



## Volunteers of America®

### GREATER BATON ROUGE

2119 Oak Park Boulevard ♦ Lake Charles, LA 70601

Monday – Friday, 8 am – 4:30 pm

Resource Guide accurate as of 1/1/2019 and subject to change without notice.

Published by Volunteers of America in Southwest Louisiana (337) 497-0034.

### Volunteers of America Services

#### **Adoptions**

(337) 497-0034 in Lake Charles or 1-877-291-6807 (24-Hour phone line) Fax: (337) 497-0229

- Opportunities for families to adopt newborn infants.
- Licensed agency home studies for domestic or international adoptions – flexible scheduling.

#### **Child Care Resource and Referral Services**

(337) 704-2838 Fax: (337) 704-2847

- Services in Allen, Beauregard, Cameron, Calcasieu, Jeff Davis, Evangeline, St. Landry, Acadia, Vermilion, St. Martin, St. Mary, Iberia, Vernon, Rapides and Avoyelles parishes include child care provider group training along with on-site individualized supports.
- Assists parents with finding child care

#### **CHOICES Day Program**

(337) 497-0034 Fax: (337) 497-0229

- For adults with a mental illness diagnosis who want to enhance their ability to manage their illness in their daily living.
- Free daily lunches provided.
- Call to schedule an intake assessment.
- Tuesday – Friday from 9 am to 2 pm.

#### **Comprehensive Mental Health Support Services**

(337) 497-0034 Fax: (337) 497-0229 (Main Office – 2119 Oak Park Blvd., Lake Charles)

- Provides psychosocial skills groups and case management for adults who are experiencing mild to moderate deterioration in daily living skills and social functioning due to a mental illness. Also provides individual services in the community.
- Case management community based services are also available for children and youth, ages 6 – 21 who currently have Medicaid and are receiving behavioral health services.

#### **Crisis Housing**

(337) 497-0034 Fax: (337) 497-0229

- Transitional housing within an apartment complex that provides supportive services to homeless adults who have a mental illness.

#### **Drop-In, Outreach and Referral Services**

(337) 497-0034 Fax (337) 497-0229

- Provides screening and temporary support for walk-ins in order to refer them to appropriate resources in the community with an emphasis on assisting people with mental health needs.
- Monday – Friday from 9 am to 2 pm

### **Housing (HUD subsidized apartments)**

(337) 497-0034 Fax: (337) 497-0229

- Elton Place in Elton, a subsidized housing complex for low-income elderly people, age 62 and over who are still capable of independent living.
- Lake Villa Apartments in Lake Charles, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.
- Oberlin Manor Apartments in Oberlin, a subsidized apartment complex for low-income adults with a mental illness capable of independent living.

### **Journey's Rest**

(337) 497-0034 Fax: (337) 497-0229

- 24-hour observation and support that assists adults in crisis until stabilized and linked with other supports.

### **Parenting Education Classes & Interagency Service Coordination**

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination provides assistance to families in staying together and keeping children in school.

### **Permanent Supportive Housing**

(337) 497-0034 Fax: (337) 497-0229

- Housing with case management assistance for a household in need of housing who has a member with a disability qualifying them for Medicaid services, earns less than 30% AMI and is in need of supportive services.

### **Pregnancy Services – Volunteers of America**

(337)497-0034 in Lake Charles or 1-877-291-6807(24-hour phone line) (Main Office – 2119 Oak Park Blvd., Lake Charles)

- Free counseling by phone or appointment.

### **Restoration Counseling Services**

(337) 497-0034 Fax: (337) 497-0229

- Counseling services available by private pay on a sliding scale to community members.
- Specializing in anxiety, depression, communication skills, anger management, crisis counseling and stress management.
- Brief educational workshops for church staff also available.

### **Food & Clothing Services**

#### **Abraham's Tent**

(337) 721-7211 Fax: (337) 721-7212 (2424 Fruge St., Lake Charles 70601)

- Lunches served 11:30 to 12:30 seven days a week.

#### **Allen P. August Multi-Purpose Center Annex/ Calcasieu Parish Police Jury Human Service Dept.**

(337) 721-4020 Fax: (337) 721-4184 (2001 Moeling St., Lake Charles 70601)

- Food for seniors. Must pre-register. Distribution - third Friday of each month.

#### **Beauregard Community Action Association, Inc.**

(337) 463-7263 & (337) 463-7895 Fax: (337) 463-8382

(219 West 2nd St., DeRidder, 70634 – old First Baptist Church Gym, enter double glass doors facing Pine St.)

- Food for seniors, Low Income Home Energy Assistance (LIHEAP). Call for eligibility requirements and availability.
- Emergency food and shelter program to assist with disconnection notices on electricity and gas and eviction notices
- Legal Aid services on the 3rd Thursday of each month

### **Boulevard Baptist Mission Center**

(337) 496-8454 (3007 Enterprise Boulevard, Lake Charles 70601)

- Clothing only given away on Tuesdays & Thursdays from 9 to 11:30 am.

### **Catholic Charities of SWLA Diocese of Lake Charles**

(337) 439-7436 Fax # (337)439-7435 (1225 2<sup>nd</sup> Street, Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jefferson Davis parishes.
- Food Pantry on 2<sup>nd</sup> and 3<sup>rd</sup> Friday each month from 9 am to 11 am.
- Call for requirements.

### **Calcasieu Council on Aging Meal Sites**

- For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00am till 12:00pm. Monthly menus are available. Meals are free but we will accept donations.

**Lake Charles Senior Center** to 1530 5<sup>th</sup> Street, Lake Charles, LA 70601; 433-0805

**Sulphur Senior Center** 601 Maple St., Sulphur, LA 70663; 527-4573

**Vinton Senior Center** 912 West St., Vinton, LA 70668; 589-3700

**Whispering Hope** 2501 Griffin St., Lake Charles, LA 70601; 436-6871

### **Christian World**

(337) 475-0157 Fax: (337) 475-0159 (2001 East Gautier Rd., Lake Charles 70607)

- Food pantry serves Lake Charles and the surrounding area. Open on the 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month from 9 a.m. to 11 a.m. as a drive-thru service in the church parking lot. Must have photo ID, proof of address and proof of hardship or income on every adult in the household. **FOOD ONLY!**

### **Community Outreach Center**

(337)786-7520 Fax: (337)786 3535

(1006 E. 4<sup>th</sup> Street, DeQuincy, LA 70633)

- Food Pantry & Thrift Store for residents of 70633 only
- Open 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of the month, 8:30 -12:00 Noon
- Bring: Proof of Income, Picture I.D., Proof of Residence, award letter of food stamps and SSI

### **Faith and Friends Food Pantry**

(337)439-9494 (4009 J. Bennett Johnston, Lake Charles, LA 70615)

- Monday – Thursday 1 to 2:30 pm
- Bring photo ID, proof of income and residence, SS card for each person in household
- Only for Calcasieu Parish Residents

### **Faithshare Outreach**

(337) 905-1333 (1827 Hwy 384, Lake Charles 70607 – located in Sweetlake, LA)

- **ONLY FOR CAMERON PARISH RESIDENTS**
- Offer food, clothing and other assistance, but **not** rent or utility assistance.
- School uniforms for sale to anyone
- Can use a voucher from a non-profit organization to purchase in Cameron parish
- Hours: 8 – 12 pm, Mon., Wed., & Fri.
- Medical equipment available for loan

### **Goodwill Store**

(337) 479-1911 (3004 Gerstner Memorial, Lake Charles 70601)

- Emergency clothing vouchers available after fire or disaster

### **Food Stamps & Governmental Food Assistance( La. Dept. of Children & Family Services)**

DCFS Customer Service: 1-888-524-3578 (1-888-LAHELPU) & [www.dcfsl.a.gov](http://www.dcfsl.a.gov)

EBT Card Customer Service: 1-888-997-1117 Report Child Abuse: 1-855-452-5437

- Supplemental Nutrition Assistance Program(SNAP), Louisiana Combined Application Project (LaCAP), Child Care Assistance Program(CCAP), Family Independence Temporary Assistance Program (FITAP), and Kinship Care Subsidy Program (KCSP)

### **Glad Tidings Food Pantry** (will do emergency if needed)

(337) 474-6080 (3400 Texas St., Lake Charles 70607)

- Mon. – Thurs. 9 to 11:30 am. Bring photo ID and proof of gross income and Social Security cards for every member of household and copy of current household bill with home address.
- Can use once every 30 days.
- Only serving those in area codes 70605 & 70607.

### **God's Food Box (A Ministry of Beauregard Ministerial Alliance)**

(337)463-4449 (426 McMahan ST., P.O. Box 1245, DeRidder, LA 70634)

- Provide food for families in Beauregard Parish and parts of Vernon Parish from Rosepine to Bailey Rd.
- Open Tues., Wed. and Thurs. from 10 am to 1 pm
- Recipients must verify residency, income and have picture I.D. ALL household members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps and Quarterly Commodities and still qualify for benefits with the Food Box.

### **Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food only on Tues. 10 am to 2 pm. - Emergency food boxes upon request.
- Offering clothing only on Mon., Wed., Thurs., and Fri. 10 am to 2 pm. Some school uniforms available.
- Must have proof of income, proof of residence and valid I.D.

### **Jeff Davis Council on Aging**

(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings, La. 70546)

- Public transit, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, SR Rx meds, Acadian on-call, material aid, and transportation – elderly(60 and above), public & Medicaid(everyone) as available.

### **Manna Ministries – St. Luke Simpson United Methodist Church**

(337) 802-3729 (1500 Country Club Road, Lake Charles 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. No appointment needed.
- Financial and utility assistance (electricity, gas & water – no phone, cable, rent or gasoline) **Must call (337) 802-3729 to register.**
- Eligible zip codes: 70601, 70605, 70607, 70609, 70615

### **New Sunlight Baptist Church**

(337) 436-8965 (515 V.E. Washington Street, Lake Charles 70601)

- Fill out application Sat 9 am-11 am.
- Pick up food on the 2<sup>nd</sup> Saturday of the month from 9 to 11 am—day and time may be flexible.

### **Saints Cathedral Church of God in Christ**

(337) 439-8680 (1717 Moeling St., Lake Charles 70601)

- Food Pantry opens (1<sup>st</sup> and 3<sup>rd</sup> Saturdays of each month) from 9 a.m. to 11 a.m. Call to verify the week before.
- Bring proof of income and ID

### **Salvation Army Center of Hope**

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- Mon.-Fri. 10 am – 3 pm.; emergency assistance with proof of emergency required
- Bring Photo ID, SSN, proof of income, proof of expenses (rent, utilities, car note, cell phone, etc.)
- Must have food stamp letter from Food Stamp Office and recent award letter if receiving disability

### **Second Harvest Food Bank of Greater New Orleans & Acadiana ([www.no-hunger.org](http://www.no-hunger.org))**

(504) 734-1322 (New Orleans) and (337) 237-7711 (Lafayette) Benefits help line: 1-855-392-9338

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- 7:30 am- 4 pm, Mon.-Fri. (New Orleans office)
- 8 am – 12 & 1 – 4 pm Mon.-Fri. (Lafayette office)

### **Shepherd's Inn Outreach of United Christian Fellowship Church**

(337) 433-9442 (2802 Opelousas Street, Lake Charles 70615 – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 to Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 30 days.

### **South Beau CARE Ministries**

(337) 526-1825 Email: [sbcarecenter16@yahoo.com](mailto:sbcarecenter16@yahoo.com) (2465 Texas Eastern Rd., Ragley 70657)

- We serve the following communities - Ragley, Longville, Topsy & Gillis
- Tuesdays, 9 am – 11 am and Thursdays, 2 pm to 4 pm
- Food is distributed during these times

### **Water's Edge Gathering**

(2760 Power Centre Parkway, Lake Charles 70607)

- Thursday only from 11 am – 2 pm
- You do not need to qualify. Everybody is welcome. Now offering fresh produce.
- 3-5 days emergency food supply; you may come twice a month.

### **Westlake United Methodist Church**

(337) 433-8424 Fax (337)433-9905 (704 Johnson Street/P. O. Box 536, Westlake 70669)

- Food Pantry for residents of the Westlake, Mossville and Moss Bluff areas operating Mon. 9:30 to 10:30 am, Wed. 5 to 6:30 pm, and Fri. 9:30 to 10:30 am; Proof of residence in Westlake/Moss Bluff/Mossville required, as well as proof of income for everyone in the household. Bring picture ID and one other item with name and address.

## **Case Management & Multi-Assistance Agencies**

### **Advocacy Center**

1-800-960-7705 Fax: (504) 522-5507

(8325 Oak St., New Orleans, 70118) Website: [www.advocacyla.org](http://www.advocacyla.org)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

### **Allen Action Agency [www.allenactionagency.org](http://www.allenactionagency.org)**

(337) 639-4348 Fax: (337) 639-4715 (505 W. 7<sup>th</sup> Ave., P.O. Box 540, Oberlin 70655)

- Headstart, energy assistance, toys for tots and weatherization. United Way agency assisting with emergency crisis program.

