

DISD ATHLETIC GUIDELINES

Mission Statement

The purpose of DHS Athletics is to develop cohesive, highly competitive programs that enable student athletes to reach their potential physically, academically, spiritually, and morally.

DHS Athletics will strive to instill in our student athletes a commitment to excellence that will serve to develop such characteristics as self-esteem, discipline, loyalty, compassion, respect, and a sense of accomplishment. The product of these endeavors will provide our young men and women with a foundation for growth through high school and beyond.

Code of Ethics

**As a professional Educator and Coach I Will:
Exemplify the highest moral character, behavior, and leadership.**

Respect the integrity and personality of the individual athlete.

Abide by the rules of the game in letter and in spirit.

Respect the integrity and judgment of sports officials.

Demonstrate a mastery of the continuing interest in coaching principles and techniques through professional improvement.

Encourage a respect for all athletics and their values.

Display modesty in victory and graciousness in defeat.

Promote ethical relationships among coaches.

Fulfill responsibilities to provide health services and an environment free of safety hazards.

Encourage the highest standards of conduct and scholastic achievement among all athletes.

Seek to instill good health habits including the establishment of sound training rules.

Strive to develop in each athlete the qualities of leadership, initiative, and good judgement

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Goals

To provide the educational benefits available through interscholastic competition.

To provide the best facilities and qualified staff possible.

To provide a variety of sports activities.

To provide competitive, winning programs within the framework of safety, integrity, and the spirit of interscholastic athletics.

Objectives

- Understanding and Knowledge of the value of athletics.
- Understanding the importance of academics.
- A desire to succeed and excel.
- The opportunity to develop discipline and emotional maturity.
- The opportunity to develop social competence.
- The opportunity to develop respect.
- The opportunity to develop a sense of fair competition and sportsmanship.
- The opportunity to perform both as a member of a group and as an individual.
- The opportunity to develop skills, interest, and knowledge of sports.

The opportunity to develop a sense of unity throughout Dumas ISD and the Community

Dumas Athletics Code of Ethics

As I represent Dumas High School in its athletic program, I will be sincerely interested in contributing my best to the success of our program. I realize athletics is a Privilege and not a right. I, therefore, agree to conduct myself according to the following Code of Ethical Behavior. I also realize that if I do not live up to this agreement that I am subject to being removed from that particular sport in which I am involved.

The following are Offenses that will not be tolerated:

- The use of alcoholic beverages of any kind.
- The use of illegal drugs. (Including Steroids)
- Smoking in any form.

The minimum penalty for the above behavior is covered in the Student Participation Policy for Extra Curricular Activities.

If the athlete fails to meet any of the following standards or persists in doing things in or out of school that will bring discredit to themselves, their team, or their school, the coach will take disciplinary measures that will be just and fair. Repeated offenses may result in dismissal from the team:

- No chewing of tobacco or dipping or smoking on school grounds.

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- Maintain academic eligibility.
- Hair cut according to guidelines.
- Be on time whenever time is involved.
- Dress appropriately at school and be respectful at all times.
- Be in bed at a reasonable hour.
- Be responsible for athletic equipment issued.
- Be sincere and loyal to the team, the school, and coach.
- Put the team's success ahead of individual glory.
- Create, maintain, and promote the elements of good sportsmanship.
- Be mindful of the responsibility of representing Dumas school at home and away.

Set an example in school, at home, and in the area of competition so others will respect program.

I. Head Coach Responsibilities

A. Administrative

1. To organize, administer, and coordinate the program to which they are assigned.
2. To be thoroughly familiar with and abide by UIL, District, and local guidelines.
3. To be certified in CPR. (required by the State)
4. To be a member of Texas High School Coaches Association or Texas Girls Coaches Association .
5. To submit a list of athletes in their sport to the Athletic Director's office 3 weeks prior to first contest. Note: Report all participants new to the district to the Athletic Director's office.
6. To submit a budget as required by the district using the guidelines from the Athletic Director's office.
7. To maintain a current written equipment inventory.
8. To maintain the up-keep of equipment and maintain cleanliness and neatness of assigned area(s).
9. To distribute and collect specific forms concerning athletes before they can participate.
These forms are:
 - a. Physical Examination Form/Medical History.
 - b. High School Parent Approval for Interscholastic Athletics Contest.
 - c. Dumas Code of Ethics.
 - d. Grooming Guidelines.
 - e. Transportation Forms
 - f. Emergency Cards.
10. To be held accountable for the behavior and conduct of assistant coaches in their sport.
11. To answer to the media, questions relating to their sport.
12. To support all school programs.
13. Monitor and enforce student eligibility.

