

## 5:00 PM 3/26/2020 Update – Wilson County, Kansas

Primary Information Sources

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html> <http://www.kdheks.gov/coronavirus/index.htm>

### CALL FIRST

If you have any symptoms, please stay home and do not venture into public spaces, the hospitals, or your physician's clinic. Instead we ask that you call the hospital or clinic first. Tell them about your recent travel and your symptoms. This will allow the healthcare team to prepare for your arrival. They will likely meet you at the door or in the parking lot to screen you, possibly place a mask on you, and determine how to best meet your needs for evaluation and treatment. Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. The following symptoms may appear **2-14 days after exposure**.

- Fever 100° or greater
- Cough
- Shortness of breath

**Numbers as of 3/26/2020** (totals reported at varying times depending on source)

WILSON COUNTY		KANSAS		UNITED STATES		WORLD	
Confirmed	0	Total Cases	168 (+ 2 non residents)	Total Cases	68,440	Total cases	526,044
Deaths	0	Total Deaths	3	Total Deaths	994	Total deaths	23,639
		Counties Reporting cases Bourbon (1) Butler (3) Cherokee (2) Crawford (3)** Doniphan (1) Douglas (13)** Franklin (1) Jackson (1) Johnson (59) Leavenworth (12) Linn (4) Lyon (3) Mitchell (2) Morris (2) Neosho (1) Pottawatomie (1) Reno (4) Riley (1) Sedgwick (16) Shawnee (4) Sumner (1) Woodson (1) Wyandotte (34) (+Ford-1; Miami-1 non residents)*		States Reporting cases 50 states, DC, Puerto Rico, Guam, US Virgin Islands			

**\*Non residents are counted in their home state totals. \*\*Two cases in Crawford, and one case in Douglas County have not been confirmed by the KDHE lab. They are not included in the state total or demographics, but are presumptively included in their county total**

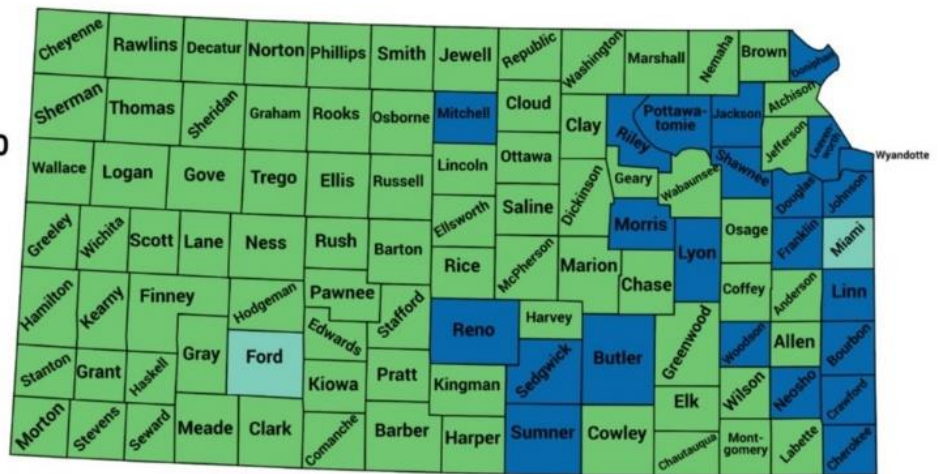
### COVID-19 TESTING

	Wilson County*	Kansas KDHE lab	Kansas Private Lab
Positive	0	57	111
Negative	N/A	2,869 (all Kansas labs)	

**\*Wilson County Includes FRH & WMC. Test results can take several days to as long as a week, once the tests are received by the lab. (Wait time varies according to the number of tests being processed at a lab.) Courier time is extra**

## Kansas Covid-19 Distribution 3/26/20

- No positive cases
- Positive cases
- Positive out-of-state residents



## Definitions:

**Exposure** – Close contact (within 6 feet for  $\geq 10$  minutes or direct contact ex. being coughed on) with a known or suspected COVID-19 case within the last 14 days

**Quarantine** – separates and restricts the movement of people who were exposed to a contagious disease (such as COVID-19) to see if they become sick.

