LUNCH

SEPTEMPER 2021
Lamar Grades 1-5

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Sandwich Meatlover's Pizza Fries Fresh Vegetables / Fruit / Milk	**2** Pizza Pasta w/ Garlic Bread Chicken Parmesan Ciabatta Green Beans Fresh Vegetables / Fruit / Milk	**3** Turkey, Ham & Cheese Wrap Orange Chicken w/ Fried Rice Cooked Carrots Fresh Vegetables / Fruit / Milk
6 No School	**7** Italian Sub Hot Dog Fries Fresh Vegetables / Fruit / Milk	**8** Gordita Enchilada Casserole Refried Beans Fresh Vegetables / Fruit / Milk	**9** Pizza Sliders Chicken Spaghetti Garlic Bread Steamed Broccoli Fresh Vegetables / Fruit / Milk	**10** BBQ Chicken Sandwich Cheese Pizza Cooked Carrots Fresh Vegetables / Fruit / Milk
13 Poppy Seed Chicken w/ Roll Ham and Cheese Sliders Steamed Broccoli Fresh Vegetables / Fruit / Milk	**14** BBQ Pizza Flatbread Cowboy Cavatini Garlic Bread Green Beans Fresh Vegetables / Fruit / Milk	**15** Cheeseburger Quesadilla w/ Breadstick Chicken Bacon Ranch Pizza California Vegetables Fresh Vegetables / Fruit / Milk	**16** Popcorn Chicken Basket Hamburger Fries Fresh Vegetables / Fruit / Milk	**17** Chicken Burrito Bowl Taquitos w/ Cheese Sauce MexiMix Pinto Beans Fresh Vegetables / Fruit / Milk
20 Chicken Nachos Turkey Melt Croissanwich Cooked Carrots Fresh Vegetables / Fruit / Milk	**21** Spaghetti Garlic Bread Sausage Pizza Green Beans Fresh Vegetables / Fruit / Milk	**22** Chili Chicken Strips Dinner Roll Tater Tots Fresh Vegetables / Fruit / Milk	**23** Lemon Pepper Chicken BBQ Bites Dinner Roll Baked Beans Fresh Vegetables / Fruit / Milk	**24** Chicken Pot Pie Turkey & Cheese Wrap Corn Fresh Vegetables / Fruit / Milk
27 Club Croissant Sliced Pork Roast w/ Dinner Roll Mashed Potatoes & Gravy Fresh Vegetables / Fruit / Milk	**28** Ham & Cheese Sub Beefy Mac w/ Garlic Bread Green Beans Fresh Vegetables / Fruit / Milk	**29** Ham, Turkey, & Cheese Sandwich Boneless Buffalo Wings w/ Dinner Roll Cooked Carrots Fresh Vegetables / Fruit / Milk	**30** Beef Soft Taco w/ Spanish Rice Taco Pizza Pinto Beans Fresh Vegetables / Fruit / Milk	

K-12 Culinary Connection
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Menus are subject to change.

This institution is an equal opportunity provider.

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