

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

1 2 3 4

7
 Blueberry Muffin
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

8
 French Toast Sticks
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

9
 Bacon Scramble Pizza
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

10
 Cinnamon Roll
 Parfait
 Cereal, Toast
 Assorted Fruit
 Milk and Juice

11
 Scrambled Eggs
 Sausage Patty
 Cereal, Toast
 Assorted Fruit
 Milk and Juice

14
 Powdered Donuts
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

15
 Pancake on a Stick
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

16
 Breakfast Bagel
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

17
 Cinnamon Roll
 Parfait
 Cereal, Toast
 Assorted Fruit
 Milk and Juice

18
 Cheese Omelet
 Ham
 Cereal, Toast
 Assorted Fruit
 Milk and Juice

21
NO SCHOOL

STAFF WORKDAY

22
 Mini Waffles
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

23
 Ham & Cheese Taco
 Cereal,
 Toast
 Assorted Fruit
 Milk and Juice

24
 Cinnamon Roll
 Parfait
 Cereal, Toast
 Assorted Fruit
 Milk and Juice

25
 Breakfast Sandwich
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

28
 Chocolate Muffin
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

29
 French Toast Sticks
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

30
 Bacon Scramble Pizza
 Cereal
 Toast
 Assorted Fruit
 Milk and Juice

31
 Cinnamon Roll
 Parfait
 Cereal, Toast
 Assorted Fruit
 Milk and Juice

Menu may change upon availability

<https://www.fns.usda.gov/tn/discover-myplate-look-and-cook-recipes>