**Isolation** – separates people with a confirmed contagious disease (such as COVID-19) from people who are not sick.

**Social or physical distancing**— A precautionary measure for anyone who has not been exposed to the disease to help prevent spread of disease by remaining out of congregate settings, avoiding groups of over 10 people, and maintaining distance (approximately 6 feet or 2 meters) from others when possible. Call or video chat loved ones. Work from home if possible. Wash hands and disinfect surfaces.

**High Risk Individuals** –people age 60 and above, people who have chronic conditions such as heart disease, lung disease, diabetes, and a weakened immune system.

**Public health orders** – legally enforceable directives issued under the authority of a relevant federal, state, or local entity that, when applied to a person or group, may place restrictions on the activities undertaken by that person or group, potentially including movement restrictions or a requirement for monitoring by a public health authority, for the purposes of protecting the public's health.

## WILSON COUNTY PUBLIC HEALTH RECOMMENDATIONS

Recommendations for Non-Essential travel 3/23/20

Recommendation regarding Mass Gatherings 3/20/20

Recommendations for Employers and Employees 3/19/20

**Person Under Investigation** – person who fits the following characteristics:

### Definition of a Person Under Investigation (PUI)\*

Report suspect PUIs to the KDHE Epidemiology Hotline by filling out and faxing [a form](#) to 877-427-7318

Epidemiologic Risk	&	Clinical Features
Close contact <sup>^</sup> with a person that has laboratory-confirmed COVID-19 and developed symptoms within 14 days of contact	AND	Measured fever above 100°F <b>or</b> lower respiratory illness (cough or shortness of breath)
History of travel outside of Kansas within 14 days of symptom onset	AND	Measured fever above 100°F <b>and</b> lower respiratory symptoms (cough or shortness of breath) <b>and</b> other respiratory tests were performed and are negative
No source of exposure has been identified		
Kansas resident in a county with sustained community transmission*	AND	Severe respiratory illness <b>and</b> hospitalized <b>and</b> other respiratory tests were performed and are negative

<sup>^</sup>Being within 6 feet for a prolonged period (10 minutes or longer) or having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on)

\*Currently this only includes Johnson County

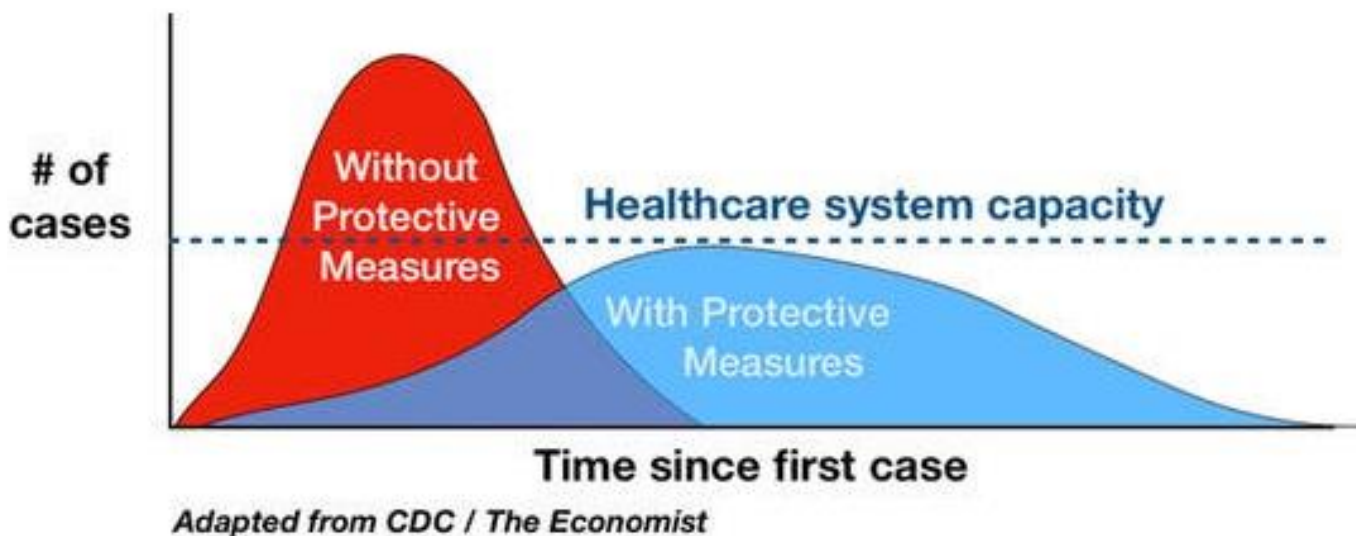
**HOME QUARANTINE GUIDELINES** Those who are under home quarantine should not attend school, work or any other setting where they are not able to maintain at about a 6-foot distance from other people. **Call or video chat loved ones. For food, medication, or other necessities, have someone deliver. Use precautionary measures like not sharing household items, wash hands frequently, and disinfect frequently touched surfaces often.** If a person under quarantine develops symptoms of COVID-19 during their 14-day quarantine period, including a measured fever of 100° (F) or higher and lower respiratory symptoms like coughing or shortness of breath, they should contact their healthcare provider and tell them about their recent travel or other COVID-19 exposure.

