



MAY

2021

HIGH SCHOOL DELI



CHICK FIL A SANDWICH
\$ 4.75
MEAL \$6.75

3.

ROSA'S 3 TACOS
RICE & BEANS
\$6.50

4.

MR JIM'S PIZZA
\$ 2.00 A SLICE

5.

CHICKEN E MEAL
\$6.00

6.

BREADED CHICKEN SANDWICH
BASKET/SPICY OR REGULAR
WATER BOTTLE/CAN SODA
\$5.00

7.

CHICK FIL A SANDWICH
\$ 4.75
MEAL \$6.75

10.

ROSA'S 3 TACOS
RICE & BEANS
\$6.50

11.

MR JIM'S PIZZA
\$ 2.00 A SLICE

12.

CHICKEN E MEAL
\$6.00

13.

3 CRISPITOS W/
CHEEESAUCE
OR SPICY CHICKEN
SANDWICH BASKET \$5.00

14.

CHICK FIL A SANDWICH
\$ 4.75
MEAL \$6.75

17.

ROSA'S 3 TACOS
RICE & BEANS
\$6.50

18.

EARLY RELEASE

19.

EARLY RELEASE

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31.

Special Announcements:



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Food and Nutrition Division
National School Lunch Program and School Breakfast Program



Updated 01/2020
www.SquareMeals.org



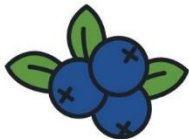
BERRY BLAST OFF

The first space shuttle test flight took place in 1981 and the last shuttle launched in 2011. Over 30 years there were a total of 135 missions that all launched from the Kennedy Space Center in Florida. Scientists and engineers in Texas provided ground support for all the space shuttle missions. NASA retired the space shuttle fleet to make way for a new exploration program aimed at sending astronauts on deep space missions to an asteroid and, eventually, Mars.

NUMBER MATCH



1



5



6



3



DID YOU KNOW?

Blueberries are plump, juicy and sweet berries that grow in Texas. They grow on a bush that can get up to 12 feet tall. Blueberries are pale greenish at first, then reddish-purple, and finally, dark purple when ripe, but they turn red-purple when cooked.

Blueberries are a very good source of vitamin K, vitamin C and manganese. Blueberries are also a good source of fiber. Fiber is a carbohydrate that promotes digestive health. Blueberries are good for making pancakes, muffins, and many other foods.



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