### **BeauCARE**

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634) [www.beucares.org](http://www.beucares.org)

- Multi-assistance agency providing programs in youth development, family life, education, and sports, recreation & health for residents of all ages in Beauregard Parish and Southwest Louisiana with a strong focus on children and families considered at-risk.

### **Cameron Community Action Agency**

(337)905-6000 (co-located with the Cameron Council on Aging, 965 Hwy 384 in Grand Lake)

- Energy assistance, Head Start, GED program, Food for Seniors
- Serving all ages below the poverty level

### **Care Help of Sulphur [www.care-help.org](http://www.care-help.org)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents.
- Free computer classes, life skills classes and Bible study.
- Thrift store - open on Saturdays 10-4 pm; donations accepted 8 am - 3:45 pm
- Thrift store - open Mon.-Fri. 10 am -5 pm; donations accepted 8 am - 4:45 pm
- Social Services - assistance office 9-1 & 2-4 Tues.-Fri.

### **Caring Hands**

(337) 616-3081 (P.O. BOX 1204; 327 N. Main St., Jennings, La. 70546) email: [caringh@bellsouth.net](mailto:caringh@bellsouth.net)

- Qualified Jeff Davis residents only.
- Open Mon. – Thurs. 1-4 p.m. & applications taken 1 – 3 p.m.
- Assists with disaster needs, utilities, food, clothing and household items.
- Bring photo ID, Proof of income, all current bills, last 2 bank statements, SS cards, food stamp approval letter if applicable.

### **Catholic Charities of SWLA Diocese of Lake Charles**

(337) 439-7436 Fax: (337) 439-7435 (1225 2<sup>nd</sup> Street, Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jefferson Davis parishes.
- Emergency Financial Assistance for qualified applicants: rent, mortgage, utilities, funeral expenses, LA driver's license, LA IDs, and LA birth certificates. Some limited medication assistance is available and a food bank. (Please refer to Emergency Medication and Food Sections for more information.)
- **Persons who need assistance must call on Monday mornings after 9 a.m. A limited amount of calls are taken each week for assistance, so please call on Monday. No walk-ins accepted.**

### **Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**

(337) 494-7945 Fax: (337) 494-7946 (1401 Moeling, Lake Charles 70601)

- Offering food only on Tues. 10 am to 2 pm. - Emergency food boxes upon request.
- Offering clothing only on Mon., Wed., Thurs., and Fri. 10 am to 2 pm. Some school uniforms available.
- Must have proof of income and valid I.D.

### **Jeff Davis Parish Assist Agency**

(337) 824-7800 Fax: (337) 824-7805 [www.assistagency.org](http://www.assistagency.org) Contact – Carla Billups

(Physical: 107 E. Nepique St., Jennings 70546 Email: [assistagency@bellsouth.net](mailto:assistagency@bellsouth.net))

- Assistance is on an emergency basis only for rental and utility assistance. They also help with SNAP & Medicaid applications. They work with the VITA program doing taxes. Open 8:00 a.m. to 4:30 p.m. Mon. – Friday

### **LIHEAP-(Low Income Home Energy Assistance Program)/ Allen P. August Multi-Purpose Center**

(337) 721-4030 Fax: (337) 721-4180 (2001 Moeling St., Lake Charles 70601)

- To assist residents in Calcasieu Parish with electric or gas bills twice a year based on income.
- Multi-Purpose Building- **Appointment only by calling (337) 721-4033.** Income guidelines apply.

### **La Familia Resource Center**

(337) 312-2906, (337) 564-5943 Fax: (337) 564-5402 (650 Dr. Michael Debakey Dr., Lake Charles 70601)

- Open Mon. – Thurs. from 9:00 a.m. to 3 p.m.
- They are a bilingual multiservice org that offers, citizenship classes as needed, ESL (English as second language) and Spanish classes, family advocacy, interpreter services to local businesses, translation of documents, after school tutoring, Immigration guidance w/ referral to attorneys, resources and services.

### **Manna Ministries – St. Luke Simpson United Methodist Church**

(337) 802-3729 (1500 Country Club Road, Lake Charles 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. No appointment needed.
- Financial and utility assistance (electricity, gas & water – no phone, cable, rent or gasoline) **Must call (337) 802-3729 to register.**
- Eligible zip codes: 70601, 70605, 70607, 70609, 70615

### **St. Frances Cabrini Immigration Law Center**

(337) 477-0683 Fax: (337) 477-1863 (3226 Lake Street, Lake Charles 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers.
- Periodic workshops and lectures.
- Open Mon. – Fri. from 8 a.m. – 5 p.m.; closed 12 – 1 for lunch

### **Homeless Shelters & Other Shelters**

#### **City of Refuge (Veteran's Homeless Shelter)**

(337) 589-4407 & Fax: (337) 589-7829 (5899 Hwy 3112, Vinton 70668)

- For single male Veterans
- Please call ahead for availability.
- Hospitals or care facilities must call.

#### **ETC Transitional Living Program for Homeless Youth**

(337) 433-8636 Fax: (337) 433-8638

- Serves male and female homeless youth ages 18-21 years old who are drug free
- Youth must be motivated to become employed and cooperate with program requirements
- Youth must be cognitively and emotionally capable of living on their own
- Housing provided in scattered site apartments throughout the community
- Life skills and other support services provided
- Admission based on eligibility criteria and space availability

#### **ETC Harbour House**

(337) 433-6739 & Fax: (337) 436-7720

- 18 bed residential facility for children ages 10-17 years old
- Provides emergency shelter services for children and youth needing a safe place
- Serves runaway or homeless youth; youth involved with foster care or juvenile justice systems; and other children in crisis
- Parents/guardians or other agencies can call to check eligibility
- In general, services provided at no cost to client

#### **Jeff Davis C.A.D.A. [www.jeffdavigscada.com](http://www.jeffdavigscada.com)**

(337) 616-8418 & toll-free 1-866-883-2232 Fax: (337) 616-8421 (P. O. Box 826 Jennings La. 70546)

- Shelter for abused women and their children (**not homeless**)

### **June N. Jenkins Women's Shelter/Beauregard Community Concerns**

(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children (**not homeless**) and resources to assist victims of domestic violence even if they are not in the shelter.

### **Lord's Place**

(337) 494-6277 Fax: (337) 990-5285/Earl (manager) - (337) 564-1775/

Pastor Russell Benoit (337) 249-3144 (126 Kirkman St., Lake Charles 70601)

- For single men ages 18 and over.
- Website: [www.LordsOutreach.TvHeaven.com](http://www.LordsOutreach.TvHeaven.com) / E-mail: [LordsOutreach@aol.com](mailto:LordsOutreach@aol.com)

### **Oasis a Safe Haven for Survivors of Domestic and Sexual Violence**

(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333 (LA Domestic Violence Hotline) Fax: (337) 436-8327

### **Potter's House & Potter's House Annex (Assistant Living)**

(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman St., Lake Charles 70601) Rev. Leona Benoit, Dir.

- For women and women with children
- Assistant living available for adult women only with a fixed income

### **Room In The Inn – Lake Charles**

(337) 602-8345 (messages only)

- Temporary emergency shelter hosted by local churches, operating seasonally during winter months. Intake/registration at Abraham's Tent when shelter is available. Visit [www.ritulakecharles.org](http://www.ritulakecharles.org) or Facebook for more information.

### **Serenity Help Center – For Women**

(337) 256-5913 (404 West Admiral Doyle Drive, New Iberia, LA 70560)

- Website: [www.serenityhelpcenter.com](http://www.serenityhelpcenter.com)
- Take homeless single women 18 years and older

### **Salvation Army Center of Hope**

(337) 433-4155 Fax: (337) 721-8069 (3020 Legion St., Lake Charles 70615)

- For men only. No felony charge of child abuse/no sexual or violent crime of any kind
- Check-in time is from 5 pm to 9 pm
- Must pass breathalyzer test and drug test before admittance; Valid Picture ID required

### **Welcome House**

(337) 783-7066 (24292 Crowley Eunice Hwy., Crowley, Louisiana 70526) [www.welcomehouseshelter.org](http://www.welcomehouseshelter.org)

- For men and women, single or married; for families also.
- Call first. They can accept people from outside their region. Online application
- Not accepting those from psychiatric facilities or sex offenders.

## **Housing Assistance**

### **Bayou Bluff Apartments**

(337) 436-5722 Fax: (337) 436-5723 (2604 Laurel Ridge Ct., Lake Charles, 70615)

- Low income apartments that are part of the LCHA but with their own application process. Some disabled units may be available.
- Applications taken at 404 Cedar Way, Lake Charles, La 70601

### **CARC – Housing [www.carc.us](http://www.carc.us)**

(337) 433-3620 Fax: (337) 439-1886 (4100 Sen. J. Bennett Johnston Ave., Lake Charles 70615)

- HUD housing for people with developmental disabilities and meets low income limits. Currently has a waiting list.



### **Calcasieu Parish Housing Counseling Agency – HUD Approved**

(337)721-4030 ext. 5114 (2001 Moeling Street, Lake Charles 70601) [www.cppj.net/housingcounseling](http://www.cppj.net/housingcounseling)

- Provide homebuyer's class to the general public along with a grant for down payment and closing cost assistance.
- Provide One-on-One Pre-Purchase Counseling to potential homebuyers to help educate and prepare them in becoming a first-time homebuyer. They are provided with ongoing support and education as they work toward purchasing a home.
- Provide One-on-One Post-Purchase Counseling to clients who own their home and wish to establish and maintain a workable budget, continue to maintain good credit and avoid potential foreclosure.
- Provide Financial/Credit Counseling for individuals to work on establishing a workable budget, understanding how credit works, and building and maintaining their credit scores.
- Provide services to: Calcasieu, Cameron, Allen, Beauregard and Jeff Davis
- Call or E-mail to set up an appointment ([dtate@cppj.net](mailto:dtate@cppj.net))
- To apply on-line: [www.cppj.net/housingcounseling](http://www.cppj.net/housingcounseling)

### **Calcasieu Parish Human Services Department/Continuum of Care Access Center**

Adm. #: (337) 721-4030 (Allen P. August, Sr. Multi-Purpose Bldg, 2001 Moeling Street, Lake Charles 70601)

- Open 9 a.m. to 5 p.m., Monday – Friday (Except holidays)
- Rental Assistance – ***By appointment only***, must have a hardship; call 721-4033
- Eviction Assistance – ***By appointment only*** (**Must** have eviction notification from landlord or have received eviction served by Marshall) must call 721-4033
- Utility Assistance (Call for eligibility status) call 721-4033
- Homeless Assistance – Call 721-4033

### **Calcasieu Council on Aging HUD Section 202 Housing**

- **Must be age 62 or older to apply**
- Dequincy Elderly Housing Corporation, 301 Coward Street, Dequincy, LA 70633, (337) 786-3400
- Vinton Senior Manor Corporation, 1000 Loree Street, Vinton, LA 70668, (337) 589-7605
- Iowa Elderly Housing Corporation, 400 E. Miller Avenue, Iowa, LA 70647, (337) 582-2450
- Whispering Hope, Inc., 2501 Griffin Street, Lake Charles, LA 70601, (337) 436-6871

### **Chateau Du Lac**

(337) 436-0380 (333 Mill Street, Lake Charles, LA 70601)

- Apartments for individuals who are 62 or older and/or with a disability receiving SSI or SS.

### **Elderly Housing Development and Operations Corporation (EHDOC)**

Elderly low income HUD housing for ages 62 and up

- Village De Memoire, Ville Platte (337) 363-5992
- Chateau Des Amis, Ville Platte (337) 363-4301
- Savoy Heights, Mamou (337) 468-2616
- Point Villa, Church Point (337) 684-5157
- Riverbend, Mermentau (337) 824-6225
- Morse Manor, Morse (337) 783-7094
- Leisure Lane, Rayne (337) 334-6781
- Pine Grove, Pineville (318) 640-3006
- Oakwood, Cheneyville (318) 279-2746
- Sunshine Center, Leesville (337-239-0463)

### **Grand Lake Elderly Apartments (Cameron Council on Aging)**

(337) 905-0381 (10104 Gulf Hwy., Lake Charles 70607)

- Apartments for 55 years old and up who have a low income.

**Habitat for Humanity** [www.hfhca.org](http://www.hfhca.org)

(337) 497-0129 Fax: (337) 497-0470 (3551 Avenue C, Lake Charles 70615)

- Build houses from the ground up and rehab of some houses.
- Open enrollment regularly for those families willing to partner with Habitat and in need of simple, decent permanent housing. Call for information.
- Serve 5 parish area: Calcasieu, Cameron, Beauregard, Jefferson Davis and Allen
- Land donations welcomed.
- **Habitat ReStore**, 3960 Gerstner Memorial Blvd (Hwy 14); (337) 540-7802; open Wed. – Sat., 10 to 5; affordable building materials, furniture, household goods and appliances for sale; donations made at store or pickups can be arranged. Net proceeds returned to mission of shelter.