**TWO STATES ADDED TO 14-DAY HOME QUARANTINE** KDHE is now mandating 14-day home quarantine for Kansans who have:

- Traveled to a state with known widespread community transmission (California, Florida, New York and Washington state) on or after March 15.
- Traveled to Illinois or New Jersey on or after March 23.
- Visited Eagle, Summit, Pitkin and Gunnison counties in Colorado in the week of March 8 or after.
- Traveled on a cruise ship or river cruise on or after March 15. (People who have previously been told by Public Health to quarantine because of their cruise ship travel should finish out their quarantine.)
- Traveled internationally on or after March 15. (People who have previously been told by Public Health to quarantine because of their international travel to China, South Korea, Japan, Italy and Iran should finish out their quarantine.)
- Received notification from public health officials (state or local) that you are a close contact of a laboratory-confirmed case of COVID-19. You should quarantine at home for 14 days since your last contact with the case. (A close contact is defined as someone who has been closer than 6 feet for more than 10 minutes while the patient is symptomatic.)

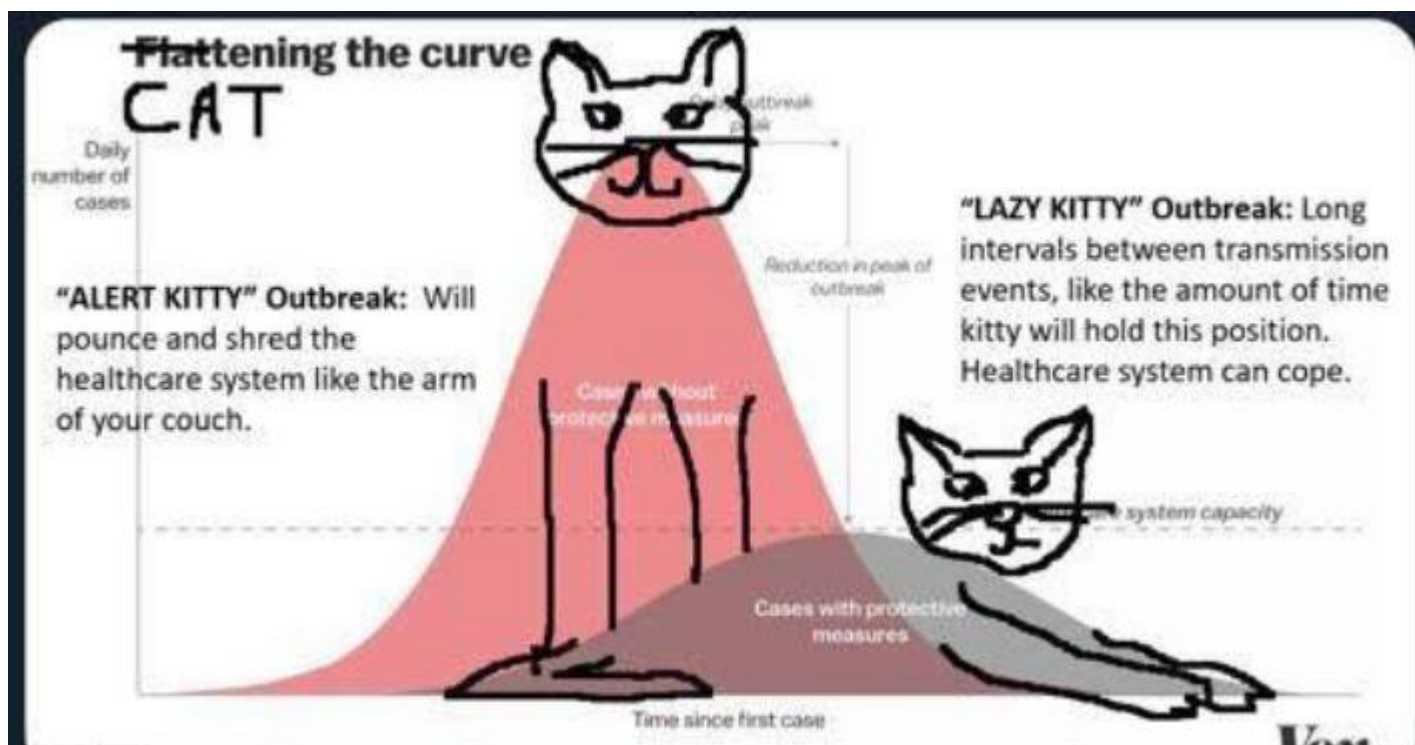
Important Note: These mandates do not apply to critical infrastructure sectors needed to continue operations during this pandemic.