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14. Complete the Rules Compliance Courses.
15. All new coaches must obtain a Bus Driving permit/CDL.

B. Practice and Game Responsibilities

1. To organize practice and assign duties.
2. To wear appropriate attire.
3. To coordinate practice and game training schedule with trainer.
4. Greet opposing team and officials or designate assistant.
5. To arrange Team Travel, including travel list to be submitted 3 days prior to travel date to the building principal, bus request, to be submitted to the Athletic Director's office prior to start of season to include all contests, leave time, return time, number traveling, and meal arrangements (details discussed under Team Travel).

II. Assistant Coach Responsibilities

1. It is the responsibility of every assistant coach in the DHS Athletic program to work with and support the head coach and or Jr. High coordinator as they organize, administer, and coordinate their program.
2. To be certified in CPR. (required by the State)
3. To be thoroughly familiar with and abide by UIL, District, and local guidelines.
4. The assistant coach is expected to develop professional skills appropriate to job assignment(s).
5. They are expected to be members of Texas High School Coaches Association and/or Texas Girls Coaches Association. Belonging to any additional coaches' organizations is optional.
6. The assistant coach is under the direct supervision and direction of the head coach and/or coordinator, and all that implies.
7. First year coaches must sign the Professional Acknowledgement Form.
8. Complete the Rules Compliance Courses each year.
9. All new coaches must obtain a bus driving permit/CDL.

III. General Guidelines for all athletic personnel

1. Every coach will be expected to dress in appropriate attire during workout and game.
2. Every coach is responsible for the cleanliness and neatness of all athletic facilities.
3. Under no circumstances shall coaches:
 - a. Allow athletic facilities to be used unsupervised.
 - b. Provide keys to any athletic facilities.
4. Coaches are not to vacate the facilities until all athletes have gone.

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5. Coaches should inspect facilities upon arrival and prior to departure. (Game or practice.)
6. All coaches are expected to require their athletes to maintain a high level of discipline at all times.
7. All coaches are expected to follow DISD guidelines pertaining to the use of tobacco.
8. School facilities will not be opened or workouts allowed after 6:00pm Wednesday.

IV. Coaching School and Clinics

Coaches may attend one staff development activity with their head coach every other year (state clinic, visit to college program, regional seminar) for the sport that they are coaching.

Varsity head coaches may attend the state tournament at school expenses if, and only if, their team advances to the state tournament.

V. Travel and Expenses

A. Coaches

1. Travel will be in accordance with District policy. The least expensive travel will be reimbursed and/or provided.
2. School reimbursement of per diem will apply to actual clinic and tournament dates only.
3. All travel must be approved by the Athletic Director's office prior to arrangement.
4. Travel expenses are based on District Policy.

B. Meal Allowance

Breakfast – \$10.00 leave prior to 6:00am
Lunch - \$15.00 leave prior to 11:00 am / return after 1:30 pm
Dinner - \$21.00 leave prior to 5:00 pm / return after 8:00 pm
Per Diem - \$46.00 Provided all three meals qualify for Reimbursement.

C. Team

1. Athletes will travel to and from contest with the team with the following exceptions:
 - a. Prior to leaving for contest, a written request must be signed by parent or guardian.
 - b. Family emergency.
 - c. Injury - alternate means of transportation where deemed necessary by trainer or coach.
2. Athletes will be expected to dress appropriately for all

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- out-of-town contest.
3. From departure to return athletes will conduct themselves in an orderly fashion.

VI. Meal Allowances - Students

Meals will be furnished when the team is required to be away from Dumas at meal time. The head coach will handle all financial transactions concerning travel. A list of those traveling, receipts for the meal, and complete address and phone number of eating establishment should be turned in to the Athletic Director's office the next school day.

Meal Times: Depart Dumas prior to 6:00am; return after 8:30am - Breakfast.
Depart Dumas prior to 11:00am; return after 1:30pm - Lunch.
Depart Dumas prior to 5:00pm; return after 8:00pm - Dinner.