**Louisiana Housing Search Service**

1-877-428-8844, Fax: 1-866-265-7811 [www.lahousingsearch.org](http://www.lahousingsearch.org)

**Kingsley Court Apartments**

(337) 436-5722 Fax: (337) 436-5723 (404 Cedar Way, Lake Charles, La 70601)

- Low income apartments that are part of the LCHA but with their own application process. Some disabled units may be available. Applications available.

**Maison D'Amis (NAMI) – Independent Living**

(337) 437-7919 (401 Gerdson, Lake Charles, LA 70601)

- Apartments for mentally ill persons who qualify. Currently has wait list.

**Permanent Supportive Housing Program**

(337) 497-0034 (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability that qualifies them for Medicaid services, earns less than 30% AMI and **is in need of supportive services**.

**Project Build a Future** [www.projectbuildafuture.org](http://www.projectbuildafuture.org)

Main # (337)439-7191, email: [info@projectbuildafuture.org](mailto:info@projectbuildafuture.org) (2306 3<sup>rd</sup> St. Lake Charles, LA 70601)

- A non-profit corporation committed to building and selling quality, affordable housing.
- Target area is north of Broad Street
- Develops quality, affordable housing and provides down payment assistance to make homes affordable.
- Provides homebuyer counseling and financial literacy services, including assistance in rebuilding credit and reducing debt
- If interested in purchasing a beautiful, new home call the office to obtain an application.

**The Road Home**

1-888-762-3252 & [www.road2La.org](http://www.road2La.org)

- Registered applicants may receive housing assistance or buyouts.

**USDA OFFICE- Rural Development Housing Programs** [www.rd.usda.gov](http://www.rd.usda.gov)

- Low-income applicants can build or buy; very low-income property owners can repair

**Volunteers of America Mental Health Housing Services**

(337) 497-0034 Fax: (337) 497-0229

- Housing available for mentally ill persons who qualify.

**Volunteers of America Elderly Housing in Elton**

(337) 497-0034 Fax: (337) 497-0229

- Apartments for 62 years old and up who have a low income.

## Housing Authorities

### **Calcasieu Parish Housing Authority**

(337) 721-4030 & Fax: (337) 721-4031

- Waiting list - closed until further notice

### **Dequincy Housing Authority**

(337) 786-2381 & Fax: (337) 786-3204

### **Elton Housing Authority**

(337) 584-2541 Fax: (337) 639-2625

### **Jennings Housing Authority**

(337) 824-5642 & Fax: (337) 824-5649

### **Lake Arthur Housing Authority**

(337) 774-3692 & Fax: (337) 774-2997

### **Merryville Housing Authority**

(337) 825-8770 & Fax: (337) 825-8778

### **Oberlin Housing Authority**

(337) 639-2625 Fax: (337) 639-2625

### **Vinton Housing Authority**

(337) 589-5331 Fax: (337) 589-3677

### **DeRidder Housing Authority**

(337) 463-7288 & Fax: (337) 463-3671

### **Housing Authority of Iowa**

(337) 582-6730 & Fax: (337) 582-3280

### **Kinder Housing Authority**

(337) 738-2079 & Fax: (337) 584-2541

### **Lake Charles Housing Authority**

(337) 436-7628 & Fax: (337) 436-9798

### **Oakdale Housing Authority**

(318) 335-0712 & Fax: (318) 335-9326

### **Sulphur Housing Authority**

(337) 527-5248 Fax: (337) 527-0681

### **Welsh Housing Authority**

(337) 734-2647 Fax: (337) 734-4857

## Housing Repairs

### **Bayou Response**

(337) 532-4131 Contact: Renee Amos @ [renee5226@suddenlink.net](mailto:renee5226@suddenlink.net)

- Disaster response and local home repair for those in need in Calcasieu Parish. Eligibility determined case by case.

## Education

### **American Red Cross [www.redcross.org](http://www.redcross.org)**

(337) 656-0837 Fax: (337) 478-1173

- Community preparedness programs, disaster relief and recovery
- Services to our active duty military, veterans and their families
- Youth programs
- Health and safety classes including: CPR/AED/First Aid, Water Safety Training, Hands-only CPR

### **Beauregard Christian Women's Job Corps. [www.beauregardcwjc.org](http://www.beauregardcwjc.org)**

(337) 463-4451 & (318) 663-0489 (202 N. Royal St., DeRidder 70634 Mailing – P.O. Box 1362, DeRidder 70634)

- Teaches life and job skills for women over 18 years old who are in need.
- Assist students with their Hi-SET (High School Equivalency Testing)
- There is no charge for classes.

### **Foreman-Reynaud Community Center**

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles 70601)

- After school program from 4 to 6 p.m. Mon – Thurs. Free to anyone who needs homework help ages 4 and up.
- Youth achievement program for ages 12 & above – Call for more information.
- Swimming lessons (ages 5 & up) and year round water aerobics. Call for time schedule.

### **Goodwill Workplace Training & Assistance Center**

(337) 310-1882 (1202 Kirkman St., Suite A, Lake Charles 70601)

- Skills training including computer skills for any job and hospitality skills for hotel and restaurant or other hospitality jobs.
- Job Readiness and Life Skills training
- Transitional Work Experience – To help those who have never worked or not worked since onset of a disabling condition.
- Drop-in Center - Use of computers, resume creation, on-line job applications/searches, interview prep and job retention services.

### **La Familia Resource Center**

(337) 312-2906, (337) 564-5943 Fax: (337) 564-5402 (650 Dr. Michael Debakey Dr., Lake Charles 70601)

- Open Mon. – Thurs. from 9:00 a.m. to 3 p.m.
- They are a bilingual multiservice org that offers, citizenship classes as needed, ESL (English as second language) and Spanish classes, family advocacy, interpreter services to local businesses, translation of documents, after school tutoring, Immigration guidance w/ referral to attorneys, resources and services.

### **Literacy Council [www.literacyswla.org](http://www.literacyswla.org) / email: [info@literacyswla.org](mailto:info@literacyswla.org)**

Main Office--Central School Building (809 Kirby, Suite 126, Lake Charles 70601) (337) 494-7000 Fax: (337) 494-7915

- Provides services to adults, children and families. Services include adult education; English as a second language; reading, writing and mathematics; financial literacy; computer literacy; high school equivalency diploma preparation (HiSET); online classes; and career and college transition assistance.
- Adult Education classes are available in Lake Charles, Sulphur, Jennings, Grand Lake and DeRidder
- English as a second language classes are offered in Lake Charles and Jennings
- Call 337-494-7000 or 1-888-LIT-SWLA for more information

### **Music Makers 2 U**

(337) 244-9314 Contact: Eva LeBlanc @ [emleblanc@yahoo.com](mailto:emleblanc@yahoo.com)

- Pairs deserving middle, high school and McNeese State musicians with gently used instruments.
- Requires referral from Band or Orchestra Director, private piano or violin teacher.

### **National Alliance on Mentally Illness (NAMI) [www.namiswa.org](http://www.namiswa.org)**

(337) 433-0219 Fax: (337) 433-1860 (710 W. Prien Lake Rd., Lake Charles 70601)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, and caregivers of adults with mental illness.(NOT FOR PERSON W/MENTAL ILLNESS)
- Basics – Classes in Spring and Fall for this 6-class course for parents, adolescents and caregivers of children with mental illness.
- Call for dates, times, and places. Registration is required and seating is limited.
- Family Support Group- meets 3<sup>rd</sup> Tuesday of Each Month at the NAMI office at 710 W. Prien Lake Rd.
- Peer to Peer Education Class – 10 week course for people living with mental illness (date, time and location TBA)
- NAMI on Campus – Wellness club at McNeese and SOWELA providing information and resources to support student's mental health.
- NAMI SWLA Warm Line (337-433-2500 – Open Mon. – Fri. from 9 a.m. – 4 p.m.) – Provides services to individuals seeking help for their family members or themselves.

### **St. Frances Cabrini Immigration Law Center**

(337) 477-0683 Fax: (337) 477-1863 (3226 Lake Street, Lake Charles 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers. Periodic workshops and lectures.
- Open Mon. – Fri. from 8 a.m. – 5 p.m.; closed 12 – 1 for lunch

## **Volunteers of America Parenting Education Classes**

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Call to RSVP.

## **Elderly Assistance**

### **Allen Council on Aging**

1-800-256-2851 & E-mail: [allencouncil@bellsouth.net](mailto:allencouncil@bellsouth.net) Fax: (318) 335-3199

(Physical-- 602 E. 5<sup>th</sup> Ave., Oakdale 71463) (mail – P.O. Drawer EL, Oakdale 71463)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Medicaid Enrollment Center, SNAP Food Stamps enrollment, and more.
- Transportation programs from local to anywhere in the state of Louisiana.

### **Beauregard Council on Aging**

(337) 463-6578 & (337) 463-9694 Fax: (337) 463-7431 (104 West Port St., DeRidder 70634)

- Congregate & home delivered meals, transportation, material aid, legal assistance, recreation, SR RX, outreach and more.

### **Benefits Check Up** [www.benefitscheckup.org](http://www.benefitscheckup.org)

- Assisting seniors identify financial benefits for which they may not know they qualify.

### **Better Business Bureau of SWLA**

(337) 478-6253 or 1-800-542-7085 [www.bbb.org](http://www.bbb.org) Fax: (337) 474-8981 (4040 Lake St., Lake Charles 70605)

- Mon – Thurs 8-12 & 1-4; Fri 8-12

### **Calcasieu Parish Sheriff's Office**

(337) 491-3626 Fax: (337) 439-1684 (2112 Moeling, Lake Charles 70601)

- Mon – Fri 8-4

### **Calcasieu Parish Council on Aging** [www.calcoa.org](http://www.calcoa.org)

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles 70607)

- Emergency utility assistance, prescription assistance, homemaker's services (light housekeeping twice a month), medical alert button, Medicare part D assistance with people to assist elderly to apply. Meals on Wheels and Sr. prescription program. Supplemental Nutrition Assistance Program formerly called food stamps(SNAP), Medicaid, and Legal Assistance per Acadiana Legal Service Corp. (337) 439-0377. For ages 60+.
- Senior Centers: Lake Charles Sr. Ctr., 1530 5<sup>th</sup> Street, Lake Charles, (337)433-0805; DeQuincy Sr. Ctr., 500 S. Grand Ave., DeQuincy (337) 317-8522; Sulphur Sr. Ctr., 601 Maple St., Sulphur, (337)527-4574; Westlake Sr. Ctr., 2001 Jones Street, Westlake, (337)436-6879; Vinton Sr. Ctr., 915 West St., Vinton, (337)589-3700; Iowa Sr. Ctr., 800 Factory Outlet Dr., Suite 116, Iowa (337)582-1551; Moss Bluff Sr. Ctr., 2868 Hwy 171 North, Lake Charles, (337)217-0500. For ages 60+.
- Meal Sites: For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00am till 12:00pm. Monthly menus are available. Meals are free but we will accept donations.  
**Sulphur Sr. Ctr.** 601 Maple St., Sulphur, LA 70663 527-4573  
**Vinton Sr. Ctr.** 912 West St., Vinton, LA 70668 589-3700  
**Whispering Hope** 2501 Griffin St., Lake Charles, LA 70601 436-6871
- Family Caregiver Support Groups- This program is for those individuals who are caring for a loved one. Meetings are held monthly. **There is no age requirement for this service.**  
**Brookdale Senior Living** – 4<sup>th</sup> Tues. at 5:30 p.m., 2420 Country Club Rd., Lake Charles  
**The Verandah at Graywood** – 3<sup>rd</sup> Tuesday at 5 p.m., 5851 Gray Market Dr., Lake Charles  
**St. Theodore Catholic Church** – 2<sup>nd</sup> Monday at noon, 785 Sam Houston Jones Pkwy, Lake Charles

**Cameron Parish Council on Aging**

(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles, LA 70607)

- Call for referrals 8 - 4, Monday thru Friday
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance.

**Elderly & Adult Protection**

1-800-898-4910 (Hotline) (337) 491-2815 Fax: (337) 491-2005 (1 Lakeshore Drive, Ste. 700, Lake Charles 70629)

- 8 – 4:30, Mon. – Fri.

**Experience Works [www.experienceworks.org](http://www.experienceworks.org) local e-mail: [experienceworkslc@att.net](mailto:experienceworkslc@att.net)**

(337) 433-4243 (715 Ryan Street, Ste. 105A, Lake Charles, La 70601)

- Provide training and job asst. to people ages 55 and older on limited incomes and not currently working.

