



KEYSTONE
FOOD SERVICE

October 2021 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Biscuit & Gravy Or Cereal Toast Fruit Juice Milk
4 Muffin Yogurt Or Cereal Toast Fruit Juice Milk	5 Apple Turnover** Or Cereal Toast Fruit Juice Milk	6 Pancakes & Syrup Or Cereal Toast Fruit Juice Milk	7 Toast Scrambled Eggs Or Cereal Toast Fruit Juice Milk	8 Biscuit & Gravy Or Cereal Fruit Juice Milk
11 Donut Or Cereal Toast Fruit Juice Milk	12 Toast Breakfast Scramble Or Cereal Toast Fruit Juice Milk	13 Biscuit & Gravy Or Cereal Fruit Juice Milk <i>Fall Break</i>	14 Fall Break	15 Fall Break
18 Muffin Cheese Stick Or Cereal Toast Fruit Juice Milk	19 Ham & Cheese Toaster Or Cereal Toast Fruit Juice Milk	20 Waffle Sausage Patty Or Cereal Fruit Juice Milk Syrup	21 Yogurt Parfait w/Fruit Or Cereal Toast Fruit Juice Milk	22 Biscuit & Chocolate Gravy Or Cereal Fruit Juice Milk
25 French Toast Sticks Or Cereal Toast Fruit Juice Milk Syrup	26 Oatmeal with Toppings Or Cereal Toast Fruit Juice Milk	27 Sausage Biscuit Or Cereal Toast Fruit Juice Milk	28 Biscuit & Gravy Or Cereal Toast Fruit Juice Milk	29 Donuts w/ Spiders Or Cereal Fruit Juice Milk