

AFTER SCHOOL MEAL MENU / SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 LABOR DAY / NO SCHOOL	3 Beef, Bean & Cheese Burrito – 2 oz (M/MA), 1 oz (WG) Salsa – 2 oz. (V) Fresh Apple Slices – 2 oz. (F) Raisins – 1.5 oz (F) Milk – 8 oz. (MK)	4 Pepperoni Hot Pocket – 2 oz. (M/MA), 1 oz (WG) Marinara Sauce – 2 oz. (V) Fresh Banana – 1 whole (F) Milk – 8 oz. (MK)	5 Pancake on a Stick – 1 oz. (M), 2 oz (WG) Cheese Stick – 1 oz (MA) Juice Box – 4 oz (V) Fresh Orange – 1 whole (F) Milk – 8 oz. (MK)	6 PB&J Sandwich – 2 oz. (M/MA) 1 oz. (WG) Fresh Banana – 1 whole (F) Fresh Carrotinis – 1.6 oz (V) Ranch Dressing – 1 oz (X) Bug Bite – 1 oz. (X) Milk – 8 oz. (MK)
9 S & B Yogurt – 1 oz (MA) Cheese Stick – 1 oz (MA) Muffin / Banana or Blueberry – 2 oz (WG) Fresh Apple Slices – 2 oz. (F) Juice Box – 4 oz (V) Milk – 8 oz. (MK)	10 Peanut Butter – 3/.75 oz. (M) Saltine Crackers 5/2 PK- 1 oz. (WG) Strawberry Applesauce – 4 oz. (F) Fresh Celery Sticks (4) – 2 oz (V) Milk – 8 oz. (MK)	11 Cereal – 1 oz. (WG) S & B Yogurt – 1 oz. (MA) Cheese Stick – 1 oz (MA) Fresh Banana – 1 whole (F) Juice Box – 4 oz (V) Granola Bar – 1 oz. (WG) Milk – 8 oz. (MK)	12 Corndog – 2 oz. (M), 1 oz. (WG) Fresh Orange – 1 whole. (F) Fresh Carrotinis – 1.6 oz (V) Mustard/Ketchup Pkt – (X) Milk – 8 oz. (MK)	13 NO SCHOOL/PARENT/TEACHER CONFERENCE
16 Beef, Bean & Cheese Burrito – 2 oz (M/MA), 1 oz (WG) Salsa – 2 oz. (V) Fresh Apple Slices – 2 oz. (F) Raisels – 1.35 oz. (F) Milk – 8 oz. (MK)	17 Pepperoni Hot Pocket – 2 oz. (M/MA), 1 oz (WG) Marinara Sauce – 2 oz. (V) Fresh Banana – 1 whole (F) Milk – 8 oz. (MK)	18 Pancake on a Stick – 1 oz. (M), 2 oz (WG) Cheese Stick – 1 oz (MA) Fresh Carrotinis – 1.6 oz (V) Ranch Dressing – 1 oz. (X) Fresh Orange – 1 whole (F) Milk – 8 oz. (MK)	19 S & B Yogurt – 1 oz (MA) Roasted Peanuts – 1 oz (MA) Muffin / Banana or Blueberry – 2 oz (WG) Fresh Apple Slices – 2 oz. (F) Juice Box – 4 oz (V) Milk – 8 oz. (MK)	20 PB&J Sandwich – 2 oz. (M/MA) 1 oz. (WG) Fresh Banana – 1 whole (F) Fresh Carrotinis – 1.6 oz (V) Ranch Dressing – 1 oz. (X) Bug Bite – 1 oz. (X) Milk – 8 oz. (MK)
23 Beef, Bean & Cheese Burrito – 2 oz (M/MA), 1 oz (WG) Salsa – 2 oz. (V) Fresh Apple Slices – 2 oz. (F) Raisins – 1.5 oz (F) Milk – 8 oz. (MK)	24 Corndog – 2 oz. (M), 1 oz. (WG) Fresh Orange – 1 whole. (F) Fresh Carrots – 1.6 oz (V) Mustard/Ketchup Pkt – (X) Milk – 8 oz. (MK)	25 Pepperoni Hot Pocket – 2 oz. (M/MA), 1 oz (WG) Marinara Sauce – 2 oz. (V) Fresh Banana – 1 whole (F) Milk – 8 oz. (MK)	26 Pancake on a Stick – 1 oz. (M), 2 oz (WG) Cheese Stick – 1 oz (MA) Juice Box – 4 oz (V) Fresh Orange – 1 whole (F) Milk – 8 oz. (MK)	27 PB&J Sandwich – 2 oz. (M/MA) 1 oz. (WG) Fresh Banana – 1 whole (F) Fresh Carrotinis – 1.6 oz (V) Ranch Dressing – 1 oz (X) Bug Bite – 1 oz. (X) Milk – 8 oz. (MK)
30 S & B Yogurt – 1 oz (MA) Roasted Peanuts – 1 oz (MA) Muffin / Banana or Blueberry – 2 oz (WG) Fresh Apple Slices – 2 oz. (F) Juice Box – 4 oz (V) Milk – 8 oz. (MK)				

Menu Subject to Change

This Institution is an Equal Opportunity Provider