



Community Resource List*

Crisis Call Centers /Linea De Crisis

<p>Crisis Hotline (24 hrs.)</p> <p>1-800-643-1102</p> <p>Affiliated with Border Region Behavioral Health Center</p>	<p>National Suicide Prevention LIFELINE (24 hrs.)</p> <p>1-800-273-8255</p> <p>www.suicidepreventionlifeline.org</p>
<p>Alliance for Safe Kids (ASK) (24 hrs.)</p> <p>http://allianceforsafekids.org</p> <p>Text "HELLO" to 741-741</p>	

Mental Health Agencies/Agencias De Salud Mental

<p>Border Region Behavioral Health Center Child, Adolescent, and Parent Services Program (CAPS) (Ages 3-17)</p> <p>1500 Pappas Laredo, Texas 78043 (956) 794-3157</p>	<p>Serving Children & Adults in Need (SCAN, Inc.)</p> <p>1605 Saldaña Ave. Laredo, Texas 78041 (956) 724-3177</p>	<p>Border Region Behavioral Health Center Adult Mental Health (Ages 18 & up)</p> <p>1500 Pappas Laredo, Texas 78041 (956) 794-3000</p>
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Texans Recovering Together: COVID-19 Outreach Program

The purpose of the Texan Recovering Together program is to assist those who have been affected by COVID-19 through education, outreach, resiliency and recovery efforts, referrals and supportive counseling.

El propósito del programa Texans Recovering Together es ayudar a aquellos que han sido afectados por COVID-19 a través de educación, esfuerzos de resiliencia y recuperación, referencias y asesoramiento de apoyo

(956) 794-3202

Texans Health & Human Services

It is natural to feel stress, anxiety, grief and worry during and after infectious disease outbreaks. Taking care of your emotional health during an emergency will help your long-term healing. If you or someone you know is feeling stressed or overwhelmed, get support by accessing the COVID-19 Mental Health Support Line.

Es natural sentir estrés, ansiedad, dolor y preocupación durante y después de una enfermedad infecciosa como el COVID-19. Cuidar su salud emocional durante este tiempo le ayudara en la recuperación a largo plazo. Si usted o alguien que conoce se siente estresado o abrumado, obtenga apoyo accediendo la Línea de apoyo de Salud Mental COVID-19:

COVID-19 Mental Health Hotline 1-833-986-1919

*These providers are not endorsed by United ISD.

Specialized Service Programs

<p>Border Traumatic Stress SCAN (724-3177)</p> <p>Dr. Rivera 1605 Saldana (956) 724-3177 (956) 724-4861 (fax)</p>	<p>S.T.A.R. Youth & Family Program SCAN.</p> <p>Michele Saldana (956) 724-3177 ext.808 or msaldana@scan-inc.org</p>	<p>Border Region. Behavioral Health Center. Youth Empowerment Services (YES) Waiver</p> <p>YES Inquiry line (844) 503-6182 Tel: 794-3340 Website: www.borderregion.org</p>
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Counseling Agencies & Counselors/Agencias De Consejeria/Consejeros

