

Area Resources

COUNSELING SERVICES

DUMAS Area - COUNSELING SERVICES

Dumas Counseling Center

611 E. 1st St.

930-0548

Medicaid: No

Ages: 3-64 years old

Specialty: any

Individual or Family: Both

Bobby G. Medford, Jr. LPC

Office Located at the High Country Rural Health Clinic

320 E. Texas Blvd

Dalhart, TX 79022

All ages

Medicaid and most insurance provider (not a Medicare provider)

Make an appt by calling 806-244-5668

Safe Place, Inc.

9357585 or 935-2828

306 West 7th Street

Medicaid: No - Counseling Service: Free is a victim of Sexual Assault or Domestic Violence

Ages: Any Age as long as you have custody

Specialty: Domestic Violence & Sexual Assault

Individual or Family: Both

DUMAS ISD IS NOT RESPONSIBLE FOR ANY FINANCIAL COST INVOLVED IN RESOURCES

STAR Program (TPMHMR)

354-2191

This is a program available for students ages 7-17 who need outside counseling. No CPS open file and no criminal record on children. They take at-risk students. Youth would be ineligible for STAR services if the family has an open CPS case that is currently in the investigation stage.

STAR Program Client Eligibility:

- "Runaway Youth" youth who has left home without parental permission or who has no identifiable residence.
- "Truant Youth" A youth who has been voluntarily absent from school for reasons other than those accepted by the school where he/she is or should be enrolled.
- "Family Conflict" Families with a least one child under the age of 18 who are experiencing conflict with that child.
- "Delinquent Youth" A child 9 years or younger who has allegedly been involved in or actually committed a delinquent offense.
- "Delinquent Youth" aged 10-16 Youth who has allegedly committed a misdemeanor offense or state jail felony offense but has not been adjudicated delinquent by the court.

Cost: Free but must be referred.

Texas Panhandle Centers

Julia Cruz M.A. QMHP-CS

500 East 1st, Ste. 20

935-5691 Ext 6211

To make 1st appointment – call 337-1000

and ask for a screener Suicide and Crisis number – 359-6699 or 1-800-692-4039

(Spanish 1-888-628-9454)

Pavilion 358-1681

Medicaid: Yes

Ages: 4 - 18

Speciality: Various

Individual or Family: Individual

AMARILLO COUNSELING RESOURCES

Amarillo Family Institute

www.amariliofamilyinstitute.com

4211 I-40 W Suite 101

350-3133

Medicaid No

Ages: 4 to Adult

Specialty: Grief, depression, anger management etc

Individual or Family: group, individual, and family counseling

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Behavioral Health Solutions, PLLC

1901 MediPark Dr., Suite 130

418-2283

<http://www.bartoncbt.com/>

Kristin Wylie LPC

Whitney Davis LMFT

Play therapist - Ashley Wade

Medicaid: Yes

Ages: 6 to Adult

Specialty: Assessments for ADHD, learning disorders, mood and anxiety disorders, and others

Individual or Family: group, individual, and family counseling

Family Support Services

342-2500

<https://www.fss-ama.org>

This is a center that provides education, childcare, and counseling services and groups to families on a sliding scale. They have licensed counselors that help with anger management, domestic violence, marital relationships, divorce, abuse, marriage problems, etc. (24 hr. crisis line is 374-5433)

Crisis Line (Family Support Services)

374-5433

This is a number family can call to get referral information or talk to someone about the direction needed for problems.

NAMI Family (National Alliance on Mental Illness)

1401 S Polk St. Room 105

(806) 570-7356

Medicaid:

Ages:

Specialty:

Individual or Family: family counseling

Caleb Baker LPC-I

801 S Monroe St

Amarillo Tx 79101

(806) 570-6100

Medicaid: No

Ages: Teens & young adults

Specialty: LGBTQIA

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Michelle Baumgardner MS, MA, LPC, NSCA-CPT, CNS

2801 Wolflin Ave

Amarillo Tx

(806) 672-0212

Medicaid/Insurance: No

Specialty: Autism (all ages), anxiety, depression, trauma, ADD/ADHD, life changes, chronic illness

Rachel Buckalew LPC

3014 SW 26th Ave., Ste 4000

Amarillo TX

(806) 382-5822

Medicaid: UMC, BCBS, PPO, Cigna, Aetna

Specialty: Ages 10+, adults, family, couples

Simon Camarillo MA, LPC

Amarillo - in transition, call for address

(806) 290-4912

Medicaid: No

Specialty: Addiction, anxiety, depression

Aimee Campbell LPC-S

3014 SW 26th Ave., Ste 4000

Amarillo Tx

(806) 382-5822

Medicaid/Insurance: BCBS, umr, uhc, beacon, firstcare, medicaid, superior health, bsa network