**Eye-Care America's Seniors Eye Care Program**

1-800-222-3937 [www.eyecareamerica.org](http://www.eyecareamerica.org)

- Free exam and up to a year of treatment for persons 65 and older. Call to find out if you qualify. Available 24/7 year round.

**Jeff Davis Council on Aging**

(337) 824-5504 Fax: (337)616-8622 (P.O. Box 734, 210 S. State St., Jennings, 70546)

- Offers assistance with food, medications, transportation, housekeeping, sitters, utilities, recreation, education, exercise classes and general well being. Legal assistance given. Some minimal donations may apply. Aerobics classes Mon – Thurs as scheduled.

**Jefferson Davis Parish Sheriff's Office**

Work (337) 821-2100 Fax (337) 821-2105 (321 East Plaquemine St, P.O. Box 863, Jennings, 70546) [emaildartez@jdpso.org](mailto:emaildartez@jdpso.org)

**L.I.F.T. (Living Information For Today)**

(337) 439-2446 (3001 Ryan Street, Lake Charles, 70601 – Hixson Funeral Home)

(337) 625-9171 (2051 E. Napoleon St., Sulphur, 70663 at Hixson-Sulphur Memorial Funeral Home)

Jody Barrilleaux, LIFT Director and Community Relations for Hixson Funeral Homes

- Provides information and a social outlet for widows and widowers. Call funeral home to find out where to meet.
- Meets the 1<sup>st</sup> Wed. of the month at Hixson-Snyder in Dequincy; 10 am - 12
- Meets the 2<sup>nd</sup> Wed. of the month in Moss Bluff at Kjun Boos; 10 am – 12
- Meets the 3<sup>rd</sup> Wed. of the month at Hixson in Sulphur; 10 am – 12
- Meets the 4<sup>th</sup> Wed. of the Month in Lake Charles at Ryan's; 10 am – 12

**Louisiana Answers [www.louisianaanswers.com](http://www.louisianaanswers.com) (Connects to Calcasieu Council on Aging)**

1-800-223-5872

- Aging and disability resource center for Allen, Beauregard, Calcasieu, Cameron, Jeff Davis and Vernon parishes.

**Meals on Wheels - Calcasieu (Calcasieu Council on Aging) [www.calcoa.org](http://www.calcoa.org)**

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

**Senior Prescription Assistance-Calcasieu Council on Aging [www.calcoa.org](http://www.calcoa.org)**

(337) 474-2583 or 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy. 14, Lake Charles 70607)

- SeniorRx-to assist seniors to link with assistance for obtaining their prescription medications.

**@Southwest Louisiana Independence Center (@SLIC) [www.slic-la.org](http://www.slic-la.org)**

(337) 477-7194 & 1-833-600-5766 Fax: (337) 477-7198 (4320 Lake Street, Lake Charles, La 70605)

- For Hearing Impaired: Amplified Landline Phones and Hearing Aids provided by LCD (No cost if qualify)
- For Deaf: Interpreting Services through @SLIC (by appointment)
- For Older Adults and Persons with Disabilities: Advocacy, Information and Referral, Independent Living Skills Training, Peer Counseling, Transitioning, Supported Employment and DSW Services
- For Persons with Disabilities: Supported Employment through Louisiana Rehabilitative Services
- Loaner Closet: Gently Used (Community Donated) Medical Equipment for persons in need

**Employment**

**American Job Center of Region V, Allen Office [www.laworks.net](http://www.laworks.net)**

(337) 639-2175 Fax: (337) 639-2560 (602 Court St., mailing: PO Box 1140, Oberlin, LA 70655)

- Open 8 am – 4 pm on Tuesday & Wednesday (Closed 12 to 12:30 for lunch)

**American Job Center of Region V, Beauregard Office [www.laworks.net](http://www.laworks.net)**

(337) 462-5838 Fax: (337) 462-6115 (1102 W. 1<sup>st</sup> St., DeRidder 70634)

- Workforce training and employment services. Call for information.
- Open 8 am – 5 pm Mon. – Fri. (Closed 12 to 1 for lunch & Thurs. from 3 to 5 pm)

**American Job Center of Region V, Calcasieu, Cameron & Jeff Davis Office [www.laworks.net](http://www.laworks.net)**

(337) 721-4010 & 866-783-5567 (2424 3<sup>rd</sup> Street, Lake Charles 70601)

- Job search, resume help, job fairs and more. Call for information.
- Open MTWF 8 am – 5 pm & Thurs. 8 am – 3 pm

**American Job Center of Region V, Vernon Office [www.laworks.net](http://www.laworks.net)**

(337) 238-3321 Fax: (337) 238-3817 (408 West Fertitta Blvd., Leesville, LA 71446)

- Open 8 am – 4:30 pm on Monday (Closed 12 to 12:30 for lunch)

**AmeriCorps - Impact Lake Charles AmeriCorps**

(337) 491-8735 Fax: (337) 491-8760 (Physical– 326 Pujoe Street, Lake Charles 70601 Mailing– PO Box 900, Lake Charles, LA 70602)

- Health and Safety Education

**Care Help Sulphur [www.care-help.org](http://www.care-help.org) (also on Facebook)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Life Skills Class every 2<sup>nd</sup> Wed of the month at 10 am
- CPT classes on Wed from 2:30 – 4 & 4:30 – 6 pm at 112 E. Thomas in Sulphur.
- Bible classes on Tues. 8 am – 9 am; open to people living anywhere, Call for info.

**Experience Works [www.experienceworks.org](http://www.experienceworks.org) email: [experienceworkslc@att.net](mailto:experienceworkslc@att.net)**

(337) 433-4243 (715 Ryan St., Ste. 105A, Lake Charles, La. 70601)

- Provide training and job assistance to people ages 55 and older on limited incomes and not currently working.

**Louisiana Rehabilitation Services**

(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles 70607)

Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

**Unemployment Claims [www.laworks.net](http://www.laworks.net) 1-866-783-5567**

## Family & Children's Services

### **Choices Coordinated Care Solutions** [www.choicesCCS.org](http://www.choicesCCS.org)

(337) 310-3735 Fax: (866) 390-9274 (1800 Ryan St., Suite 103-104, Lake Charles, 70601)

- Wraparound agency for behavioral health Medicaid recipients aged 5-21 in Allen, Beauregard, Cameron, Calcasieu & Jeff Davis parishes. Links families to appropriate community resources.

### **BeauCARE** [www.beucares.org](http://www.beucares.org)

(337) 462-2273 Fax: (337) 462-2268 (628 High School Dr., P.O. Box 1779, DeRidder 70634)

- Provide information, referrals, education, parenting, training, and advocacy for families involved with DCFS in Allen or Beauregard Parishes. Many more services than listed.
- Safe visitation center – supervised visitation for families in crisis in Allen, Beauregard, Calcasieu and Vernon Parishes.
- Grantee for BeauCARE Head Start – only Head Start in Beauregard Parish

### **Child and Adolescent Response Team (C.A.R.T.)**

1-800-272-8367 (after hours, weekends and holidays) - Assistance for children and parents experiencing a crisis.

### **Educational & Treatment Council (ETC)**

- Outreach Center - (337) 433-1062 Fax: (337) 439-1094 [www.etcyouth.org](http://www.etcyouth.org)
- Providing home-based intervention and prevention services for at-risk youth and their families.
- Home-based screenings for youth experiencing mental health crisis. Families access services through hotline (800-272-8367). Serves the five parishes; 24/7.
- See website for list of programs and services.

### **Family & Youth Counseling**

(337) 436-9533 Fax (337) 439-9941 (220 Louie St., Lake Charles, LA 70601) [www.fyca.org](http://www.fyca.org)

- Classes, programs and support groups to assist families and children. See website for list.

### **Gulf Coast Social Services**

(337) 436-6622 Fax: (337) 436-4403 (700 Pujot St., Suite A, Lake Charles 70601)

- Community based service programs providing consultation, training and educational services to individuals and families.
- Accepts Medicaid Waiver and private pay on an individual basis.

### **Imperial Calcasieu Human Services Authority (ImCal HSA) Children & Youth Services**

- Offering a variety of services including psychiatric and psycho-social evaluations, counseling, substance abuse counseling, crisis intervention referrals and C.A.R.T.
- Accepts private insurance and Medicaid. Offers free or discounted fees for services to eligible recipients.

#### **Allen Behavioral Health Clinic**

(337) 639-3001 Fax: (337) 639-3008 (402 Industrial Drive, Oberlin, LA 70655)

- Tuesday & Thursday, 8 am to 4:30 pm

#### **Beauregard Behavioral Health Clinic**

(337) 462-1641 Fax: (337) 462-1354 (106 Port St., DeRidder, LA 70634)

- Monday, Wednesday & Friday, 8 am to 4:30 pm

#### **Jefferson Davis Behavioral Health Clinic**

(337) 246-7325 Fax: (337) 246-7328 (1211 North Cutting Ave., Jennings, LA 70546)

- Tuesday, Thursday & Friday, 8 am to 4:30 pm

#### **Lake Charles Behavioral Health Clinic**

(337) 475-8022 Fax: (337) 475-8054

(4105 Kirkman St., Lake Charles)

- Monday – Friday, 7:30 am to 4:30 pm



## **I Am Gracious**

(P.O. Box 1206, Westlake, 70669) [www.iamgracious.org](http://www.iamgracious.org)

- Helping empower, encourage and motivate young girls to be the best that they can be while on their journey to womanhood.
- IAG (Ages 14-18 – high school) meets each 1<sup>st</sup> & 3<sup>rd</sup> Saturday from 11:15 am – 12:15 pm
- IAG Tweeny (Ages 11-13 – middle school) meets each 1<sup>st</sup> & 3<sup>rd</sup> Saturday from 10 to 11 am
- IAG Too (Ages 5-10 – elementary school) meets every 2<sup>nd</sup> Tuesday each from 6 – 7 pm
- All meetings held at House of Prayer (920 Harrison St., Westlake, LA)

## **Louisiana Youth Challenge (Louisiana National Guard)**

(318) 641-5803 & 1/800-CAMP-KID [www.langycp.com](http://www.langycp.com)

- Camp Beauregard: (505 F Street, Pineville, LA 71360) 1-800-226-7543 Fax: (318) 641-3313
- Camp Gillis Long: (5445 Point Clair Rd., Bldg. 20, Carville, LA 70721) 1-800-226-7543 Fax: (318) 382-4129
- Camp Minden: (200 Louisiana Blvd., Minden, LA 71055) 1-800-226-7543 Fax: (318) 382-4129
- Free Alternative Program for youth 16 – 18 years of age - Must attend an interview
- HiSET (GED) preparation & college credit; NCCER certification in construction

## **Multi-Agency Resource Center (M.A.R.C.)**

(337) 721-3900 Fax: (337) 721-3907 (3615 E. Prien Lake Road, P.O. Box 2073, Lake Charles 70602)

- Open Monday through Saturday, 8:00 am to 11:00 pm. No appointment is necessary, walk-ins are welcome.
- Provides a portal of entry for families in crisis and troubled youth between ages 6 – 17.
- Provides timely and comprehensive assessments that link youth and families to most appropriate community services to divert them from processing in the justice system.

## **Region V Workforce Center Youth Program (WIOA)**

Allen – (337) 639-2175; Beauregard – (337) 462-5838; Calcasieu – (337) 721-4010; Vernon – (337) 238-3321

- Training opportunities, work experiences and internships for young adults 16 to 24 years of age who are out of school. College exploration, vocational school, SAT and GED prep and tutoring for low-income US citizens.

## **Thicker Than Water (Support Group for Grandparents Raising Grandchildren)**

(337) 842-8523 or [ranjanette.burke@yahoo.com](mailto:ranjanette.burke@yahoo.com) – Contact: Randi Burke

- Meeting every 4<sup>th</sup> Saturday of the month from 12:30 to 1:30 pm at Ward 3 Rec Center, 3210 Power Centre Parkway in Lake Charles

## **Volunteers of America Parenting Education Classes & Interagency Service Coordination**

(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Class Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination to develop plans for children with Emotional Behavioral Disorders who at risk of being removed from the home or school.

## **Disaster Assistance**

### **2-1-1**

- Help line run by United Way with updated information on where to get help.
- Direct Dial 2-1-1 Resource information and help line is available 24 hrs./7 days a week by phone
- Text 211: 898-211 for assistance Monday – Friday from 8 a.m. to 5 p.m. Texts after 5 p.m. will be prompted to call 2-1-1

## **Catholic Charities of SWLA Diocese of Lake Charles**

(337) 439-7436 Fax: (337) 439-7435 (1225 2<sup>nd</sup> Street, Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jefferson Davis parishes.  
Taking registrations for disaster assistance when needed.

## **FEMA**

1-800-621-3362 [www.fema.gov](http://www.fema.gov) & [www.disasterassistance.gov](http://www.disasterassistance.gov)

- TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE.