## "FLATTENING THE CURVE"



The ideal goal in fighting an epidemic or pandemic is to completely halt the spread. But merely slowing it — mitigation — is critical. This reduces the number of cases that are active at any given time, which in turn gives doctors, hospitals, police, schools and vaccine-manufacturers time to prepare and respond, without becoming overwhelmed.

**Data/graphs: Not compelling to many. Kitties: Compelling to many. So I present: #Cattening the Curve** (Credit to Anne Marie Darling @amdar1ing on Twitter)



### **KDHE Daily Update 3/26/20**

[https://kchap2.kdhe.state.ks.us/NewsRelease/COVID19/COVID-19\\_March\\_26\\_2020\\_.pdf](https://kchap2.kdhe.state.ks.us/NewsRelease/COVID19/COVID-19_March_26_2020_.pdf)

### **Updated Isolation and Quarantine Guidelines**

[http://www.kdheks.gov/coronavirus/toolkit/COVID-19\\_Isolation\\_and\\_Quarantine\\_Guidance\\_and\\_FAQ.pdf](http://www.kdheks.gov/coronavirus/toolkit/COVID-19_Isolation_and_Quarantine_Guidance_and_FAQ.pdf)

### **Executive orders from Governor Kelly**

<https://governor.kansas.gov/newsroom/>

**County Health Officer Dr. Bacani and Health Department Administrator Destany Wheeler in their second FacebookLive Covid-19 Q & A session**

<https://www.facebook.com/jennifer.bacani.9/videos/10157396173073983/>

**Federal Legislation now temporarily allows WIC appointments to be completed remotely (see attached)**

### **Health Care Provider use of homemade masks:**

[http://www.kdheks.gov/coronavirus/toolkit/Strategies\\_for\\_Optimizing\\_Facemasks.pdf](http://www.kdheks.gov/coronavirus/toolkit/Strategies_for_Optimizing_Facemasks.pdf)