Ages: Children, teens, women, anxiety, trauma, high achievers

Ann Cobb LPC

6937 S Bell, Ste B

Amarillo Tx 79109

(806) 310-5124

Medicaid/Insurance: BCBS, Cigna, medicaid, superior, united

Specialty: LGBTQIA

Ages: 15 & up

Jennifer Fanelli MA, LPC-S

521 SW 8th Ave

Amarillo Tx 79101

(806) 433-7945

Medicaid/Insurance: Aetna, BCBS, caprock, firstcare, ims

Specialty: All ages, depression, bipolar, anxiety, ptsd, autism, ADHD

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Jacqueline Flynt LPC

2801 Wolflin Ave

Amarillo Tx

(806) 340-7704

Medicaid/Insurance:

Specialty: Christian, teens, young adults, mothers

Katy Geist LPC-I

4037 SW 50th, Ste 113

Amarillo Tx

(806) 336-4592

Medicaid/Insurance: No

Specialty: women, teens, older kids, blended families, couples, anxiety, trauma, grief, depression, self-esteem

Ken Haney LPC

4037 SW 50th, Ste 115

Amarillo Tx

(806) 236-1832

Medicaid/Insurance: BCBS, United Healthcare, Optum

Specialty: Grief, depression, anxiety, sexual trauma, sexual addiction, couples therapy

Tanner Hargrove LMFT

4211 I-40W, Ste 101

Amarillo Tx 79106

(806) 350-5867

Medicaid/Insurance: No

Specialty: Couples, emerging adults, adolescents

Sage Hill LCSW-S

1901 Medi Park Dr., BLDG C, Suite #2

Amarillo Tx 79106

(806) 350-7918

Medicaid/Insurance: aetna, ambetter, amerigroup, aria, BCBS PPO, cigna, CSCA, decent, fairprice, firstcare, humana,

Specialty: Adults only, trauma, depression, anxiety, grief

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Hope and Healing Place

1721 S. Tyler

Free

Ages: 6 to Adult

Specialty: Grief

Individual or Family: group.

Jennings Counseling Services

356-9047

7470 Golden Pond Place #300

Medicaid: Yes

Ages: 4 to 64

Specialty: Anxiety, Depression, Child Trauma,

Individual or Family: individual & Family

LeeAnn Lefevre LPC

3611 Soncy Rd ste 7A

352-5752

Medicaid: Yes

Ages: 2-Adult

Specialty: Child Trauma, Parenting Support, Anxiety, Depression, ADD, Transition

Individual or Family: group, individual, and family counseling

Kelli Mangold, LMSW

Amarillo - in transition, call for address

Amarillo, TX

(917) 867-0226

Medicaid/Insurance: none; sliding scale

Speciality: Life transitions, behavior disorders, mood disorders, relationships, substance use, grief

Cliff McCormick LPC-I

801 S Monroe St.

Amarillo Tx 79101

(806) 803-9408

Medicaid: No

Specialty: Anxiety, depression, coping skills, children, teens, young adults

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Cindy Peters, MA, LPC

7105 34th Ave, Ste B

Amarillo, TX

(806) 355-0655

Medicaid/Insurance: All except medicaid & medicare

Speciality: Anxiety, crisis debriefing, couples, adults, individual

Melissa Preece, LCSW-S, LCDC, MAC, SAP

Amarillo - in transition, call for address

Amarillo, TX

(806) 676-9315

Medicaid/Insurance: All

Speciality: Substance use disorders, eating disorders, domestic abuse, depression

Christina Rolerson, LCSW-S

3012 SW 26th, Suite 200

Amarillo, TX 79109

(210) 232-2275

Crossharborcounseling.com

Medicaid/Insurance: BCBS, Cigna, Aetna, Superior, Medicare, Medicaid, Firstcare, Magellen, United Healthcare,

Speciality: Grief, loss, trauma, EMDR, family counseling

Stacy Sandorkey, LPC

681-8686

2801 Woflin

Medicaid: Yes

Ages: Anyone- as long as verbal

Specialty: Certified in Trauma - Sexual abuse

Individual or Family: individual counseling

Terri Slaughter, LPC-S

4211 I-40W, Ste 101

Amarillo Tx 79106

(806) 350-5863

Medicaid: IMS, caprock, BCBS, Aetna

Specialty: Individual, grief, infertility, anxiety, depression, couples, marriage

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LeAnn Sorrels, Med. LPC

6141 Amarillo Blvd W

(806) 690-4545

Medicaid: Yes

Ages: 6 to Adult

Specialty: Mood disorders, Sexual abuse, Cognitive Behavior Therapy, Social Skills Training, Coping Skills Relaxation Skills, Stress Management, Sexual Identity

Individual or Family: individual, and family counseling

Troy D. Timmons

379-8282

7460 Golden Pond Place #200

Medicaid: Yes

Ages: 5 to 64

Specialty: Mental & Behavior Health Provider - Treatment of offender & victims of Sexual Abuse

Individual or Family: individual.

Many LPCs work with him on a variety of other concerns.

Pavilion

Northwest Texas Hospital

354-1810

<http://www.nwtexashealthcare.com/HospitalServices/>

ThePavilion Services for adults, older adults, adolescents, and children. They assist with serious & persistent illnesses, substance abuse, mood disorders, depression, bipolar disorders, schizophrenia, etc. They also provide after care services. Medicaid, CHIP and most insurance.

