



# JEFFERSON



## 2021 HIGH SCHOOL TRACK & FIELD SCHEDULE

<u>DATE</u>	<u>DAY</u>	<u>MEET</u>	<u>LOCATION</u>	<u>TIME</u>
25-Feb-21	THURSDAY	JACK FRY RELAYS	WINONA	10:00 AM
2-Mar-21	TUESDAY	JEFFERSON BOYS JV BULLDOG RELAYS JEFFERSON*ATLANTA*CENTER*NACOGDOCHES	JEFFERSON	10:00 AM
4-Mar-21	THURSDAY	JEFFERSON BULLDOG RELAYS CENTER*ATLANTA*TATUM*NACOGDOCHES*WASKOM*MAUD	JEFFERSON	10:00 AM
11-Mar-21	THURSDAY	SPRING HILL RELAYS	LONGVIEW	10:00 AM
11-Mar-21	THURSDAY	ELYSIAN FIELDS RELAYS JEFFERSON BOYS JV*ELYSIAN FIELDS	ELYSIAN FIELDS	TBA
25-Mar-21	THURSDAY	NEW DIANA RELAYS	NEW DIANA	TBA
1-Apr-21	THURSDAY	ATLANTA QUAD MEET	ATLANTA	TBA
7-Apr-21	WEDNESDAY	DISTRICT TRACK MEET	TATUM	10:00 AM
8-Apr-21	THURSDAY	DISTRICT TRACK MEET	TATUM	6:00 PM
12-Apr-21	MONDAY	JV DISTRICT TRACK MEET	WEST RUSK	TBA
14-Apr-21	WEDNESDAY	AREA TRACK MEET	NEW DIANA	TBA
23-Apr-21	FRIDAY	REGIONAL TRACK MEET	WHITEHOUSE	TBA
24-Apr-21	SATURDAY	REGIONAL TRACK MEET	WHITEHOUSE	TBA
7-May-21	FRIDAY	STATE TRACK MEET	AUSTIN	TBA
8-May-21	SATURDAY	STATE TRACK MEET	AUSTIN	TBA

## 2021 JUNIOR HIGH TRACK & FIELD SCHEDULE

<u>DATE</u>	<u>DAY</u>	<u>MEET</u>	<u>LOCATION</u>	<u>TIME</u>
22-Feb-21	MONDAY	JEFFERSON JR. HIGH QUAD-MEET ELYSIAN FIELDS*JEFFERSON*KARNACK*CLARKSVILLE	JEFFERSON	3:30 PM
1-Mar-21	MONDAY	JEFFERSON JR. HIGH BULLDOG RELAYS ELYSIAN FIELDS*WASKOM*JEFFERSON*KARNACK	JEFFERSON	3:30 PM
8-Mar-21	MONDAY	ELYSIAN FIELDS QUAD-MEET ELYSIAN FIELDS*WASKOM*JEFFERSON*KARNACK	ELSIAN FIELDS	3:30 PM
22-Mar-21	MONDAY	WASKOM QUAD-MEET ELYSIAN FIELDS*WASKOM*JEFFERSON*KARNACK*NACOGDOCHES	WASKOM	3:30 PM
29-Mar-21	MONDAY	JR. HIGH GIRLS DISTRICT MEET	WEST RUSK	3:30 PM
30-Mar-21	TUESDAY	JR. HIGH BOYS DISTRICT MEET	WEST RUSK	3:30 PM

**HEAD GIRLS:** STEVEN RANDOLPH

**HEAD BOYS:** DREW NORWOOD

ADAM DUBOSE, BRANDON ALLEE, STEPHEN YOUNG, TRESTON DOWELL, MICHAEL DOWNS

**JR. HIGH GIRLS:** CRYSTAL ROBERTS, PAIGE PURIFOY

**JR. HIGH BOYS:** MATTHEW RUTZ, EVAN SPEARS, RODRICK HOPES

# JEFFERSON ISD BOYS TRACK PRACTICE SCHEDULE

<p><u>DURING THE PERIOD</u></p> <p>JR. HIGH CONDITIONING</p> <p>HIGH SCHOOL LIFT</p>	<p><b>MONDAY</b></p> <p><b>JR. HIGH TRACK MEET DAYS</b></p>	<p><u>AFTER SCHOOL</u></p> <p>HIGH SCHOOL CONDITIONING</p> <p>NO HIGH SCHOOL THROWING</p> <p>JR. HIGH NOTHING</p>
<p><u>DURING THE PERIOD</u></p> <p>JR. HIGH LIFT</p> <p>HIGH SCHOOL CONDITIONING</p> <p>HIGH SCHOOL THROW</p>	<p><b>TUESDAY</b></p>	<p><u>AFTER SCHOOL</u></p> <p>JR. HIGH &amp; HIGH SCHOOL JUMPERS</p> <p>JR. HIGH &amp; HIGH SCHOOL HURDLE WORK</p> <p>JR. HIGH THROWERS</p> <p style="background-color: yellow; text-align: center;"><b>JR. HIGH PICK-UP @TRACK 5:00PM</b></p>
<p><u>DURING THE PERIOD</u></p> <p>JR. HIGH CONDITIONING</p> <p>HIGH SCHOOL CONDITIONING</p> <p>HIGH SCHOOL LIFT</p>	<p><b>WEDNESDAY</b></p>	<p><u>AFTER SCHOOL</u></p> <p>JR. HIGH &amp; HIGH SCHOOL SPECIALTIES</p> <p>JR. HIGH &amp; HIGH SCHOOL THROWING</p> <p>JR. HIGH &amp; HIGH SCHOOL RELAY WORK</p> <p style="background-color: yellow; text-align: center;"><b>JR. HIGH PICK-UP @TRACK 5:00PM</b></p>
<p><u>DURING THE PERIOD</u></p> <p>JR. HIGH LIFT</p> <p>HIGH SCHOOL CONDITIONING UNTIL 2/18</p> <p>HIGH SCHOOL THROW</p>	<p><b>THURSDAY</b></p> <p><b>HIGH SCHOOL TRACK MEET DAYS</b></p>	<p><u>AFTER SCHOOL</u></p> <p>JR. HIGH &amp; HIGH SCHOOL RELAY WORK UNTIL 2/18 THEN NOTHING FOR JR. HIGH OR HIGH SCHOOL</p> <p style="background-color: yellow; text-align: center;"><b>JR. HIGH PICK-UP @TRACK 5:00PM</b></p>
<p><u>DURING THE PERIOD</u></p> <p>JR. HIGH CONDITIONING</p> <p>HIGH SCHOOL LIFT</p>	<p><b>FRIDAY</b></p>	<p><u>AFTER SCHOOL</u></p> <p>JR. HIGH SPECIALTIES</p> <p>HIGH SCHOOL NOTHING SPECIALTIES</p> <p style="background-color: yellow; text-align: center;"><b>JR. HIGH PICK-UP @TRACK 5:00PM</b></p>



