate, the KDHE states "there is currently no vaccine to prevent COVID-19. The best way to prevent illness is to avoid spreading the virus and to avoid being exposed to the virus. The virus is thought to spread between people who are within about 6 feet of each other for at least 10 minutes through droplets from coughing and sneezing."

Additionally, on the cdc.gov website, the CDC states "the CDC does not generally issue advisories or restrictions for travel within the United States. However, cases of coronavirus disease (COVID-19) have been reported in many states, and some areas are experiencing community spread of the disease. Crowded travel settings, like airports, may increase chances of getting COVID-19, if there are other travelers with coronavirus infection."

Therefore, it is strongly recommended that residents of Wilson County limit travel outside of Wilson County to essential travel such as obtaining necessities, attending doctor's appointments, or for work.

Jennifer Bacani McKenney, MD, FAAFP Wilson County Health Officer

Fax: (620) 378-4647

Facebook: www.facebook.com/WCHDKS/

8

Phone: (620) 378-4455
Email: wihealth@wilsoncountykansas.org

Wilson County Health Department

421 N 7th St, Fredonia, KS 66736

March 19, 2020

RECOMMENDATION OF THE LOCAL HEALTH OFFICER FOR EMPLOYERS AND EMPLOYEES

In accordance with the recommendations of the Center for Disease Control (CDC) and the Kansas Department of Health and Environment (KDHE), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, hereby strongly recommend for the businesses located in Wilson County and any person employed in Wilson County the following:

Responsibilities of the EMPLOYER

- Actively encourage sick employees to stay home.
 - The CDC recommends that the employer ensure that any employee who appears
 to have acute respiratory illness symptoms (i.e. cough, shortness of breath) upon
 arrival to work or becomes sick during the day be sent home immediately.
 - It is NOT the responsibility of the employer to determine what testing or evaluation needs to be done for the employee. Encourage the employee to contact their Primary Care Provider immediately by phone to determine next steps.
- Emphasize staying home when sick, respiratory etiquette, and hand hygiene by all employees.
- o Perform routine environmental cleaning.
- Advise employees before traveling to take the steps listed at website referenced below.
- Ensure that your sick leave policies are flexible and consistent with public health guidance and that employees are aware of these policies.
- Do not require a healthcare provider's note for employees who are sick with acute respiratory illness to validate their illness or to return to work.
- Develop and maintain flexible policies that permit employees to stay home if they are ill
 or to care for a sick family member.

Responsibilities of the EMPLOYEE

- Employees should notify their supervisor and stay home if they are sick.
- Contact your Primary Care Provider IMMEDIATELY BY PHONE if you are ill or sent home from work.
 - Your doctor, nurse practitioner, or physician assistant will determine what the appropriate next steps are, which might include an in-person office visit, laboratory testing, or quarantine

Please visit https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html for more information from the CDC on Guidance for Businesses and Employers.

Jennifer Bacani McKenney, MD, FAAFP Wilson County Health Officer

Phone: (620) 378-4455
Email: wlhealth@wilsoncountykansas.org

Fax: (620) 378-4647 Facebook: www.facebook.com/WCHDKS/



Attention WIC clients!

Covid-19 is changing everyone's day to day activities. The federal government has made legislative changes that temporarily allow WIC appointments to be done remotely-over the phone, by facetime, etc. in order to help WIC staff and families avoid being exposed to Covid-19. Wilson County WIC staff will call you at your regular appointment time to complete your appointment and be able to issue benefits. Required proofs of address and income will need to be sent electronically, with a screenshot, or by e-mail. If we are not able to reach you by phone, we will send you a letter with a rescheduled appointment. If your phone number or address on record with WIC has changed, please call and let us know so that your benefits can be continued without a gap. If you do not hear from us and think you have missed an appointment, please contact us as soon as possible. We will work with you to make this new process work! We can be reached at 620-378-4455, whealth@wilsoncountykansas.org, or by private message at https://www.facebook.com/WCHDKS





CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES

				the last the same of the same
MPTOMS	COVID-19*	COLD	FLU	ALLERGIES
Fever	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days	No
Headache	Sometimes	Rare	Intense	Sometimes
General aches, pains	Sometimes	Slight	Common, often severe	No
Fatigue, weakness	Sometimes	Slight	Common, often severe	Sometimes
Extreme exhaustion	Sometimes (progresses slowly)	Never	Common (starts early)	No
Stuffy nose	Rare	Common	Sometimes	Common
Sneezing	Rare	Common	Sometimes	Common
Sore throat	Rare	Common	Common	No
Cough	Common	Mild to moderate	Common, can become severe	Sometimes
Shortness of breath	In more serious infections	Rare	Rare	Common
Runny nose	Rare	Common	Sometimes	Common
Diarrhea	Sometimes	No	Sometimes**	No
	Headache General aches, pains Fatigue, weakness Extreme exhaustion Stuffy nose Sneezing Sore throat Cough Shortness of breath Runny nose	Fever Common (measured at 100 F or higher) Headache Sometimes General aches, pains Fatigue, weakness Extreme (progresses slowly) Stuffy nose Rare Sneezing Rare Sore throat Rare Cough Common Shortness of breath Runny nose Rare	Fever Common (measured at 100 F or higher) Headache Sometimes Rare General aches, pains Fatigue, weakness Sometimes Slight Extreme exhaustion Sometimes (progresses slowly) Stuffy nose Rare Common Sneezing Rare Common Cough Common Mild to moderate Shortness of breath Rare Common Rare Common	Fever Common (measured at 100 F or higher) Headache Sometimes Rare Intense General aches, pains Sometimes Slight Common, often severe Fatigue, weakness Sometimes Slight Common, often severe Extreme exhaustion Sometimes (progresses slowly) Stuffy nose Rare Common Sometimes Sneezing Rare Common Common Cough Common Mild to moderate Common, can become severe Shortness of breath Rare Common Sometimes Rare Rare Rare Rare Rare Common Sometimes

For more information: www.kdheks.gov/coronavirus

Information is still evolving.