## **SBA Disaster Assistance Center**

(504) 589-6685 (365 Canal St, Suite 2820, New Orleans, LA)

- SBA Answer Desk: 1-800-827-5722; Disaster Loans: 1-800-659-2955

## **Legal Services**

### **Acadiana Legal Service Corporation** [www.la-law.org](http://www.la-law.org)

(337) 439-0377 Fax: (337) 439-0636 (One Lakeshore Dr., Ste.800 Lake Charles 70629)

- Provide free legal assistance in civil matters such as divorces, child custody, consumer, housing and public benefit issues.
- Mon – Fri 8:30 am– 12 pm & 1 pm – 5 pm

### **Child Support Enforcement / La. Dept. of Children & Family Services**

- 1-888-524-3578 & [www.dcf.la.gov](http://www.dcf.la.gov)

### **La Familia Resource Center**

(337) 312-2906, (337) 564-5943 Fax: (337) 564-5402 (650 Dr. Michael Debakey Dr., Lake Charles 70601)

- Open Mon. – Thurs. from 9:00 a.m. to 3 p.m.
- They are a bilingual multiservice org that offers, citizenship classes as needed, ESL (English as second language) and Spanish classes, family advocacy, interpreter services to local businesses, translation of documents, after school tutoring, Immigration guidance w/ referral to attorneys, resources and services.

### **Louisiana Civil Justice Center**

1-800-310-7029 (504)355-0970 [www.laciviljustice.org](http://www.laciviljustice.org) & [www.lawhelp.org/la](http://www.lawhelp.org/la)

- Telephone advice and referral service for low income elderly or disaster affected Louisiana residents.
- Information and self-help resources provided to those who aren't qualified for free legal aid.
- Intake and referral service for people seeking pro-bono oil spill claims assistance.
- Monday – Friday from 9 am to 12 pm ( Legal Hot Line)

### **Southwest Louisiana Law Center**

(337) 436-3308 Fax: (337) 433-2523 [www.swla-law-center.com](http://www.swla-law-center.com)

- Non-profit law firm - provides low cost legal services - fees charged on sliding scale
- By appointment only - \$75 up-front, consultation fee required
- 8:30 a.m. to 5:00 p.m. Monday – Friday, Closed 12:00 p.m. to 1:00 p.m. for lunch
- Photo ID required
- Civil matters only – no criminal matters
- Not “Legal Aid”

### **St. Frances Cabrini Immigration Law Center**

(337) 477-0683 Fax: (337) 477-1863 (3226 Lake Street, Lake Charles 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers. Periodic workshops and lectures.
- Open Mon. – Fri. from 8 a.m. – 5 p.m.; closed 12 – 1 for lunch

## **Referral Services**

**Assurance Wireless – Lifeline Assistance Government Phones** [www.assurancewireless.com](http://www.assurancewireless.com)

## **Adult Protection**

1-800-898-4910 Fax: (225) 342-9069

- Investigate abuse, neglect, exploitation and extortion of disabled people (ages 18 – 59)
- Will not accept cases by fax, only by phone

**Autism Services of Southwest Louisiana** [www.autismservicesswla.com](http://www.autismservicesswla.com) email: [info@autismservicesswla.com](mailto:info@autismservicesswla.com)  
(337) 436-5001 Fax: (337) 436-5002 (3006 Common St., Lake Charles 70601)

- Non-profit providing housing and supports for adults (ages 18 and up) on the autism spectrum.

**The Beacon Center** [www.beaconlc.org](http://www.beaconlc.org)

(337) 930-2633 (P.O. Box 485, Lake Charles, LA 70602) [thebeacon@gmail.com](mailto:thebeacon@gmail.com); FB & Instagram: thebeaconlc

- Free haircuts, showers, laundry services and hygiene items for homeless in Lake Charles. Do not have a permanent location, but services are provided at different temporary locations. Call for pick-up if needed.

## **Best Buddies**

(305) 374-2233 [www.bestbuddies.org](http://www.bestbuddies.org) & [www.cbuddies.org](http://www.cbuddies.org)

- Mentoring and friendship program for people with intellectual disabilities. Free e-mail pen pal program.

## **Big Brothers Big Sisters of SWLA**

(337) 478-KIDS Fax: (337) 474-5677 Contact us at [www.bbsswla.org](http://www.bbsswla.org) (4135 Common St., Lake Charles 70607)

- Open Mon. – Fri. from 8 a.m. – 5 p.m.

## **Calcasieu Parish Animal Services and Adoption Center for Calcasieu** [www.petfinder.com](http://www.petfinder.com)

(337) 721-3730 (5500A Swift Plant Rd., Lake Charles 70615)

- Spay Neuter Assistance Program – call for specific guidelines.

## **Calcasieu Parish School Board (Lead Agency) Early Childhood Department**

(337) 217-4210 (1618 Mill Street, Lake Charles 70601)

- CCAP location for finger scans
  - Pamela Darbonne – 337-217-4210 Ext. 2806
  - Tonja Johnson – 337-217-4210 Ext. 2805
  - Lydia Jacob – 337-217-4210 Ext. 2802
  - Sherri Smith – 337-217-4210 Ext. 2804

## **CARC** [www.carc.us](http://www.carc.us)

(337) 433-3620 (4100 Sen J Bennett Johnston Ave., Lake Charles)

- Opportunities and services for people with developmental disabilities.

## **Exceptional Lives Louisiana** <http://la.exceptionallives.org/>

1-844-354-1212

- On-line referral and resource assistance for children and young adults with disabilities.

## **Families Helping Families** [www.fhfswla.org](http://www.fhfswla.org) email: [info@fhfswla.org](mailto:info@fhfswla.org)

(337) 436-2570 or 800-894-6558 Fax: (337) 436-2578 (2927 Hodges St., Lake Charles, 70601)

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.
- Covers Allen, Beauregard, Calcasieu, Cameron, & Jeff Davis parishes.

## **F.I.N.S. (Families in Need of Services) Office of Juvenile Justice Services**

(337) 721-3900 Fax: (337) 721-3907 (PO Box 2073, Lake Charles 70602)

- Assist in coordination of services for children and parents who need intervention before criminal behavior.

**Gabriel Project** by the Diocese of Lake Charles

(337)439-7400 Ext. 317 [www.rachelsvineyard.org](http://www.rachelsvineyard.org) Contact: Marjorie Long

- Make referrals to individual Catholic parishes to assist parents with the physical and spiritual needs of parenting.

**Imperial Calcasieu Human Services Authority Developmental Disabilities Division (ImCal HSA)**

(337) 475-3100 & 1-800-631-8810 Fax: 337-475-8055

(One Lakeshore Drive, Suite 2000 (20<sup>th</sup> Floor), Lake Charles 70629) [www.imcalhsa.org](http://www.imcalhsa.org)

**Lighthouse Ministries, Inc.** [www.lighthouseministriesinc.org](http://www.lighthouseministriesinc.org)

(337) 666-2678 & Fax: (337) 666-2679 (P.O. Box 130, 150 Lighthouse Lane, Reeves, LA 70658)

- Licensed as a Child Residential Center for ages 0-18. Focus is on pregnant teens who can live with their babies until age 18.
- Residents are home schooled, receive counseling, and classes on life skills, anger management, safe sleep, child birth, parenting, breastfeeding, infant CPR, Bible and more.

**Louisiana Dept. of Insurance** [www.lds.la.gov](http://www.lds.la.gov)

1-800-259-5300 & (225) 342-5900 Fax: 225-342-3078

(1702 N. Third St., Baton Rouge, 70802; Mailing: P.O. Box 94214, Baton Rouge, 70804-9214)

- For questions about insurance call for assistance

**Louisiana Assistive Technology**

1-800-270-6185 & (225) 925-9500 [www.latan.org](http://www.latan.org) Fax: (225) 925-9560

(3042 Old Forge Dr. Ste. D. P.O. Box 14115, Baton Rouge 70898)

- Medical and assistive equipment distribution program after large-scale disasters
- Loans for purchase of assistive technology and home/vehicle modification, and other help to individuals with disabilities
- A.T. Market Place is a data base of used, free or low-cost equipment, device demonstrations and device loans

**Nurse-Family Partnership**

(337) 478-6020 ext. 6049 Fax: (337) 479-2522 (at Calcasieu Parish Health Unit - 3236 Kirkman St., Lake Charles, 70601)

Contact: Sheila V. Schuetz, B.S.N., R.N., Region V Nurse-Family Partnership Supervisor

- Pre-natal and early childhood intervention program to improve the health and social functioning of income eligible, first-time mothers and their babies.
- First home visit must be initiated before 28 weeks gestation, and visits continue until child is 2 years.
- Nurse home visitors housed at Allen, Beauregard, Calcasieu and Jeff Davis Parish Health Units

**The Open Door, Faith Based Community Organization, Inc. 501(c)3**

(337) 436-6700 Fax: (337) 436-6720 (P.O. Box 3144, Lake Charles, LA 70602; 3519 Patrick Street, Suite 150 70605)

- Open Mon. – Thurs., 9 am – 1 pm
- Resource for women in prison/jail and re-entering society in our locale
- One on one mentoring prior and post release in the Women’s Correctional Services of the CPSO
- Offering 10 programs within the WCS focusing on Re-entry needs
- Life skills that parallel with MRT and financial literacy
- Classes on parenting offered while inside and after release

**Pink Life**

(337) 302-1117 [pinklifeus.wixsite.com/info](http://pinklifeus.wixsite.com/info)

- Non-profit, faith-based organization working to eradicate teen pregnancy and in Calcasieu Parish
- Providing support and baby items for those in need

**SOAR (Steeds of Acceptance and Renewal) Therapeutic Riding Program**

[www.lakecharlestherapyhorse.com](http://www.lakecharlestherapyhorse.com) (6061 Tom Hebert Rd., Lake Charles, LA 70607)

- Therapeutic riding program which offers equine-assisted activities conducted by PATH certified instructors.

**Social Security Administration** 1-800-772-1213

**Southwest Louisiana Abolitionists**

(337) 476-9868 email: [swlaabolitionists@gmail.com](mailto:swlaabolitionists@gmail.com)

- Anti-human trafficking organization
- Contact to arrange for someone to speak to a group or to assist with a rescue

**St. Nicholas Center for Children**

(337) 491-0800 Fax: (337) 491-0508 (2519 Ryan Street, Lake Charles 70601) [www.stnickcenter.org](http://www.stnickcenter.org)

- Transforms the lives of children diagnosed with autism, delays and disorders by providing therapy and family support.
- Offers ABA(Applied Behavior Analysis) therapy, physical therapy, occupational therapy, speech therapy, and social skills groups.

**United Way of Southwest Louisiana** [www.unitedwayswla.org](http://www.unitedwayswla.org) 2-1-1

(337) 433-1088 & 1-888-433-1088 Fax: (337) 433-3679 (815 Ryan Street, Lake Charles 70601)

- Direct Dial 2-1-1 Resource information and help line is available 24 hrs./7 days a week by phone. Text 211: 898-211 for assistance Monday – Friday from 8 a.m. to 5 p.m. Texts after 5:00 p.m. will be prompted to call 2-1-1.
- VIA LINK Crisis Online Chat – a 24/7 online crisis chat for anyone going through a hard time, having thoughts of suicide or just needs someone to talk to, visit: [www.unitedwayswla.org/crisischat](http://www.unitedwayswla.org/crisischat)

**YES (Youth, Education & Service) Founded by the Southwest Louisiana AIDS Council**

(337) 439-5861 & 1-800-256-5145 Fax: (337) 463-8713 (425 Kingsley St., Lake Charles 70601)

- A collaboration of community agencies and individual members who provide direct services that improve social, economic and health disparity outcomes for youth through networking, educating and offering support to each other. All youth agencies and youth-serving individuals are invited to join.

**Transportation**

**Calcasieu Council on Aging Transportation**

(337) 474-2583

- Seniors age 60 and older and disabled persons in Calcasieu Parish
- Priority given to non-emergency medical appointments on first come, first served basis
- Services free of charge but contributions are greatly appreciated

**LogistiCare Solutions Medicaid Transportation (through Louisiana Healthcare Connections)**

1-855-369-3723 (TDD/TYY 1-866-288-3133)

**Calcasieu Parish Public Transit System**

[www.cppj.net](http://www.cppj.net) (337) 721-4040 & Fax: (337) 721-4181 (1155 Ryan St., Suite A, Lake Charles 70601)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice or more.
- Grocery Shopping Service available for ages 65 or over every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month from 9 am to 11 am and 1 pm to 3 pm. Individuals limited to one destination per trip.
- Job access and reverse commute from 6am to 11 pm
- All based upon availability.

