

I'm
**PASCAL THE
PIG**

JANUARY

2020

TDA's January 2020 Menu Calendar

**GOOD
EATS AT**

HIGH SCHOOL
DELI

**SPECIAL
ANNOUNCEMENTS**

CHICKEN E SWEET TEA
\$1.00

M

T

W

TH

F

NO SCHOOL

1

NO SCHOOL

2

NO SCHOOL

3

NO SCHOOL

6

NO SCHOOL

7

PAPA JOHN
PIZZA
\$ 2.00 A SLICE

8

CHICKEN E MEAL
\$6.00

9

STEAK FINGERS
FRIES
WATER
BOTTLE/CAN
SODA \$5.00

10

CHICK FIL A
SANDWICH
\$ 4.25
MEAL \$6.25

13

ROSA'S 3 TACOS
RICE & BEANS
\$6.50

14

PAPA JOHN
PIZZA
\$ 2.00 A SLICE

15

CHICKEN E MEAL
\$6.00

16

SPICY OR REGULAR
CHICKEN TENDER
BASKET
FRIES
WATER
BOTTLE/CAN SODA
\$5.00

17

NO SCHOOL

20

ROSA'S 3 TACOS
RICE & BEANS
\$6.50

21

PAPA JOHN
PIZZA
\$ 2.00 A SLICE

22

CHICKEN E MEAL
\$6.00

23

BBQ SANDWICH
FRIES
WATER
BOTTLE/CAN
SODA \$5.00

24

CHICK FIL A
SANDWICH
\$ 4.25
MEAL \$6.25

27

ROSA'S 3 TACOS
RICE & BEANS
\$6.50

28

PAPA JOHN
PIZZA
\$ 2.00 A SLICE

29

CHICKEN E MEAL
\$6.00

30

3 CRISPITOS
W/CHEESE
SAUCE \$5.00

31



PASCAL Pig

Pascal the pig may be stout but he is strong! Pascal was born without a tail so the veterinarian made him a mechanical tail out of a spring. Pascal uses his super spring tail to jump super high!



WHAT TO KNOW

Pork is a protein food that is used in many recipes like ham sandwiches, pork chops, pulled pork tacos, and jambalaya. Did you know that pork is an excellent source of nutrients such as protein, thiamin, niacin, vitamin B-6, and phosphorus? It is also a good source of potassium, zinc, and riboflavin.



JOKE OF THE MONTH

Q: Why should you never tell a pig a secret?

A: Because they love to squeal!

POWER HIGH JUMP

PASCAL'S FAVORITE ACTIVITY Jump Rope



MAD LIB!

BECOMING PART OF THE SUPER SQUAD!

Pascal Pig was not always a _____ who spent his time educating kids about
eating healthy and dodging evil _____. He was once a normal, average
_____. He had a _____ life growing up on the farms of Texas. Now
he spends his time doing _____ and traveling around Texas in his _____
to help kids learn about eating right so they can become Healthy Heroes too!

