

SHAC Meeting Agenda

March 1, 2018

1. Read the minutes of our last meeting held on December 7, 2017.
2. Update on completed and upcoming employee and student programs.
3. CATCH update.
4. Discuss any recommendations to be included in the annual SHAC activity report to the School Board at their March meeting.
5. Miscellaneous.

SHAC Meeting Minutes

March 1, 2018

The Lindsay ISD SHAC meeting was called to order in the high school library at 7:45 am on March 1, 2018.

Council members and LISD staff present were: Clara Hellinger, Molly Gilbert, Rose Hermes, Kim Otto, Laura Fisher, Chelsea Yosten, Robyn Hedrick, and Robin Hess.

Laura Fisher, co-chairman, read the minutes from the last SHAC meeting held on December 7, 2017. Minutes were approved as read.

Clara reviewed the employee programs in progress and those that are upcoming. Currently we have a Biggest Winner Contest for employees which started on January 8th and will end on March 5th. This exercise/weight loss contest has 16 employees who each gave \$10 to enter and the employee who has the most exercise/weight loss point at the end will receive the \$160 collected. In April, the third and final Hepatitis B vaccine will be given to the employee who had requested the series at the start of the school year. Clara will arrange this with Muenster Memorial Hospital Clinic.

Clara shared with the council the survey from the Aim for Success (AFS) abstinence program that was presented on

December 7th. It was completed by our 6th – 12th grade students and staff who attended. A copy was also forwarded to SHAC members in January. The Scott and White STD power point was presented on February 9th to the 9th and 10th grade girls by Susie Bezner, NP, and to the 9th and 10th grade boys by Nurse Clara. At the same time and date Officer Mark Tackett, with the Texas DPS, gave a presentation to the 11th and 12th grade students about the hazards of distracted driving and the consequences of drinking and driving.

Coach Robin Hess and Rose Hermes discussed some of the upcoming student programs for this semester. The CPR/AED training and PAPA (Parenting and Paternity Awareness) training for the 8th grade students will be given during their athletic period after track season. These are state requirements. The fitness gram will also be completed this semester. Coach Hess' running club for 4th, 5th, and 6th grades is currently underway. All students have reached the 10 mile mark, 75 students have logged 20 miles, and 5 have completed 30 miles.

Nurse Clara stated she has started presenting anti-tobacco and anti-drug videos to the 1st – 6th grades and will finish up before spring break. The state-required spinal screening will be conducted in April for the 6th and 9th grades. The puberty films and info will be presented in May to the 4th – 6th grades, with parental permission. The CATCH (Coordinated Approach To Child Health) lessons are completed monthly for the K-8th

grades by their teachers. Nurse Clara sends reminders to the teachers. To promote the CATCH program, a healthy quote is announced daily during the elementary announcements. Also, on the back of the monthly lunch menus, healthy eating suggestions and tips are added.

Nurse Clara and Laura Fisher will be presenting to the School Board, at their March 5th meeting, a detailed account of our SHAC's activities over the past 12 months. They will also present an overview of the Texas legislation concerning school SHAC's to the Board

Nurse Clara stated she has restocked the emergency red buckets in the classrooms with food bars and water. Tourniquets, gauze, and ace wrap were also added at the request of the emergency management review.

The council also discussed some ways to reduce the spread of the flu virus, such as electrostatic mist machines or ultraviolet light machines that kill the germs. Nurse Clara will discuss this with Mr. Rogers.

With no further business, the meeting was adjourned at 8:15 am. The next meeting is scheduled for May 3, 2018. Notices will be emailed to members.