Sources: KDHE, CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology.

^{*} Sometimes for children.

Altoona-Midway Unified School District 387



Altoona-Midway USD 387 Superintendent: Mr. Brent Kaempfe 20584 US 75 Hwy Buffalo, KS 66717 620-537-7721 Fax# 620-302-2080

Altoona-Midway Elementary School Principal: Kim Reazin 833 River St., P. O. Box 128 Altoona, KS 66710 620-568-5725 Fax # 620-568-5755



Altoona-Midway High School Altoona-Midway Middle School Principal: Darrin Ashmore Activities Director: Jeff Almond 20704 US 75 HWY Buffalo, KS 66717 620-537-7711 Fax # 620-537-2641

USD 387 Patrons,

This letter is to inform you as to the plans for meals for the remainder of 2019-2020 School Year. Grab N' Go Meals will be available for all children under the age of 18. Five days of breakfasts and lunches will be given on a weekly basis. At this time, meals will consist of refrigerated items and shelf stable items. Meals will start on Monday, March 23rd, 2020.

Children must be present at pickup in order to receive meals. We understand under certain circumstances this may be difficult, please contact us with any questions. If for any reason, you are unable to attend meal pickup, please contact Diane Cook via text or email @ dcook@usd387.org or 785-383-1835. In order to adequately prepare meals, please let Diane know if you plan on participating in this meal service as soon as possible.

Altoona-Midway Elementary School – Curb Side – Every Monday 9:00-10:00 am Altoona-Midway Middle/High School – Curb Side – Every Monday 10:30-11:30 am Buffalo – Main Street near Post Office – District Van Distribution – Every Monday 12:00-1:00 pm

Other Information: Meals are NOT to be consumed at the pickup location; please take food and go, no loitering or visiting; ID and/or paperwork is not needed to participate.

Sincerely,

Diane Cook

Food Service Director

GRAB N' GO MEALS

FREE MEALS FOR ALL CHILDREN UNDER 18

MEAL SERVICE LOCATIONS

Drive Thru or Curbside Pick Up Meal Services in Front of the following School:

Neodesha High School, 1001 N. 8th Street, Neodesha, KS 66757

DATES & TIMES

Monday through Friday 9 AM - 11 AM March 23, 2020 until May 21, 2020

Days and times could change. Please follow the Neodesha Schools USD 461 Facebook page for the newest information.

DETAILS

Pick up breakfast and lunch

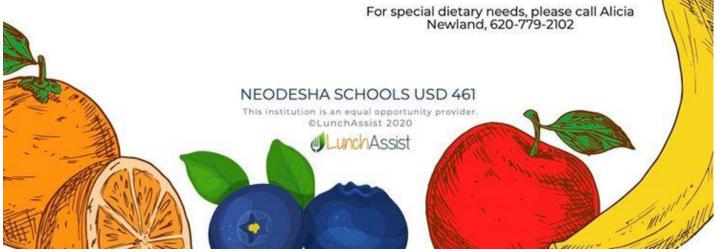
1 breakfast & 1 lunch for each child

Children must be present

Families do not have to enter the school

Meals will be not be consumed on-site

No ID or paperwork required





USD 484 will be providing FREE lunch and next-day breakfast pick-up and delivery options for all children 1 through 18 years of age.

>>> PLEASE NOTE! <<<

Delivered Meals should be consumed, refrigerated or discarded after four hours.

Pickup options in Fredonia from 11:30 am to 12:30 pm are:

- 1. FJSHS South side of the building
- 2. Lincoln Awning at horseshoe on west side of building
- 3. ALCO Building (east of G & W) Under the awning

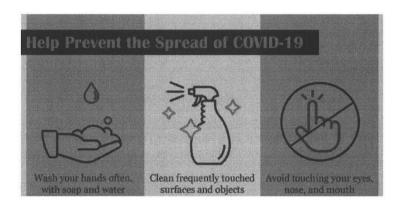
RURAL AREAS will be served by bus drivers. Meals will be delivered to normal pick-up locations. Bus drivers will begin deliveries at 11:00 am.



This is a USDA sponsored program, part of the Summer Food Service Program. Open of anyone 1 to 18 years of age. USDA is an equal opportunity provider.

31st JUDICIAL DISTRICT COURT Mitigating COVID-19/spread PUBLIC

- If a member of the public shows symptoms of illness (fever/coughing), that
 person will be encouraged to visit another time, use a different medium to
 conduct business, or be provided service in a limited area of the building.
- Signs will be placed in public restrooms with instructions on the proper way to wash hands.



ATTORNEY/CLIENTS/INMATES

- Attorneys are asked to follow the same guidelines as the public.
- Attorneys should ask their clients to follow the rules set out for the public and to wear masks while in the courthouse if they have fever and/or active coughing.
- If an inmate has a fever/active coughing, the sheriff deputy transporting the inmate should ensure the inmate is wearing a mask while in the courthouse.
- Sheriff deputies appearing in courtrooms should follow the same hand foam and handwashing procedures as court employees.
- Sheriff deputies appearing in courtrooms who have fever/active coughing should wear masks while in the courthouse.
- If an inmate is confirmed to have COVID-19/2019-nCoV/Coronavirus, the court will coordinate with the sheriff, defense counsel, and the prosecutor to arrange for video appearances or continuances of court proceedings.