

SOUTH GRAY HIGH SCHOOL
17th ANNUAL REBEL RELAYS
ORDER OF EVENTS APRIL 18, 2019

Coaches Meeting	2:15 PM (bring scratch/sub sheet to press box)
Field Events	3:00 PM
Preliminaries	4:30 PM
Finals	45 Min after Prelims

FIELD EVENTS: 3:00 PM **There will be only 4 attempts in the Dis, Jav, Shot, LJ, TJ**

Pole Vault -	Boys followed by Girls
High Jump -	Girls followed by Boys
Discus -	Girls (East Ring), Boys (West Ring)
Javelin -	Boys (South of Pine Trees), Girls (North of Pine Trees)
Shot -	Girls (West Ring), Boys (East Ring)
Long Jump -	Boys (Runway "A" East pit), Girls (Runway "C" East pit)
Triple Jump -	Boys (Runway "B" West pit), Girls (Runway "D" West pit)

PRELIMINARIES: 4:30 PM **Seven will qualify for finals, by place and time**

- Girls 100m Dash
- Boys 100m Dash
- Girls 200m Dash
- Boys 200m Dash
- Boys 110m High Hurdles
- Girls 100m High Hurdles
- Girls 4 x 800 Relay
- Boys 4 x 800 Relay

MEAL BREAK FOR COACHES AND WORKERS

FINALS: 45 Minutes After Prelims

- Girls 100m High Hurdles
- Boys 110m High Hurdles
- Girls 100m Dash
- Boys 100m Dash
- Girls 1600m Run
- Boys 1600m Run
- Girls Medley Relay (200,200,400,800)
- Boys Medley Relay (200,200,400,800)
- Girls 4 x 100m Relay
- Boys 4 x 100m Relay
- Girls 400m Dash
- Boys 400m Dash
- Girls 300m Low Hurdles
- Boys 300m Int. Hurdles
- Girls 800m Run
- Boys 800m Run
- Girls 200m Dash
- Boys 200m Dash
- Girls 3200m Run
- Boys 3200m Run
- Girls 4 x 400m Relay
- Boys 4 x 400m Relay