



**Rio Grande City CISD School Health Advisory Council (SHAC)  
4th Meeting 5-30-19 @ 10:00AM  
F.A.C.E Meeting Room (Fort Ringgold Parade Field)**

Welcome

- Rolando Barrera - School Health Services Coordinator

School Health Advisory Council (SHAC) – Mission Statement

- The Rio Grande City CISD School Health Advisory Council's (SHAC) Mission is to educate our students, faculty, and community in health, safety, and fitness, by promoting awareness and stressing that healthy bodies, healthy minds, and safe practices improve learning in the classroom and in the everyday life.

School Health Advisory Council (SHAC) – Vision Statement:

- The Rio Grande City CISD envisions well educated students in health, safety, and fitness which in turn will promote safe and healthy long term lifestyle changes improving their quality of life today and in the near future.

School Health Advisory Council (SHAC) Goals:

- Promote healthy long term lifestyles for all students
- Improve learning through healthy, safety, and fitness.
- Achieve academic excellence.
- Utilize all available resources to promote a holistic approach to health, safety, and fitness.

Appointed:

- Chairperson → Micaela Elizondo
- Co-chairperson → Miriam Flores
- Secretary → Maria Jarro

## **Guest Speaker:**

- **Mr. Joel Villarreal, LPC – Mental Health Awareness**

**\*\*Next SHAC Meeting September 2019**