

Eden Consolidated Independent School District



PO Box 988, Eden, TX 76837

(325)869-4121

Home of the Bulldogs

Student Health Advisory Committee (SHAC)

Meeting Minutes for April 9, 2018

Start time: 4:35

In attendance: Mandy Saiz, Amber Gierisch, Drue Hoelscher, Tammy Welch, Milissa Wright, Cierra Briggs, Kim Miller, Traci Odom, Mary Lou Falcon, Rebecca Bunger

Absent: Brittany Nicholas, Kathleen Traweek

Welcome

Introduce members

Explanation of SHAC and its purpose

Overview of SHAC members - There has to be a higher number of parent/community members on the committee than school employees. SHAC is open to anyone interested in joining.

Vote on President and Secretary. President – Mandy Saiz; Secretary – Cierra Briggs

Wellness Plan

- 1) We sent an invitation home to parents to join SHAC, posted it on the school website and the school Facebook page.
- 2) The school follows the federal guidelines in regards to what items can and can't be sold at school. Fundraiser items that sell candy aren't supposed to be sold during school.

We reviewed page 1 of our local wellness policy.

Wellness Goals

Last year we did a bicycle to school day for the elementary students. It is on the calendar for the end of May. All members are in agreement that this event should be continued. All information from last year can be used and adjusted as needed.

Tammy Welch volunteered to help at a crossing location. Milissa Wright is going to contact T-Byrds in Brady to get information on event t-shirts and will create a flyer to send home. Dure Holescher volunteered to head the event. Mrs. Bunger is going to contact Cadie from the Safe Kids Coalition to see if she could come in and do a presentation for the kids. We need to contact the fire department to see if they can set up and spray the kids on the practice field. We might consider letting them bike around the block.

Thinking of events for next year:

Health Fair – to include seat belt safety

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NRCS currently provides Ag day in the part on May 17th. They do water, 4-wheeler, and boat safety. Safety City in Abilene and San Angelo can come out and do a presentation in October if we want them to.

We need to add a fire drill using the bus and bus safety into the Health/Safety Fair in the fall.

Drue mentioned possibly incorporating bicycle to school day on Field Day. Could the last event be bike ride around the block and then eat sack lunches in front of the school? There will be more parents here to monitor since it is the Field Day event. We could also do one shirt for Bicycle-to-School and Field Day. Some members are going to try to get donations for the shirts so each child receives one.

Meeting adjourned at 5:05

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