**Southeast Transportation Medicaid Transportation**

1-855-325-7565

### **Reduced Bus Rate Pass- City of Lake Charles Transit Division**

(337) 491-1253 (1155 Ryan St., Lake Charles 70601)

- Hours of operation: Buses & Para-Transit – 5:45 AM to 5:45 PM (Closed some holidays)
- Disabled individuals are to provide their government issued disabled ID (obtainable from the Department of Motor Vehicles) when boarding. Disabled passengers ride for 25¢.
- Passengers that receive Medicare Services must present their photo ID and their Medicare card when boarding. Medicare passengers ride for 25¢.
- Senior Citizens (65 and older) must present photo ID when boarding to ride at the discounted rate of 50¢.
- Students must present their school photo ID when boarding to ride at the discounted rate of 50¢.
- Children under 3 years of age ride free & transfers between routes are free.

### **Volunteers Needed**

#### **The Beacon Center [www.beaconlc.org](http://www.beaconlc.org)**

(337) 930-2633 (P.O. Box 485, Lake Charles, LA 70602) [thebeacon@gmail.com](mailto:thebeacon@gmail.com); FB & Instagram: thebeaconlc

- Need volunteers to work at homeless hygiene center, and also with fundraising and donation drives.

#### **Big Brothers Big Sisters of SWLA**

(337) 478-KIDS Fax: (337) 474-5677 Contact us at [www.bbbsswla.org](http://www.bbbsswla.org) (4135 Common St., Lake Charles 70607)

- Need volunteer mentors.
  - Community Big Brothers or Big Sisters (Volunteer Mentors)
  - School-Based Big Brothers or Big Sisters (Volunteer Mentors)

#### **Calcasieu Police Jury Human Services [www.cppj.net](http://www.cppj.net)**

(337) 249-1039 (Ask for Angela Jouett)

- CPPJ Volunteers in Partnership & Service Program (VIPS) – individuals 55 and older who would like to volunteer
- Senior Volunteers through TRIAD Program (CIL & Buddy)
- Calcasieu Medical Reserve Corps, 337-249-1039 – medical and non-medical volunteers

#### **Care Help of Sulphur [www.care-help.org](http://www.care-help.org)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington, Sulphur 70663)

- Need volunteers.

#### **Catholic Charities of SWLA Diocese of Lake Charles**

(337) 439-7436 Fax: (337) 439-7435 (1225 2<sup>nd</sup> Street, Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jefferson Davis parishes.  
Please call our office if you are interested in volunteering and ask for the Office Manager.
  - Volunteers are needed to help sign-up persons for the food bank and help distribute food.
  - Volunteers are needed for disaster relief efforts and other humanitarian efforts.
  - Volunteers are needed to assist with clerical work and to help answer the phone.
  - Volunteers are needed to assist with different projects in our warehouses.

#### **Children's Museum of SWLA**

(337) 433-9420 (327 Broad St., Lake Charles 70601)

- Volunteers are needed to help with cleaning/sanitizing exhibit areas, preparing art materials and monitoring visitors. Occasionally need volunteers to assist with painting and repairs.
- Volunteers must be 16 or older and preschedule their time.

#### **Habitat for Humanity**

(337) 419-3677

- Volunteers needed weekly Tues. – Sat. at both the Restore from 10 am to 5 pm and the Construction Site from 8 am to 2 pm.

### **Hobo Hotel for Cats**

Contact Volunteer Coordinator Debbie Watts at (337) 439-2428 or [hobo.hotel@bellsouth.net](mailto:hobo.hotel@bellsouth.net)

- Recruiting volunteers to assist with the temporary or permanent care of cats.
- Children's program available for children accompanied by an adult.

### **Lake Charles Senior Center**

(337) 433-0805 or 433-0668 (1530 5<sup>th</sup> Street, Lake Charles) Shelia Evans, Senior Coordinator

- Need volunteers for special events, seasonal decorations, cookbook and sewing projects.

### **Lighthouse Ministries, Inc. [www.lighthouseministriesinc.org](http://www.lighthouseministriesinc.org)**

(337) 666-2678 & Fax: (337) 666-2679 (P.O. Box 130, 150 Lighthouse Lane, Reeves, LA 70658)

- Licensed as a Child Residential Center for ages 0 – 18. Focus is on pregnant teens who can live with their babies until age 18.
- Volunteers needed to teach new born parenting, hygiene, and life skills (cooking, cleaning, budgeting, thrift shopping)

### **Music Makers 2 U**

(337) 244-9314 Contact: Eva LeBlanc @ [emleblanc@yahoo.com](mailto:emleblanc@yahoo.com)

- Needs volunteers to assist in the coordination of instrument pairings.

### **Southwest Louisiana Abolitionists**

(337) 476-9868 email: [swlaabolitionists@gmail.com](mailto:swlaabolitionists@gmail.com)

- Anti-human trafficking organization needs volunteers in a variety of areas. Volunteer form available at [www.swlaAbolitionists.com](http://www.swlaAbolitionists.com)

### **USS Orleck Naval Museum**

(337) 214-7447 (604 N. Enterprise Blvd., Lake Charles, LA 70601)

- Open Mon thru Fri – 10 am to 3 pm & Sat – 10 am to 4pm

Recruiting adult volunteers in the following areas (some positions appropriate for youth and family volunteers):

- Tour guides to lead 1 ½ hour tours
- Electricians, mechanics, welders, and carpenters
- Anyone agreeable to sweep and mop the decks, and vacuum the few areas that have carpet
- Anyone agreeable to dusting, and organizing - with care - the items on the ship
- Anyone agreeable to walking the parking lot to pick up trash
- People to assist in public events to man publicity booths
- Volunteers to monitor and assist with Laser tag parties

### **Veteran's Services**

#### **City of Refuge (Veteran's Homeless Shelter)**

(337) 589-4407 & Fax: (337) 589-7829 (5899 Hwy 3112, Vinton 70668)

- For single male Veterans
- Please call ahead for availability. **Hospitals or care facilities must call.**

#### **Disabled American Veterans**

- Van to Alexandria - Call Paul Abbott at 1-800-375-8387 x 2709. Van leaves LCPD on Enterprise no later than 5:30 a.m.
- For claims assistance: on Thursdays between 12 and 2 p.m., DAV representatives will be at 5516 Hwy 90 E. on 1st & 3rd Thursday and in Sulphur on 2nd Thursday

#### **Louisiana Department of Veterans Affairs Calcasieu and Beauregard Service Office**

- Veterans Assistance Counselor
- Calcasieu Parish Courthouse Ground Floor (337) 491-2309 (1000 Ryan St., Lake Charles, LA 70601)
- DeRidder Office, War Memorial Civic Center (337) 463-7305 (250 West 7th St., DeRidder, LA 70634)

**National Suicide Prevention Lifeline/ Veteran’s Crisis Line**

1-800-273-8255 (TALK)

**Supportive Services for Veteran Families – Volunteers of America Greater Baton Rouge**

(225) 388-5800 Fax: (225) 388-9812

- Promotes housing stability among low-income veteran families who reside in or are transitioning to permanent housing.
- Required documents: DD124 and/or VA Medical Card, proof of income, copy of ID, SS Card, birth certificate on all household members, homeless verification letter and/or third party verification (if homeless), copy of lease and eviction or late notice (if pending eviction)

**Veteran’s Administration Community Based Outpatient Clinic**

(337) 475-9500 (3601 Gerstner Memorial Dr., Hwy. 14, Lake Charles, LA 70607)

- Open Monday – Friday, 8 – 4:30

**Veteran’s Affairs**

1-800-827-1000 & [www.va.gov](http://www.va.gov) Veteran’s Crisis Line: 1-800-273-8255 (Press 1)

**Veteran’s Homeless Resource**

1-877-424-3838 (Alexandria, VA)

**W.B. Williamson American Legion Post 1**

(337) 436-3300 (1530 Ninth St, Lake Charles, LA 70601)

- Open Monday -Friday 9 a.m. -3 p.m.

**William B. Guillory Post 370**

(337) 436-2922 (2540 Miller Ave., Westlake, LA 70669)

**Counseling Services**

**ABC Pregnancy Resource Center (Lake Charles) [www.abcprc.com](http://www.abcprc.com)**

(337) 433-2797 Fax: (337) 433-1334 (9 – 3 Mon, Tues, Wed & Fri; 9 – 5 Thurs)

**Adoptions – Volunteers of America**

(337) 497-0034 in Lake Charles & 1-877-291-6807 (24-Hour phone line)

**Alcohol and Abuse Helpline**

(337) 480-0120

**Alcoholics Anonymous**

[www.aa-swla.org](http://www.aa-swla.org) (lists meetings in SWLA)

**Alzheimer’s Association**

La. Chapter: 1-800-272-3900 [www.alz.org](http://www.alz.org)

**Child Protection Hotline**

1-855-452-5437 Fax: (337) 491-2654

**Community Pregnancy Center (DeRidder)**

(337) 463-9500 (422 MacMahon St., DeRidder, LA 70634)

- Tues. & Wed. 8:30 am – 3 pm

**Crossing Roads ABA Services**

(337) 376-0136 (133 Jefferson Dr., Lake Charles 70605)

**Emmanuel Counseling Center**

(337) 485-9564

**Family & Youth Counseling**

(337) 436-9533 Fax: (337) 439-9941 & [www.fyca.org](http://www.fyca.org) (220 Louie St., Lake Charles 70601)



### **Family Caregiver Support Groups**

- A group of persons who meet together for fellowship and to share experiences, strengths, hopes and difficulties with each other so that they may solve common problems and help fellow caregivers. We have a facilitator and an educational speaker at each meeting. We meet at the following locations monthly:
- **The Gardens** – 3<sup>rd</sup> Wed. at noon, 1401 Country Club Rd., Lake Charles
- **Sulphur Senior Activity Center** – 3<sup>rd</sup> Thurs. at noon, 601 Maple St., Sulphur
- **Brookdale Senior Living** – 4<sup>th</sup> Tues. at 5:30 p.m., 2420 Country Club Rd., Lake Charles

### **Gulf Coast Behavior Services**

(337) 263-0819 Fax: (337) 240-8397

- For disability services or Autism services for all ages
- Provide in-home Applied Behavior Analysis (ABA) Autism therapy services including 1 on 1 therapy, socialization, communication, and self-help skills, and parent/caregiver training.

### **HALOS (Healing After Loved Ones Suicide)**

- Contact - [halosswla@gmail.com](mailto:halosswla@gmail.com) Find HALOS on Facebook. Jody Barrilleaux, Facilitator
- Meets at 1<sup>st</sup> Tuesday of the month at 6 p.m., Sulphur Hampton Inn, 210 Henning Dr.
- Meets at 3<sup>rd</sup> Tuesday of the month at 6 p.m., Christus Lake Area Medical Nelson Road (exit back entrance of hospital through day surgery, go left to Ben Mount board room)

### **Jeremiah 29:11 Autism Support Group**

(337) 526-6649 (Kayla Miller) email: [jeremiah2911autismgroup@hotmail.com](mailto:jeremiah2911autismgroup@hotmail.com)

- Open to all who love someone on the spectrum (not for individuals with a diagnosis)
- Meet 1<sup>st</sup> Tuesday each month from 6 to 8 p.m. at Christus Lake Area Medical Nelson Road (exit back entrance of hospital through day surgery, go left to Ben Mount board room)

### **Imperial Calcasieu Human Services Authority (ImCal HSA)**

- Toll-Free 1-866-698-5304; Crisis Line 1-800-272-8367
- Offering a variety of services including psychiatric and psychosocial evaluation and counseling, addiction counseling including alcohol, drug and gambling addictions, crisis intervention, medication management and more.
- Accepts private insurance, Medicare and Medicaid. Offers free or discounted fees for services to eligible recipients.