### **FEMA rumor control**

<https://www.fema.gov/coronavirus-rumor-control>

**KDHE Hotline M-F, 8:00 am-5:00 pm 1-866-534-3463 (call volume very high, may be a long wait)**

**KDHE e-mail questions: [Covid19@KS.gov](mailto:Covid19@KS.gov)**

### **Symptoms comparison:**

[http://www.kdheks.gov/coronavirus/toolkit/Cold\\_vs.\\_Flu\\_vs.\\_Allergies\\_vs.\\_Coronavirus.pdf](http://www.kdheks.gov/coronavirus/toolkit/Cold_vs._Flu_vs._Allergies_vs._Coronavirus.pdf)

### **10 Ways to Handle Respiratory Symptoms at Home**

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>

**Coronavirus Covid-19 Global Cases by the Center for Systems Science and Engineering at Johns Hopkins University**

<https://coronavirus.jhu.edu/map.html>

**KDHE announces Press briefings with Dr. Norman will be held Monday, Wednesday and Friday at 1:30 p.m.**

**Watch on Facebook Live <https://www.facebook.com/KDHEnews/>**

### **Follow these links for additional updates:**

<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

<http://www.kdheks.gov/coronavirus/index.htm>

***Continue to next pages for Recommendations for Limiting Non-Essential Travel, Information for WIC Clients, Comparison of Symptoms, school food service (USD 484 revised), and Judicial Court information***



**Wilson County Health Department**  
**421 N 7<sup>th</sup> St, Fredonia, KS 66736**

---

March 23, 2020

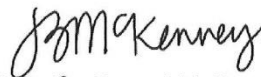
**RECOMMENDATION OF THE LOCAL HEALTH OFFICER  
REGARDING LIMITING NON-ESSENTIAL TRAVEL**

In accordance with the Kansas Department of Health and Environment (KDHE) and the Center for Disease Control (CDC), I, Jennifer Bacani McKenney, MD, as the Wilson County Health Officer, **strongly recommend** that the residents of Wilson County **avoid non-essential travel outside of Wilson County at this time.**

The KDHE recently ordered a mandate to quarantine of travelers to certain places, close contacts of confirmed cases and those being tested. In the mandate, the KDHE states "there is currently no vaccine to prevent COVID-19. The best way to prevent illness is to avoid spreading the virus and to avoid being exposed to the virus. The virus is thought to spread between people who are within about 6 feet of each other for at least 10 minutes through droplets from coughing and sneezing."

Additionally, on the cdc.gov website, the CDC states "the CDC does not generally issue advisories or restrictions for travel within the United States. However, cases of coronavirus disease (COVID-19) have been reported in many states, and some areas are experiencing community spread of the disease. Crowded travel settings, like airports, may increase chances of getting COVID-19, if there are other travelers with coronavirus infection."

Therefore, it is strongly recommended that residents of Wilson County limit travel outside of Wilson County to essential travel such as obtaining necessities, attending doctor's appointments, or for work.



Jennifer Bacani McKenney, MD, FAAFP  
Wilson County Health Officer



Attention WIC clients!

Covid-19 is changing everyone's day to day activities. The federal government has made legislative changes that temporarily allow WIC appointments to be done remotely-over the phone, by facetime, etc. in order to help WIC staff and families avoid being exposed to Covid-19. Wilson County WIC staff will call you at your regular appointment time to complete your appointment and be able to issue benefits. Required proofs of address and income will need to be sent electronically, with a screenshot, or by e-mail. If we are not able to reach you by phone, we will send you a letter with a rescheduled appointment. If your phone number or address on record with WIC has changed, please call and let us know so that your benefits can be continued without a gap. If you do not hear from us and think you have missed an appointment, please contact us as soon as possible. We will work with you to make this new process work! We can be reached at 620-378-4455, [wlhealth@wilsoncountykansas.org](mailto:wlhealth@wilsoncountykansas.org), or by private message at <https://www.facebook.com/WCHDKS>





