

2021 BOBCAT SUMMER STRENGTH & CONDITIONING

SUNDAY 30	MONDAY 31	TUESDAY JUNE 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4	SATURDAY 5
6	7 S&C STARTS 8am- 10:30 am 5pm-7pm	8 8am- 10:30 am 5pm-7pm 5:40 vs Royal @ Rice	9 8am- 10:30 am 5pm-7pm	10 8am- 10:30 am 5pm-7pm	11 WEIGHT ROOM CLOSED	12
13	14 8am- 10:30am 5pm-7pm	15 8am- 10:30 am 5pm-7pm 5:00 vs Rice 6:20 vs Royal @ Rice	16 8am- 10:30 am 5pm-7pm	17 8am- 10:30 am 5pm-7pm	18 WEIGHT ROOM CLOSED	19
20	21 8am- 10:30 am 5pm-7pm	22 8am- 10:30 am 5pm-7pm 5:00 vs Schulenberg 6:20 vs Columbus @ Rice	23 8am- 10:30 am 5pm-7pm	24 8am- 10:30 am 5pm-7pm	25 WEIGHT ROOM CLOSED	26
27	28 8am- 10:30 am 5pm-7pm	29 8am- 10:30 am 5pm-7pm 5:00 vs Weimer 6:20 vs Royal @ Rice	30 8am- 10:30 am 5pm-7pm	JULY 1 8am- 10:30 am 5pm-7pm	2 WEIGHT ROOM CLOSED	3

SUNDAY 4	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9	SATURDAY 10
11	12 8am- 10:30 am 5pm-7pm	13 8am- 10:30 am 5pm-7pm	14 8am- 10:30 am 5pm-7pm	15 8am- 10:30 am 5pm-7pm	16 WEIGHT ROOM CLOSED	17

SUNDAY 18	MONDAY 19 WEIGHT ROOM CLOSED	TUESDAY 20 WEIGHT ROOM CLOSED	WEDNESDAY 21 WEIGHT ROOM CLOSED	THURSDAY 22 8am- 10:30 am 5pm-7pm	FRIDAY 23 WEIGHT ROOM CLOSED	SATURDAY 24
25	26 WEIGHT ROOM OPEN 8AM – 2PM	27 WEIGHT ROOM OPEN 8AM – 2PM	28 WEIGHT ROOM OPEN 8 AM – 2 PM	29 WEIGHT ROOM OPEN 8 AM – 2 PM	30 WEIGHT ROOM CLOSED	31