#### **Allen Behavioral Health Clinic**

(337) 639-3001 Fax: (337) 639-3008 (402 Industrial Drive, Oberlin, LA 70655)

- Tuesday & Thursday, 8 am to 4:30 pm

#### **Beauregard Behavioral Health Clinic**

(337) 462-1641 Fax: (337) 462-1354 (106 Port St., DeRidder, LA 70634)

- Monday, Wednesday & Friday, 8 am to 4:30 pm

#### **Jefferson Davis Behavioral Health Clinic**

(337) 246-7325 Fax: (337) 246-7328 (1211 North Cutting Ave., Jennings, LA 70546)

- Tuesday & Thursday, 8 am to 4:30 pm

#### **Lake Charles Behavioral Health Clinic**

(337) 475-8022 or toll-free at 1-866-698-5304 Fax: (337) 475-8054 (4105 Kirkman Street, Lake Charles, LA 70607)

- Call or walk in for services.
- Mon. – Fri., 7:30 am to 4:30 pm
- ImHealthy Primary Care Clinic (See Medication Assistance and Physical Health Section)

### **Louisiana Center for the Blind**

866-444-4496 Wendy Jackson

### **National Council on Compulsive Gambling**

1-800-522-4700 Fax: (318) 220-7579

**McNeese Autism Program** [www.mcneese.edu/autism/](http://www.mcneese.edu/autism/)

(337) 562-4246 Fax: (337) 562-4221 email: [MAPCounseling@McNeese.edu](mailto:MAPCounseling@McNeese.edu)

- Provides ABA (Applied Behavior Analysis) and “Super School” school and social skills preparatory program for individuals with Autism and other Developmental Disabilities.
- Provides Counseling treatment services for family members of those diagnosed with Autism and other behavior or developmental conditions, as well as individuals living with High Function Autism (HFA) or Asperger Syndrome.
- Medicaid Provider / Nonprofit Organization

**National Alliance for the Mentally Ill (NAMI)** [www.namiswa.org](http://www.namiswa.org)

(337) 433-0219 Fax: (337) 433-1860 (710 W. Prien Lake Rd., Lake Charles 70601)

- NAMI Achieving Wellness/Connections Support Group for adults with a mental illness meets 2nd and 4th Friday of each month from 11am – 12 pm at NAMI's Office 710 West Prien Lake Rd., in Lake Charles.
- NAMI Family Support Group for families/friends of individuals with a mental illness diagnosis meets the 3<sup>rd</sup> Tuesday of each month at NAMI office from 6 pm to 7 pm.
- Mental Health Outreach Program to provide services to individuals seeking help for their family members or themselves.
- NAMI SWLA Warm Line (337-433-2500 – Open Mon. – Fri. from 9 a.m. – 4 p.m.) – Provides services to individuals seeking help for their family members or themselves.

**National Suicide Prevention Lifeline/ Veteran’s Crisis Line**

1-800-273-8255 (TALK)

**New Life Counseling**

(337) 474-7003/(800)712-4357 Fax: (337) 474-1282. (631 E. School Street Lake Charles, 70607)

- Appt only M-F 9 am -4 pm & Walk-ins MTW 9:30 am -2:30 pm

**Oasis Safe Haven: Sexual Violence Program**

(337) 494-7273 or 1-866-570-7273 Fax:(337) 436-8327

**Pregnancy Counseling – Volunteers of America**

(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line)

**Rachel’s Vineyard of SWLA by the Diocese of Lake Charles**

(337)439-7400 Ext. 317 [www.rachelsvineyard.org](http://www.rachelsvineyard.org) Contact: Marjorie Long

- Healing the pain of Abortion, One Weekend at a Time.
- M-F 8:30 a.m.-4:30 p.m.

**Silent Footprints**

(337) 438-6213 (P.O. Box 50, Lake Charles 70602) [silent.footprints@yahoo.com](mailto:silent.footprints@yahoo.com)

- Support group for pregnancy infant and child loss; usually held on Sundays; check Facebook and Instagram for time & location

**Smile Moore** [www.smilemoore.net](http://www.smilemoore.net)

Email: [info@smilemoore.net](mailto:info@smilemoore.net)

- Smile Moore is an approved 501(c)3 nonprofit organization that award grants to the children of widows and widowers, under 18, for extracurricular activities, summer camps, birthday parties and much more! The organization is a center of resources for both adults and children to find out all the programs and services our community offers such as counseling, grief support groups etc. Making a difference one SMILE at a time!
- TRUTH (Together Restore Us To Happiness) Grief Group; meets each month at 6 p.m. at Reeves Uptown in Lake Charles
- Upcoming dates – 2/4, 3/4, 4/1, 5/6, 6/3, 7/1, 8/5, 9/3, 10/7, and 11/4

**University United Methodist Church Circle Up Discipleship Group** [www.universitymethodist.com](http://www.universitymethodist.com)

(337) 477-2003 Fax: (337) 478-8106 (3501 Patrick St., Lake Charles 70605)

- Faith based “Circle Up Discipleship Group” for consumers of mental health services.
- Meetings are every Wednesday night at 5:30 pm. Call the church office at 477-2003 to confirm that Circle Up is meeting before planning to attend.

**Behavioral Health Services**

*Many of these providers are for-profit and may require payment for services. Please ask about payment plans when scheduling service.*

**Addiction Disorders**

**Addiction Center for Treatment**

Helpline: 1-800-210-6085 / Business line: 561-361-6608

**Alcohol and Drug Treatment Referral**

1-800-454-8966

**Alcohol and Abuse Helpline**

(337) 480-0120

**Alcoholics Anonymous**

[www.aa-swla.org](http://www.aa-swla.org) (lists meetings in SWLA)

**Allen Parish Outreach/Oakdale ADC**

(318) 335-3578 Fax: (318) 335-3753

**Pathways Community Health**

(337) 433-3786 & 1-888-403-1071 Fax: (337) 441-5998

**Applegate Recovery-Lake Charles**

(337) 564-6737 Fax: (337) 564-6739 (751 Bayou Pines East, Suite P, Lake Charles 70601)

- Provides medication assisted treatment and counseling for Opioid Use Disorder.
- Physicians, LNP, LCSW, and LPC on staff.

**Beyond Words, Inc.**

(337) 419-3586 Fax: (855) 239-9737 (1409 Kirkman St., Lake Charles)

- Mon., - Thurs. 8 a.m. – 5 p.m.; Fri. 8 a.m. to 12 p.m.
- Psychological and Behavioral Health Services for Medicaid Patients which include Counseling treatment, Crisis Management, Medication Management, Psycho social Skills Training, Autism Specific Services (ABA) Therapy, Family Functioning Therapy (FFT) and Group therapy Sessions.
- Lake Charles Location includes on-site Pharmacy open to the Public.

**Chadha Medical Rural Health Clinic – DeQuincy**

(337) 786-5007 Fax: (337) 786-5009

**Compass Health Inpatient Mental Health & Medical Detox Services**

Intake for inpatient: (337) 269-7170; Residential Program: (337) 948-5055 Fax: (337) 942-1060

Compass Recovery Center (Detox): (337) 261-6343

**Brentwood Psychiatric and Addictive Treatment Services** [www.brentwoodbehavioral.com](http://www.brentwoodbehavioral.com)

(318) 678-7500/toll free (877) 678-7500 Fax: 800-558-8022 (1006 Highland Ave., Shreveport 71101)

- Child & Adolescent Inpatient Program and Partial Hospitalization Program – Ages 4-17
- Adult Inpatient Program and Partial Hospitalization Program – Ages 18+
- Adult Chemical Dependency and Addiction Inpatient – Ages 18+
- Senior Care Inpatient Program and Intensive Outpatient Program- Ages 55+

**Lake Charles Substance Abuse Clinic/Behavioral Health Group**

(337) 433-8281 Fax: (337) 433-7938

- Opiate Treatment Program

**New Beginnings of Lake Charles**

(337) 855-9773 Fax: (337) 855-9776

145 Victoria Drive, Lake Charles, LA 70611

**New Horizons Counseling Center**

(337) 478-1411 Fax: (337) 562-1489

614 Esplanade St, Lake Charles, LA 70607

**Imperial Calcasieu Human Services Authority (ImCal HSA)**

- Toll-Free 1-866-698-5304; Crisis Line 1-800-272-8367
- Offering a variety of services including psychiatric and psychosocial evaluation and counseling, addiction counseling including alcohol, drug and gambling addictions, crisis intervention, medication management and more.
- Accepts private insurance, Medicare and Medicaid. Offers free or discounted fees for services to eligible recipients.

**Allen Behavioral Health Clinic**

(337) 639-3001 Fax: (337) 639-3008 (402 Industrial Drive, Oberlin, LA 70655)

- Tuesday & Thursday, 8 am to 4:30 pm

**Beauregard Behavioral Health Clinic**

(337) 462-1641 Fax: (337) 462-1354 (106 Port St., DeRidder, LA 70634)

- Monday, Wednesday & Friday, 8 am to 4:30 pm

**Jefferson Davis Behavioral Health Clinic**

(337) 246-7325 Fax: (337) 246-7328 (1211 North Cutting Ave., Jennings, LA 70546)

- Tuesday & Thursday, 8 am to 4:30 pm

**Lake Charles Behavioral Health Clinic**

(337) 475-8022 or toll-free at 1-866-698-5304 Fax: (337) 475-8054 (4105 Kirkman Street, Lake Charles, LA 70607)

- Call or walk in for services.
- Mon. – Fri., 7:30 am to 4:30 pm
- ImHealthy Primary Care Clinic (See Medication Assistance and Physical Health Section)

**New Day Recovery**

West Monroe: (318) 855-8773 Fax: (318) 855-8779

Shreveport: (318) 562-6320 Fax: (318) 562-6634

- Male only facilities with inpatient and outpatient services. Takes private insurance and Medicaid.

**Townsend Addiction Treatment Center**

(337) 216-7502 in Lafayette & 1-800-504-1714 (Crisis Hotline) Fax: (337) 216-7542

4540 Ambassador Caffery Dr., Suite 110, Lafayette, LA 70508

**Vermilion Behavioral Health Systems**

(337) 234-5614 & 1-800-821-2567 (2520 North University Ave., Lafayette, LA 70507)

**Mental Health & Psychiatric Counseling**

**Advanced Psychiatric Services**

(337) 310-0153 Fax: (337) 310-0202 (3501 5<sup>th</sup> Ave., Ste. A, Lake Charles 70607)

**Bridgeway Psychiatric Center**

(337) 562-0211 Fax: (337) 562-0212 (3451 5<sup>th</sup> Avenue Lake Charles 70607)

**Christian Counseling Clinic**

(337) 474-1218 Fax: (337) 474-2929 132 Arlington Dr., Lake Charles, LA

**Counseling Services of Southwest LA**

(337) 431-7194 Fax: (337) 431-7198

3711 Ernest St., Lake Charles, LA

**Eddie Windham Family & Individual Counseling**

(337) 565-1257 Fax: (337) 480-4067

300 E. McNeese, Ste 3A Lake Charles, LA 70605

**Emmanuel Counseling Services**

(337) 485-9564 (2409 2<sup>nd</sup> St., Lake Charles, LA 70601)

**Family and Youth Counseling Agency**

(337) 436-9533 Fax: (337) 439-9941 [www.fyca.org](http://www.fyca.org) (220 Louie Street, Lake Charles, LA 70601)

**Gulf Coast Psychiatry**

(337) 562-8100 Fax: (337) 562-8356

**Institute for Neuropsychiatry**

(337) 477-7091 Fax: (337) 474-4552

**Kay Doré Counseling Clinic at McNeese**

(337) 475-5981 Fax: (337) 562-4221 [www.mcneese.edu/kdcc](http://www.mcneese.edu/kdcc)

- Open all year Mon-Fri 8 am-5 pm, Sat 9 am -12; Professional services include: individual, family, adolescent, couple, marriage counseling services, and community workshops/training. Low, flat fee for services.

**Lake Area Psychiatry**

(337) 478-9331 Fax: (337) 478-9828 (333 Dr. Michael DeBakey Dr., Ste. 220, Lake Charles 70601)

**Lake Charles Clinical Trials**

(337) 564-6405 Fax: (337) 656-2563 (One Lakeshore Drive, Suite 1695, Lake Charles, LA 70629)

**New Horizons Counseling Center**

(337) 478-1411 Fax: (337) 562-1489  
(614 Esplanade St, Lake Charles, LA 70607)

**Mental Connections of Southwest LLC**

(337) 376-0136 (133 Jefferson Dr., Lake Charles 70605)  
Robin C. Daugereau, MA, LPC

**The Psychology Clinic – Lake Charles**

(337) 474-2682 Fax: (337) 474-4601

**Quit Now Smoking Cessation Counseling**

[www.quitwithusla.org](http://www.quitwithusla.org) 1.800.QuitNow(784.8669; 24 hr line)

**Rehab Services of SWLA**

(337) 433-3292 Fax: (337) 433-3293 (751 Bayou Pines East, Ste C, Lake Charles, LA 70601)

- Specializing in mental health of children, adolescents and adults. **Medicaid recipients only.**

**Resolutions Counseling [www.resolutionscounselingservices.org](http://www.resolutionscounselingservices.org)**

(337) 429-5129 Fax: (337) 214-2077 (3501 5<sup>th</sup> Ave., Ste. A, Lake Charles, LA 70607)

**Resource Management Services**

(337) 437-4014 Fax: (337)437-8283 (1333 Common St. Lake Charles LA 70601)

**Restoration Counseling Services at Volunteers of America**

(337) 497-0034 Fax: (337) 497-0229 (2119 Oak Park Blvd., Lake Charles 70601)

- Counseling services available by private pay on a sliding scale to community members.
- Specializing in anxiety, depression, communication skills, anger management, crisis counseling and stress management.
- Brief educational workshops for church staff also available.

