

SEPTEMPER 2021

Lamar Grades 1-5



Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast Pizza Cereal Bug Bites Fruit / Juice / Milk	Mini Waffles Cereal Bug Bites Fruit / Juice / Milk	Cherry Frudel Cereal Bug Bites Fruit / Juice / Milk
No School	Sausage Waffle Sandwich Cereal Bug Bites Fruit / Juice / Milk	Breakfast Pizza Cereal Bug Bites Fruit / Juice / Milk	Biscuit & Gravy Cereal Bug Bites Fruit / Juice / Milk	Breakfast Muffin Cereal Bug Bites Fruit / Juice / Milk
Super Donut Cereal Bug Bites Fruit / Juice / Milk	Mini Pancakes Cereal Bug Bites Fruit / Juice / Milk	Breakfast Pizza Cereal Bug Bites Fruit / Juice / Milk	Mini Waffles Cereal Bug Bites Fruit / Juice / Milk	Banana Min Loaf Cereal Bug Bites Fruit / Juice / Milk
CACFP Cereal (1 oz WG) Goldfish Giant Graham (1 oz WG) Mandarin Oranges (1/2 oz F) Low-Fat Milk (8 oz)	Sausage Biscuit Cereal Bug Bites Fruit / Juice / Milk	Breakfast Pizza Cereal Bug Bites Fruit / Juice / Milk	Bagelfuls Cereal Bug Bites Fruit / Juice / Milk	Mini Pancakes Cereal Bug Bites Fruit / Juice / Milk
CACFP Cereal (1 oz WG) Goldfish Giant Graham (1 oz WG) Orange Juice (1/2 oz F) Low-Fat Milk (8 oz)	Sausage Pancake Sandwich Cereal Bug Bites Fruit / Juice / Milk	Breakfast Pizza Cereal Bug Bites Fruit / Juice / Milk	French Toast Sticks Cereal Bug Bites Fruit / Juice / Milk	



Menus are subject to change.