<p>PILLAR People with Ideas of Love, Liberty, Acceptance, & Respect</p> <p>1403 N. Seymour Ave. (956) 723-7457 www.pillarstrong.org</p>	<p>Laredo Counseling Services</p> <p>2315 E. Saunders, Suite 2 Laredo, TX (956) 729-1991 (only by appointment)</p>	<p>Cervantes Counseling Center Lisa Martinez</p> <p>6108 McPherson Laredo, TX (956) 724-4357</p>	<p>Jesse Hernandez La Familia Consulting & Counseling Services</p> <p>1319 Corpus Christi St., Suite 1 Laredo, TX (956) 795-0948</p>
<p>Roberto Ramos, MA, LPC, NCC, EMDR</p> <p>902 E. Calton Rd. #102 (956) 744-8321</p>	<p>Myrthala DC. Alejo MA LPC</p> <p>6999 McPherson Rd. #105 (956)772-3639</p>	<p>Judith Ramos Jordan, MA, LPC, LCDC</p> <p>1319 Corpus Christi St. # 5 (956)251-5236</p>	<p>Jose A. Gonzalez, MA, LPC, LCDC, CRS, CART</p> <p>6801 McPherson Rd. #213 (956) 727-6016</p>
<p>Rosa Ana Espinosa PsyD, LP, LPC</p> <p>(210) 651-2996</p>	<p>Candelario Escamilla Professional Counseling Center</p> <p>709 E. Calton Rd., Suite 109 Laredo, TX (956) 791-0335</p>	<p>Ramiro Aguilar, LPC Amor Counseling</p> <p>1812 Commerce Dr. #2 Laredo, TX. 78041 (956) 568-5857</p>	<p>Dr. Eliud Faz, MD, PA (Gateway Clinic)</p> <p>1515 Pappas St. Laredo, TX (956) 523-3698</p>
<p>Patricia Galvan</p> <p>6826 Springfield Ave., Suite 104 Laredo, TX (956) 251-2806</p>	<p>Gateway Clinic</p> <p>2007 Zapata Hwy Laredo, TX (956) 795-8101</p>	<p>Dr. Henry Carranza Psychotherapy & Counseling Associate</p> <p>1115 Chihuahua, Suite A Laredo, TX (956) 796-9335</p>	<p>Aleman Hernandez Counseling Services, Inc.</p> <p>(956) 319-3946 Only by appointment after 5:00 pm</p>
<p>Dr. Denise Longoria</p> <p>902 E. Calton Rd., Suite 105 (956) 286-8184</p>	<p>Hector Guerra</p> <p>6826 Springfield, Suite 4 Laredo, TX (956) 723-5523</p>	<p>Laura Perez, LPC</p> <p>5219 McPherson Rd (956) 523-0152</p>	<p>Methodist Healthcare Ministries</p> <p>Zonia G. Garza, LPC-S (956) 206-0587 Yesenia Vasquez, LPC (956) 206-5121</p>
<p>TPACS Texas Psychological & Consultation Services</p> <p>(210) 598-5175</p>	<p>Adriana Garza-Gongora MA, LSW, LPC</p> <p>(210) 880-9375</p>	<p>Patricia (Pat) Brady Garza LPC, MA, RN, BSN</p> <p>(210) 941-3619</p>	<p>Mercy Clinic. Behavioral Health</p> <p>(956) 718-6810</p>

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Psychologist/ Psicólogos

Vasquez Counseling & Consulting Psychology 6826 Springfield Ave, Suite 103A Laredo, TX (956) 319-7914	Ediza Garcia, PsyD 7220 A. Bob Bullock Loop Suite #312 (956) 431-0402	Clarissa I. Kuhns, PhD, LSSP/LP 5219 McPherson Rd., Suite 406 Laredo, Texas 78041 (956) 645-3643
Guillermo E. Gonzalez, PhD Clinical/Counseling Psychology Clinical Neuropsychology 6262 McPherson Rd., Suite 210 Laredo, Texas 78041 (956) 722-3000	Jose P. Miranda, PhD Neurobehavioral Services 1908 Clark Blvd. Laredo, TX 78043 (956) 796-1313	Susan Chanderbhan, PhD 5219 McPherson Road Suite 312 (956)436-5805

Additional Resources/Recursos Adicionales

Recovery Behavioral Program RBP 620 Corpus Christi St., Suite A cell: (956) 286-0997 office: (956) 568-5464	AAMA & Webb County Development Department (Concilio Hispano Libre) M-F 7:00 A.M.—4:00 P.M. 1205 E. Hillside, Suite B Laredo, TX (956) 728-0440	Children’s Advocacy Center M-F 8:30 A.M.—5:30 P.M. 111 N. Merida St. Laredo, TX office: (956) 712-1840
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Psychiatrists/Psiquiatras

Dr. Rolando Rodriguez 1319 Corpus Christi Ste.2 Laredo, Tx. 78040 (956) 236-4735 Only by appointment
