#### **OUR VALUES**

Person-centered care

Recovery oriented

Evidence-based practice (EBP)

Trauma informed

Coordination and Collaboration

LA'S BIG STOP

Culturally focused

Accessibility of services

Data driven

## WE ARE WAITING FOR YOU AT

604 Lafayette St 2nd floor of the Fowler building downtown Waterloo, IA 50703



Hours: Mon–Thurs 8am–7pm, Fri 8am–5pm and off hours as needed

#### WE ARE ONLY A PHONE CALL AWAY

Call (833) 370-0719 to schedule an appointment or come in during our

hours of operation and we will be happy to assist you.

### FOLLOW US ON SOCIAL MEDIA

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## ELEVATE CCBHC



#### TAKE THE NEXT STEP WITH US



### **ABOUT US**

**Elevate Certified Community** Behavioral Health Clinic (CCBHC) is a recipient of a two-year federal Substance Abuse and Mental Health Services Administration (SAMHSA) grant to expand quality health care to individuals without insurance and those under insured. We use a "no walls" approach to provide behavioral health response to anyone, anywhere in Black Hawk County. We are committed to providing our community with resources and services to identify your strengths and help you build a more healthy and happy life.



## TOGETHER WE PROVIDE

Mobile Crisis Response 24-7-365

Onsite Crisis observation and holden

Clinician follow up within 24 hours of crisis calls

Trauma informed care therapy

Cognitive behavioral therapy

Veteran support

Psychiatric evaluation and medication management

High risk HIV/hepatitis screening

Medication management services in office or at your home

Lab testing on site or at your home

We will also offer medication assisted treatment (MAT) and other substance use disorder treatments later this year.

# WE ARE READY TO HELP YOU

According to the National Alliance of Mental Illness (NAMI), approximately one in five Americans experience some type of mental illness each year. Mental illness can make life unbearable for people who have them and increases problems when they go untreated or when treatment is delayed. Elevate is ready to help you reduce the risk of chronic diseases related to stress, anxiety and substance abuse. If you or someone you know is suffering from a mental illness take positive steps towards recovery by contacting Elevate CCBHC. We believe in providing high quality care to all clients and you will not be declined of any services if you currently do not have insurance.