**Shepherd's Way Counseling**

(337) 478-1616 (710 W. Prien Lake, #104, Lake Charles 70601)

**Hospitals with Mental Health Programs****Allen Parish Hospital Recovery Unit**

(337) 738-9460 or 1-800-737-2527 Fax: (337) 738-9496 (108 6<sup>th</sup> Ave., Hwy 190 W., Kinder, 70648)

**Calcasieu Oaks**

(337)439-8111 Fax: (337) 439-1970  
(2837 Ernest St., Lake Charles 70601)

**Christus Ochsner St. Patrick Hospital**

(337) 436-2511 HR Fax: (337) 491-7769  
(524 Dr. Michael DeBakey Dr., Lake Charles 70601)

**Compass Health Inpatient Mental Health & Medical Detox Services**

Intake for inpatient: (337) 269-7170; Residential Program: (337) 948-5055 Fax: (337) 942-1060  
Compass Recovery Center (Detox): (337) 261-6343

**DeQuincy Memorial Hospital**

(337) 786-3032 Fax: (337) 786-1219 (110 W. 4<sup>th</sup> Street, DeQuincy 70633)

**Lake Charles Memorial Hospital – Archer Institute**

Call Center: (337) 480-7792 Fax: (337) 480-7743

- Adult, Adolescent & Children – 6713 Nelson Road, Lake Charles 70605
- Geriatric - 1701 Oak Park Blvd., 10 Tower, Lake Charles 70601

**Oceans Behavioral Hospital – DeRidder**

(337) 460- 9472 Fax: (337) 460-9473  
1420 Blankenship Dr., DeRidder 70634

**Oceans Behavioral Hospital – Lake Charles**

(337) 474-7581 Fax: (337) 474-7565  
4250 5<sup>th</sup> Ave., Lake Charles 70607

**Medication Assistance and Physical Health or Disability Services****Advocacy Center**

Primary# 1-800-960-7705 Fax: (504) 522-5507 (8325 Oak St., New Orleans 70118) [www.advocacyla.org](http://www.advocacyla.org)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection of institutional resident's rights.

**Healthy Louisiana (Formerly Bayou Health)**

1-855-229-6848 [www.dhh.louisiana.gov](http://www.dhh.louisiana.gov)

- How most of Louisiana's Medicaid and LaCHIP recipients receive health care services

**Calcasieu Community Clinic**

(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)  
(P.O. Box 91775, 550 East Sale Rd. Ste 217, Lake Charles, La. 70609)

- For low-income, working uninsured adults. One person in household needs to work at least 20 hours per week.
- Diabetes Management Program.
- Open Mon-Thurs 8-4; Fri from 8-12.

**Children's Special Health Services & Calcasieu Parish Health Unit**

(337) 478-6020 Ext. 6040 Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles 70601)  
Contact Marsha Goodly, B.S.N., R.N.

- For children in Louisiana with special health care needs. A child with special needs is a child with a health problem that affects how they grow, move, and act; and a child who needs more health services than most other children.
- Open 8 a.m. – 4:30 p.m. Mon. – Fri. Call for eligibility information.

**C.M.A.P. – Cenla Medication Access Program**

318-443-7494 & 1-888-443-7494 and [www.cmaprx.org](http://www.cmaprx.org) Fax: (318) 448-4473 email: [rxinfo@cmaprx.org](mailto:rxinfo@cmaprx.org)

- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance. Covers entire state of Louisiana. Open 8-12 & 1-5, Mon. – Fri.

**Direct Care (part of Autism Services of Southwest Louisiana)**

(337) 436-5001 & Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (3006 Common St, Lake Charles 70601)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

**Louisiana Developmental Disabilities Council [www.laddc.org](http://www.laddc.org)**

(225) 342-6804 & 1-800-450-8108 Fax: (225) 342-1970 (P.O. Box 3455, 626 Main St., Ste. A, Baton Rouge, LA 70821)

### **ImHealthy at Lake Charles Behavioral Health Clinic**

(337) 475-8022 (4105 Kirkman Street, Lake Charles, LA 70607)

- Integrated behavioral health and primary care treatment services.
- Services include primary care disease management, medication assistance, tobacco cessation, weight management, care coordination and wellness programming.
- *Must be active in behavioral health services at the Lake Charles Behavioral Health Clinic to participate.*

### **Louisiana Rehabilitation Services**

(337)475-8038 & 1-800-520-0589/ TTD# 337-475-8036 Fax: (337)475-8037 (3616 Kirkman St., Lake Charles 70607)

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job, keep a job and develop a career.

### **Nurse-Family Partnership**

(337) 478-6020 ext. 6049 Fax: (337) 479-2522 (at Calcasieu Parish Health Unit - 3236 Kirkman St., Lake Charles, 70601) Contact: Sheila V. Schuetz, B.S.N., R.N., Region V Nurse-Family Partnership Supervisor

- Pre-natal and early childhood intervention program to improve the health and social functioning of income eligible, first-time mothers and their babies.
- First home visit must be initiated before 28 weeks gestation, and visits continue until child is 2 years.
- Nurse home visitors housed at Allen, Beauregard, Calcasieu and Jeff Davis Parish Health Units

### **OB Care Clinic of LCM Health Systems**

(337) 562-0510 Fax: (337) 562-0810 (1420 18<sup>th</sup> street Lake Charles, La 70602)

- 8 am to 4:30 pm Monday thru Friday
- Prenatal care from beginning to end of pregnancy
- Assist with Medicaid applications
- Run by Nurse Practitioners
- Taking new patients
- Babies delivered at LCMH Women Campus
- *By appointment only*

**Partners for Prescription Assistance** 1-888-477-2669 [www.pparx.org](http://www.pparx.org)

- helps pay for medicine

### **Patient Advocate Foundation**

1-800-532-5274 Fax: (757) 873-8999 [www.patientadvocate.org](http://www.patientadvocate.org)

- Offers free help in navigating healthcare systems. Assist with insurance, job & debt financial issues and assist patients with chronic life-threatening illness
- Mon – Thurs, 8 am – 8 pm; Fri, 8:30 am – 7:00 pm EST

### **Senior RX (a program of the Calcasieu Council on Aging)**

(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles, La. 70607)

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

**Southwest Louisiana AIDS Council (SLAC) Contact: Don - [www.slac.org](http://www.slac.org)**

(337) 439-5861 & 1-800-256-5145 Fax: (337) 436-8713 (425 Kingsley St., Lake Charles 70601 – **New Address!**)

- *Provides services for clients living with HIV/AIDS* – HIV counseling & testing, primary and HIV medical care, case management, food pantry, support groups, transportation, dental and eye care as well as community presentations and outreach.

**Southwest Louisiana Center for Health Services - [www.swlahealth.org](http://www.swlahealth.org)**

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

- Provides comprehensive health services, including primary and preventative health services for the uninsured, underinsured, and poverty-stricken populations in southwest Louisiana
- Mon. & Tues 8 am – 7 pm; Wed., & Thurs. 8 am – 5 pm; Fri. 8 am – noon. **Appointments preferred – walk-ins are first come first served with limited openings.**

**@Southwest Louisiana Independence Center (@SLIC)[www.slic-la.org](http://www.slic-la.org)**

(337) 477-7194 & 1-833-600-5766 Fax: (337) 477-7198 (4320 Lake Street, Lake Charles, La 70605)

- **For Hearing Impaired:** Amplified Landline Phones and Hearing Aids provided by LCD (No cost if qualify)
- **For Deaf:** Interpreting Services through @SLIC (by appointment)
- **For Older Adults and Persons with Disabilities:** Advocacy, Information and Referral, Independent Living Skills Training, Peer Counseling, Transitioning, Supported Employment and DSW Services
- **For Persons with Disabilities:** Supported Employment through Louisiana Rehabilitative Services
- **Loaner Closet:** Gently Used (Community Donated) Medical Equipment for persons in need

**Emergency Medication**

**Care Help of Sulphur [www.care-help.org](http://www.care-help.org)**

(337) 528-2273 Fax: (337) 310-0199 (200 N. Huntington St., Sulphur 70663)

- For Sulphur and Carlyss only. No pain medications or psychiatric medications will be accepted.

**Catholic Charities of SWLA Diocese of Lake Charles**

(337) 439-7436 Fax: (337) 439-7435 (1225 2<sup>nd</sup> Street Lake Charles 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jefferson Davis parishes
- **No Narcotics Assistance, no pain medication, or no psych medication given.**
- Persons who need assistance must call Monday through Wednesday from 9am to 4 pm to schedule an appointment. **No walk-ins are accepted.**

**Medical Facilities**

**Allen Parish Health Unit**

(318) 335-1147 & Fax: (318) 335-2898 (145 Hospital Drive, P.O. Drawer 1121 Oakdale 71463)

- Tues & Thurs 8 – 4:30

**Avail Health Lake Charles Hospital**

(337) 513-0817 (3730 Nelson Road, Lake Charles 70605)

**Beauregard Parish Health Unit**

(337) 463-4486 & Fax: (337) 462-2486 (216 Evangeline St., DeRidder 70634)

**Calcasieu Parish Health Unit**

(337) 478-6020 & Fax: (337) 475-8613 (3236 Kirkman St., Lake Charles 70601)

**Cameron Parish EMS Services**

(337) 542-4926 Fax: (337) 542-4924 (137 Oliver Rd., Cameron, LA 70631)

**Christus Ochsner St. Patrick Hospital [www.christushealth.org/st-patrick](http://www.christushealth.org/st-patrick)**

(337) 436-2511 & Admin Fax: (337) 491-7157 (524 Dr. Michael DeBakey Drive, Lake Charles 70601)

**Dequincy Memorial Hospital [www.dequincymemorial.com](http://www.dequincymemorial.com)**

(337) 786-1200 & Admin Fax: (337) 786-1219 (110 W. 4<sup>th</sup> St. Dequincy 70633)



**Hackberry Primary Rural Health Clinic**

(337) 762-3762 & Fax: (337) 762-3838(1020 Main Street, Hackberry 70645)

- Mon, Tue., Thurs. 8 a.m.-5 p.m.; Wed 8 a.m. – 12 p.m.; Fri. 8 a.m. – 3 p.m.

**Jeff Davis Parish Health Unit**

(337) 824-2193 & Fax: (337) 824-0794 (403 Baker Street, Jennings 70546)

- 8 a.m. – 4:30 p.m., Mon., Tues., Wed., and Fri.

**Jennings American Legion Hospital [www.jenningsamericanlegionhospital.com](http://www.jenningsamericanlegionhospital.com)**

(337) 616-7000 & Admin Fax: (337) 616-7034 (1634 Elton Rd., Jennings 70546)

**Christus Ochsner Lake Area Hospital [www.christushealth.org/lake-area](http://www.christushealth.org/lake-area)**

(337) 474-6370 & Admin Fax: (337) 475-4143 (4200 Nelson Road, Lake Charles 70605)

**Lake Charles Memorial Hospital [www.lcmh.com](http://www.lcmh.com)**

(337) 494-3000 & Admin Fax: (337) 494-3299 (1701 Oak Park Blvd., Lake Charles 70601)

**Oakdale Community Hospital [www.oakdalecommunityhospital.com](http://www.oakdalecommunityhospital.com)**

(318) 335-3700 & Admin Fax: (318) 215-3024 (P.O. Box 629, 130 North Hospital Dr., Oakdale 71463)

**OB Care Clinic of LCM Health Systems**

(337) 562-0510 Fax: (337) 562-0810 (1420 18<sup>th</sup> street Lake Charles, La 70602)

- 8am to 4:30 pm Monday thru Friday (Closed 12 – 1 on Fridays)

**South Cameron Memorial Hospital [www.cameronmch.com](http://www.cameronmch.com)**

(337) 542-4111 & Fax: (337) 542-7180 (5360 West Creole Hwy., Cameron 70631)

**Southwest Louisiana Center for Health Services [www.swlahealth.org](http://www.swlahealth.org)**

(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles 70601)

- Mon. & Tues. 8am – 7 pm; Wed. & Thurs. 8 am – 5 pm; Fri. 8 am – noon. **Appointments only.**

**Veteran's Administration Community Based Outpatient Clinic**

(318) 466-4500 & (337) 475-9500 Fax: (337) 475-9599

(3601 Gerstner Memorial Dr., Lake Charles 70607)

- Mon, 11 am – 7:30 pm; Tues, Wed, Thur, 8 am – 4:30 pm; Fri, 7 am – 3:30 pm.

**West Calcasieu Cameron Hospital [www.wcch.com](http://www.wcch.com)**

(337) 527-7034 & Fax: (337) 527-4373 (701 Cypress St., Sulphur 70664)

**W.O. Moss Memorial Health Clinic**

(337) 480-8100 & Admin Fax: (337) 480-8104 (1000 Walters Street, Lake Charles 70607)

- Minor urgent care services WILL be available at Moss Memorial Urgent Care Clinic M-F 8am - 8pm, Sat/Sun 9am – 5 pm (Regular Moss Clinic open M-F from 8 am to 4:30 pm)
- All other services are being referred to Lake Charles Memorial Hospital

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