Guidelines concerning amounts allowed for meals for students and coaches have some flexibility, but only if you have it approved by the Athletic Director before reservations are made. The following guidelines will be used for meal allowances:

Senior High School - \$7.00 per meal.
Jr. High School - \$7.00 per meal.

Lodging: Actual cost of room accommodation. - Mixed groups of students who spend the night away from Dumas must be approved by the Superintendent.

VII. Student Awards and Expenses

Awards will be given by the Dumas ISD to those individuals who have excelled in the activities in which they have participated. All awards must be in compliance with the Constitution of the University Interscholastic League. Each head coach will set his own criteria for lettering. A current lettering policy should be on file in the Athletic Director's office for every sport.

VIII. Training Guidelines

The use of illegal drugs, alcohol, and smoking of tobacco is absolutely forbidden. For consistency among coaches and programs, the minimum penalty for violating any of these training guidelines are those defined in the Dumas ISD Student Participation Policy for Extra Curricular Activities. It will be strictly enforced for all programs.

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IX. Grooming Guidelines

Grooming standards for athletes are:

1. The appearance should be socially and morally accepted by our school and community.
2. Standards should be safe, realistic, healthful, and consistent.
3. During the school year, beards will not be permitted.
4. Athletes are to be as neat and clean as possible.
5. Coaches are to stress self discipline and instill in our athletes pride in their appearance and behavior as they are representing themselves, their families, school, and community.
6. A male athlete who participates in any sport shall not be permitted to wear an earring during the school year.
7. Individual coaches may require additional grooming and dress standards that are pertinent to their sport.

X. Use of School Facilities

The use of school facilities by groups, clubs, or other organizations who are not associated with the school, must be approved by the Superintendent.

XI. Athletic Program Calendar

Starting and ending dates and number of contest for all athletic events shall strictly follow UIL Guidelines.

XII. Booster Clubs

Participation and support of Booster Clubs is encouraged. Each head coach is encouraged to attend. Booster Clubs must operate within the UIL Guidelines.

Dumas ISD Athletic Lettering Policy

LETTERS AND JACKETS

ATHLETICS

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Students participating in the Athletic Program may qualify for a letter as follows:

Athletic Trainer

Must be a trainer for two years or four semesters.

Note: Any exceptions or special cases will be handled on an individual basis at the Head Trainers' Discretion

Baseball

Catchers, infielders, & outfielders: must play in minimum of one-third of all Varsity games.

Pitchers: receive credit for winning three games; or receive credit for winning one game and pitching a minimum of 10 complete innings; or pitch a minimum of 17 innings, and a senior ends the season in good standing. All equipment must be returned.

Girls - Boys Basketball

Play in fifty percent of District games or a Junior that has been a team member for three years.

Girls – Boys Track

Participant of the Varsity team and score 10 points in a season or 1 point in the District Meet, or senior in good standing.

Girls - Boys Cross Country

Participant of the Varsity Team in 5 of 8 meets or finish in top 5 at the district meet. Or a Senior in good standing.

Football

Participant of the Varsity team during the season or a Senior in good standing.

Girls - Boys Golf

Participant of the Varsity team in 5 of 8 tournaments on the "A" team or play beyond the district or a participated for three years.

Tennis

Participate in a minimum of sixty matches, play in all varsity team tennis district duels during the fall, and compete in the varsity individual tennis district tournament in the spring, or a Senior in good standing.

Volleyball

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Participate in 50% of Varsity games or travel to the state tournament.

Softball

Participate in 50% of Varsity games or travel during playoffs.

Power-lifting

Participant on the "A" Team and place in the top four in a meet or score a combined total of 3 pts. during the season on the "A" Team or been a Junior in the program for three years. Or finish in top three at any meet.

Wrestling

Participant of the Varsity Team and win ten matches or a Senior in good standing that has been a team member for three years.

Cheerleading

Must be a member of the Varsity Squad and remain active for an entire year.

Boys and Girls Soccer

Has played in 50% of the Varsity games or has been a member of the Varsity team for 2 full seasons.

Note: All Athletes must finish the season and be in good-standing with the program and in compliance with UIL

Regulations. Due to injury and the nature of, Coaches may make exceptions to the above lettering policy.

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