

SHAC Agenda December 6, 2018

1. Read the minutes of our last meeting held on September 6, 2018.
2. Review of employee programs completed since our last meeting.
3. Review of completed and upcoming student programs.
4. CATCH update.
5. Miscellaneous.

SHAC Meeting Minutes

December 6, 2018

The Lindsay ISD SHAC meeting was called to order in the high school library at 7:45 am on December 6th, 2018.

Council members, and LISD staff present were: Clara Hellinger, Rose Barnhill, Mark Tackett, Trevor Rogers, Chelsea Yosten, Robyn Hedrick, and Angel Neu.

Clara Hellinger, co-chairman, read the minutes from the last SHAC meeting, held on September 6th, 2018. Minutes were approved as read.

Nurse Clara reviewed the programs completed since our last meeting for employees and students. Two programs for employees were the Walk Across Texas Challenge (WAT), and the Biggest Winner Contest. In the WAT challenge we had two teams of eight representing LISD. The goal was for each team to walk a combined 832 miles in the eight week contest. The Lindsay Knight Pacesetters walked a total of 1,528.8 miles. Members were: Captain-Janice Stoffels, Brandi Dieter, Kayla Lee, Brenda Fuhrmann, Diane Zimmerer, Coach Bridget Anderle, Robyn Hedrick, and Denise Keith. The Lindsay Knight Strollers walked a total of 1,403.85 miles. Team members were: Captain-Clara Hellinger, Janis Blackwell, Jennifer Bozarth, Coach Robin Hess, Ashley Jones, Sharon Hoenig, Matt Brennan, and Sharon Hermes.

In the Biggest Winner Contest, an exercise/weight-loss contest, we had 10 employees entered (Janice Stoffels, Jennifer Bozarth, Kayla Lee, Matt Brennan, Ashley Jones, Clara Hellinger, Diane Zimmerer, Sharon Hoenig, Coach Robin Hess, and Brenda Fuhrmann). Each participant paid \$10 to enter and Sharon Hoenig was the winner. She had a total

of 93 exercise/weight-loss points and received the \$100 collected in the entry fee. Another Biggest Winner Contest is planned for January.

Muenster Family Medical Clinic came to LISD and gave flu, and Hepatitis B vaccines and Vitamin B12 shots in September and October to students, employees and community members. On September 25th, 57 flu, 9 vitamin B12 and 1 Hepatitis B were administered. On October 24th 25 flu, 4 Vitamin B12 and one Hepatitis B were administered. Flu vaccines were free with covered insurance, otherwise a charge of \$25 was required. Vitamin B12 injections were \$10, and the Hepatitis B vaccine was filed with the employee's insurance.

Four students from McFadden Ranch, a half-way home for boys, came with their adult supervisors to LISD and spoke to the 6th – 12th grade students on October 24th. They shared with our students how their past bad choices of drugs and crime lead them to their present state of incarceration. Also, during Character Counts Week (formerly called Red Ribbon Week), Officer Tim Green with the Gainesville PD came and gave presentations on anti-bullying to all students.

Screenings completed by Nurse Clara this semester included vision, hearing, and acanthosis Nigricans (Antes) for the K-7th grades and all new 8th – 12th grade students. Spinal screening were also completed for the 5th and 7th grade girls and the 8th grade boys. Notices were sent to parent if the screenings showed a need for further follow-up with a physician.

The annual report of immunization status for the kindergarten and seventh grades was completed and sent electronically to the Texas Department of State Health Services on October 29th, with the as-of-date of October 26th. All students were up-to-date on immunizations, with one student having a conscientious exemption on file for immunizations.

In the absence of Coach Hess, Clara went over the PE programs completed and ones that are in progress. The “Little Knight Run” was held on September 19th after the Lindsay’s Cross Country Meet. Seventy-Five K-6th grade students paid \$5 to enter the one mile run and the LISD athletic fund received the \$375 that was raised. The PE skating program for the K-6th grades started on November 6th and concluded November 29th. Twenty-five parents enjoyed skating with their children along with five LISD alumni. Kick off for the AHA “Jump Rope for Heart” was November 13th. The actual jumping will take place on December the 10th and 11th. Their goal is to raise \$4,000 for the AHA. So far they have \$1,450 in pledges. The running club competition for the 5th and 6th grades continues, and a few students have reached the 20 mile marker with most having completed 10 miles. They accumulate miles by running the first five minutes in PE and participating in area fun runs.

Aim for Success speaker Kevin Choate gave three student sexual abstinence programs entitled “Achieve Success” to the 6th grade, 7th and 8th grades, and the 9th – 12th grades on December 5th. Parents were given the opportunity to view the student programs on Tuesday, December 6th from 6 – 7 pm in the cafeteria. Four parents took advantage of this viewing. Parents also could opt their child out of viewing and participating in this program.

Some of the up-coming programs for students next semester include the Scott and White STD power point presentation for the 9th and 10th grade students, anti-bullying programs with Officer Tackett for the 4th - 12th grade, anti-drug/tobacco films and info for the 1st – 6th grades, CPR/AED and PAPA (Parenting and Paternity Awareness) training for the 8th grade, and puberty films/talks for the 4th – 6th grades.

The K -6th grades participated in the CATCH September Blackout Bingo. Each child was to try to fill in each day with a healthy activity. In the K – 2 building it was a 4-way tie between KA, 1A, 1C, and 2B classes for the most filled in calendars. In the 3 – 6 building, the 6B class was the winner. The winning classes were awarded outside play equipment or inside games from the PTC. All classes were given inside games, jump ropes, or zip balls for participating.

Angel Neu, Cooke County Extension Agent, stated she completed several demonstrations and presentations for all students in K-6th grades. On November 6th and 7th, during art class, she went over the sugar content in popular drinks and had a display pertaining to this in the foyer of the old gym set up for several weeks. On December 3rd and 4th, she gave presentations on the proper technique of hand washing using glow germs. In January, she will cover “My Plate”, a food guide recommended by the United States Department of Agriculture, which covers guidelines to eating healthy foods and portion size. All these demonstrations pertain to the CATCH curriculum.

Mr. Rogers stated the device to detect e-cigs or juuling smoke/fumes, and/or increased noise levels, were ordered and delivered and will be installed soon in the 7th - 12th campus.

With no further business, the meeting was adjourned at 8:17 am. The next meeting will be held on Thursday, February 14th, 2019. Notices will be emailed to members.