# COVID-19

## CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES

SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES
<b>Fever</b>	<b>Common</b> (measured at 100 F or higher)	<b>Rare</b>	<b>High (100-102 F), can last 3-4 days</b>	<b>No</b>
<b>Headache</b>	<b>Sometimes</b>	<b>Rare</b>	<b>Intense</b>	<b>Sometimes</b>
<b>General aches, pains</b>	<b>Sometimes</b>	<b>Slight</b>	<b>Common, often severe</b>	<b>No</b>
<b>Fatigue, weakness</b>	<b>Sometimes</b>	<b>Slight</b>	<b>Common, often severe</b>	<b>Sometimes</b>
<b>Extreme exhaustion</b>	<b>Sometimes</b> (progresses slowly)	<b>Never</b>	<b>Common</b> (starts early)	<b>No</b>
<b>Stuffy nose</b>	<b>Rare</b>	<b>Common</b>	<b>Sometimes</b>	<b>Common</b>
<b>Sneezing</b>	<b>Rare</b>	<b>Common</b>	<b>Sometimes</b>	<b>Common</b>
<b>Sore throat</b>	<b>Rare</b>	<b>Common</b>	<b>Common</b>	<b>No</b>
<b>Cough</b>	<b>Common</b>	<b>Mild to moderate</b>	<b>Common, can become severe</b>	<b>Sometimes</b>
<b>Shortness of breath</b>	<b>In more serious infections</b>	<b>Rare</b>	<b>Rare</b>	<b>Common</b>
<b>Runny nose</b>	<b>Rare</b>	<b>Common</b>	<b>Sometimes</b>	<b>Common</b>
<b>Diarrhea</b>	<b>Sometimes</b>	<b>No</b>	<b>Sometimes**</b>	<b>No</b>

For more information: [www.kdheks.gov/coronavirus](http://www.kdheks.gov/coronavirus)

Information is still evolving.

\* Sometimes for children.

Sources: KDHE, CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology.



## Altoona-Midway Unified School District 387



### **Altoona-Midway USD 387**

*Superintendent:* Mr. Brent Kaempfe  
20584 US 75 Hwy  
Buffalo, KS 66717  
620-537-7721 Fax# 620-302-2080

### **Altoona-Midway Elementary School**

*Principal:* Kim Reazin  
833 River St., P. O. Box 128  
Altoona, KS 66710  
620-568-5725 Fax # 620-568-5755



### **Altoona-Midway High School Altoona-Midway Middle School**

*Principal:* Darrin Ashmore  
*Activities Director:* Jeff Almond  
20704 US 75 HWY  
Buffalo, KS 66717  
620-537-7711 Fax # 620-537-2641

### USD 387 Patrons,

This letter is to inform you as to the plans for meals for the remainder of 2019-2020 School Year. Grab N' Go Meals will be available for all children under the age of 18. Five days of breakfasts and lunches will be given on a weekly basis. At this time, meals will consist of refrigerated items and shelf stable items. Meals will start on Monday, March 23<sup>rd</sup>, 2020.

Children must be present at pickup in order to receive meals. We understand under certain circumstances this may be difficult, please contact us with any questions. If for any reason, you are unable to attend meal pickup, please contact Diane Cook via text or email @ [dcook@usd387.org](mailto:dcook@usd387.org) or 785-383-1835. In order to adequately prepare meals, please let Diane know if you plan on participating in this meal service as soon as possible.

**Altoona-Midway Elementary School – Curb Side – Every Monday 9:00-10:00 am**  
**Altoona-Midway Middle/High School – Curb Side – Every Monday 10:30-11:30 am**  
**Buffalo – Main Street near Post Office – District Van Distribution – Every Monday 12:00-1:00 pm**

**Other Information:** Meals are NOT to be consumed at the pickup location; please take food and go, no loitering or visiting; ID and/or paperwork is not needed to participate.

