

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Chocolate Muffin 7 Cereal Toast Assorted Fruit Milk and Juice	French Toast Sticks 8 Cereal Toast Assorted Fruit Milk and Juice	Bacon Scramble Pizza 9 Cereal Toast Assorted Fruit Milk and Juice	Scrambled Eggs 10 Sausage Patty Cereal, Toast Assorted Fruit Milk and Juice	Cinnamon Roll 11 Parfait Cereal, Toast Assorted Fruit Milk and Juice
Powdered Donuts 14 Cereal Toast Assorted Fruit Milk and Juice	Pancake on a Stick 15 Cereal Toast Assorted Fruit Milk and Juice	Breakfast Bagel 16 Cereal Toast Assorted Fruit Milk and Juice	Cheese Omelet 17 Ham Cereal, Toast Assorted Fruit Milk and Juice	Cinnamon Roll 18 Parfait Cereal, Toast Assorted Fruit Milk and Juice
NO SCHOOL 21 STAFF WORKDAY	Slider with Sausage 22 Cereal Toast Assorted Fruit Milk and Juice	Sausage/Gravy Wrap 23 Cereal, Toast Assorted Fruit Milk and Juice	Breakfast Sandwich 24 Cereal Toast Assorted Fruit Milk and Juice	Cinnamon Roll 25 Parfait Cereal, Toast Assorted Fruit Milk and Juice
Chocolate Muffin 28 Cereal Toast Assorted Fruit Milk and Juice	French Toast Sticks 29 Cereal Toast Assorted Fruit Milk and Juice	Bacon Scramble Pizza 30 Cereal Toast Assorted Fruit Milk and Juice	Scrambled Eggs 31 Sausage Patty Cereal, Toast Assorted Fruit Milk and Juice	

Menu may change upon availability

<https://www.fns.usda.gov/tn/discover-myplate-look-and-cook-recipes>