Walk in between 8am and 7pm. No one will be turned away. If it is an emergency, you can be admitted through the emergency room at Nwth.

Medicaid and most insurance cover costs of this program.

Pavilion ACCESS Crisis line 354-1810

Counselors are on call 24 hours a day to answer the phone to professionals and parents that have mental health concerns. This counselor will listen, take information and make referral information regarding the concerned person.

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Suicide & Crisis Line

359-6699

This can be a number to talk to someone (24 hours) or to get referral information for other places/situations. They offer a wide variety of services in addition to referral and assessment, which include stress management classes for adolescents, substance abuse/suicide prevention and community education.

Suicide Prevention Resource Center Best Practices Registry

1800273TALK(8255) suicidepreventionlifeline.org

The purpose of the Best Practices Registry (BPR) is to identify, review, and disseminate information about best practices that address specific objectives of the National Strategy for Suicide Prevention. The BPR is a collaborative project of the Suicide Prevention Resource Center (SPRC) and the American Foundation for Suicide Prevention (AFSP). It is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

Hope & Healing Place has a Survivors of Suicide (SOS) group

(806) 371-8998

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DISABLED OR CHRONICALLY ILL CHILDREN

Uniting Parents/ Coalition of Health Services

616 East 1st St.

935-8687

Free - to anyone who does not have Medicare

- Uniting Parents provides resources to families with children, ages 0-21, all across 32 counties of the Texas Panhandle.
- We offer a network of support to our families that have children w/disabilities or chronic illnesses at no cost to them.
- Our program provides information, education, training, referrals, networking, support, respite, scholarships, and access to our recycle closet.
- Uniting Parents is a part of the Coalition of Health Services, Inc. family, and is funded by a grant from the Children w/Special Health Care Needs Program of the Department of State Health Services (DSHS).
- We have three offices, our main office in Amarillo and two sub offices, one in Dumas and one in Lubbock.
- Dumas Case Manager: **Josephine T Valadez**, who covers Dallam, Sherman, Hansford, Ochiltree, Lipscomb, Hartley, Moore, Hutchinson, Roberts, Hemphill , and some of Gray county.

Josephine T Valadez can be reached at: 806-935-8687 or toll free at1-800-442-7893

josephine.valadez@cohs.net

FOOD & HOUSING ASSISTANCE

211

<https://www.211texas.org/>

211 is a free and confidential service that provides information and referral to the top 26 counties of the Texas Panhandle. 211 can be accessed by either dialing 211 from a landline or mobile device or using the website. You can access this information 24/7 from any location using today's technology. The website allows you to look for housing assistance, food assistance, and utility assistance.

Cactus Nazarene Ministry Center
200 Palo Duro
Cactus TX 79013

Ages: all

Immigration services, ESL, Civics Classes, after school and summer programming for Cactus Elementary

First Street Church

935-2270

1718 East 1st Street

Assistance for rental and utility assistance - Must apply for assistance

Panhandle Community Services

214 East 5th St.

935-5551

Services to low-income individuals, individuals with disabilities, and the elderly

Rental assistance, transportation, weatherization, and utility assistance

Minors can not ride without an adult

St. Peter and Paul Catholic Church -Dumas Education and Social Ministry

935-5002

10th and Maddox

Food Assistance – need to provide a photo ID, address, and phone number.

List number of people in the home and if anyone is working

Open on Thursday 4-7 PM

They offer English as second language classes.

Pay for Materials (Books)

Monday & Wednesday - Level 1

Tuesday & Thursday - Level 2

HEALTH CARE SERVICES

CHIP and MEDICAID

801 Bliss

9342745 or 1800-448-3927

Dumas Clinic (shots for the uninsured and STI/HIV testing on certain days)

501 Success Blvd.

Dumas, TX 79029

Adriana: 806-421-0331

The Well Health Center in Cactus

PO Box 387

200 Palo Duro Drive

Cactus, Texas 79013

806-934-5755

www.thewellhealthcenter.org

We are a charitable clinic offering sliding scale fee for patients who do not have insurance.

We also accept some insurances.

Family medicine/primary care,

Currently open Mondays, Wednesdays, and Fridays.

LEGAL ASSISTANCE

CASA – Court Appointed Special Advocates for Children

They serve the counties of Dallam, Hartley, Moore, and Sherman.

(806) 333-0679 Evin Wyatt, ED

(806) 984-1175 Jessika Ledbetter Volunteer Supervisor.

Legal Aid of NorthWest Texas

A nonprofit organization that provides free civil *legal* help to low-income residents in 114 *Texas* counties.

(806) 373-4309

203 West 8th, Suite 600, Amarillo

PREGNANCY SERVICES

Care Net Pregnancy Resource Center of Dumas

935-3549

214 E. 5th

SUPPORT GROUPS

Open to individuals 15 and over that have experienced any type of loss, including anticipatory loss.

Minors must have consent form signed the 1st night.

Offered twice a year

Contact Erica Brewer at Moore County Hospital