Sincerely,

Diane Cook

Food Service Director

# GRAB N' GO MEALS

FREE MEALS FOR ALL CHILDREN UNDER 18

## MEAL SERVICE LOCATIONS

Drive Thru or Curbside Pick Up Meal Services in Front of the following School:

Neodesha High School, 1001 N. 8th Street, Neodesha, KS 66757

## DATES & TIMES

Monday through Friday 9 AM - 11 AM

March 23, 2020 until May 21, 2020

Days and times could change. Please follow the Neodesha Schools USD 461 Facebook page for the newest information.

## DETAILS

Pick up breakfast and lunch

1 breakfast & 1 lunch for each child

Children must be present

Families do not have to enter the school

Meals will be not be consumed on-site

No ID or paperwork required

For special dietary needs, please call Alicia Newland, 620-779-2102

NEODESHA SCHOOLS USD 461

This institution is an equal opportunity provider.  
©LunchAssist 2020

 LunchAssist





# USD 484 Grab & Go Breakfast/Lunch Pick Up



**USD 484 will be providing FREE  
lunch and next-day breakfast pick-up  
and delivery options for all children  
1 through 18 years of age.**

**>>> PLEASE NOTE! <<<**

*Delivered Meals should be consumed, refrigerated  
or discarded after four hours.*

Pickup options in Fredonia from 11:30 am to 12:30 pm are:

1. FJSHS — South side of the building
2. Lincoln — Awning at horseshoe on west side of building
3. ALCO Building (east of G & W) — Under the awning

**RURAL AREAS** will be served by bus drivers. Meals will be delivered to normal pick-up locations. Bus drivers will begin deliveries at 11:00 am.



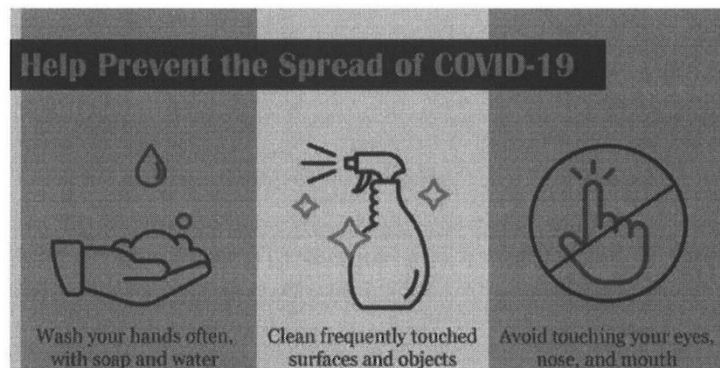
This is a USDA sponsored program, part of the Summer Food Service Program. Open to anyone 1 to 18 years of age. USDA is an equal opportunity provider.

## **31<sup>st</sup> JUDICIAL DISTRICT COURT**

### **Mitigating COVID-19/spread**

#### **PUBLIC**

- If a member of the public shows symptoms of illness (fever/coughing), that person will be encouraged to visit another time, use a different medium to conduct business, or be provided service in a limited area of the building.
- Signs will be placed in public restrooms with instructions on the proper way to wash hands.



#### **ATTORNEY/CLIENTS/INMATES**

- Attorneys are asked to follow the same guidelines as the public.
- Attorneys should ask their clients to follow the rules set out for the public and to wear masks while in the courthouse if they have fever and/or active coughing.
- If an inmate has a fever/active coughing, the sheriff deputy transporting the inmate should ensure the inmate is wearing a mask while in the courthouse.
- Sheriff deputies appearing in courtrooms should follow the same hand foam and handwashing procedures as court employees.
- Sheriff deputies appearing in courtrooms who have fever/active coughing should wear masks while in the courthouse.
- If an inmate is confirmed to have COVID-19/2019-nCoV/Coronavirus, the court will coordinate with the sheriff, defense counsel, and the prosecutor to arrange for video appearances or continuances of court proceedings.