



Meal Prices	Breakfast	Lunch
Full Price Student	\$.80	\$1.75
Reduced Student	\$.30	\$.40
Adult/Visitor	\$2.15	\$3.65

Atkins Elementary/Middle Menu



2019

Monday	Tuesday	Wednesday	Thursday	Friday
2  No School	3 <i>B: Bacon Scramble or Cereal, String Cheese, Fruit Juice, Fruit</i> <i>L: Line 1 Line 2</i> <i>Beef/Cheese Nachos Mini Corndog</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Pinto Beans</i> <i>Fresh Apple Wedges, Mixed Fruit, Sugar Cookie</i>	4 <i>B: French Toast Sticks or Cereal, Poptart, Fruit Juice, Fruit,</i> <i>Line 1 & Line 2</i> <i>Chicken Strips/Roll</i> <i>Green Beans</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Watermelon, Sliced Pears</i>	5 <i>B: Yogurt, Muffin or Cereal, Muffin, String Cheese, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Hamburger Crispy Chicken Sandwich</i> <i>French Fries/Ketchup</i> <i>Lettuce, Pickle Slices</i> <i>Diced Peaches, Fresh Strawberries</i>	6 <i>B: Pancake Sausage on Stick, or Cereal, Toast/Jelly, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>BBQ Pork on Bun Ham & Cheese on Bun</i> <i>Quick Baked Potato</i> <i>Fresh Baby Carrots/Lite Ranch Dressing</i> <i>Applesauce, Fresh Fruit</i>
9 <i>B: Breakfast Pizza or Cereal, Muffin</i> <i>Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Chicken Nuggets/Roll Cheese Pizza</i> <i>Green Beans</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Sliced Peaches, Cantaloupe</i>	10 <i>B: Pancakes/Syrup or Cereal, String Cheese, Fruit Juice, Fruit</i> <i>L: Line 1 Line 2</i> <i>Taco Salad/Salsa Corndog</i> <i>Lettuce & Tomatoes</i> <i>Pinto Beans</i> <i>Fresh Apple Wedges, Pineapple, Cinnamon Puff</i>	11 <i>B: Chicken Biscuit or Cereal, Poptart, Fruit Juice, Fruit</i> <i>L: Line 1 Line 2</i> <i>Spaghetti/Meat Sauce/Roll Chicken Quesadilla</i> <i>Whole Kernel Corn</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Fresh Grapes, Applesauce</i>	12 <i>B: French Toast Sticks or Cereal, Muffin</i> <i>String Cheese, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Orange Chicken/Rice Pepperoni Pizza</i> <i>Mixed Vegetables</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Watermelon, Sliced Pears</i>	13 <i>B: Ham/Egg/Cheese Biscuit or Cereal, Toast/Jelly, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Hamburger Grilled Chicken Sandwich</i> <i>Potatoes Wedges/Ketchup</i> <i>Lettuce, Pickle Slices</i> <i>Mixed Fruit, Fresh Orange Smiles</i>
16 <i>B: Sausage Biscuit or Cereal, Muffin</i> <i>Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Lasagna/Garlic Toast Sausage Pizza</i> <i>Green Beans</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Fresh Grapes, Sliced Pears</i>	17 <i>B: Bacon Scramble or Cereal, String Cheese, Fruit Juice, Fruit</i> <i>L: Line 1 Line 2</i> <i>Taco Burger Turkey/Cheese Melt</i> <i>Baked Chips, Baked Beans</i> <i>Fresh Baby Carrots/Lite Ranch Dressing</i> <i>Pineapple Chunks, Fresh Fruit</i>	18 <i>B: French Toast Sticks or Cereal, Poptart</i> <i>Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Char Steak/Gravy Brd. Beef Strips/Ketchup</i> <i>Mashed Potatoes, Roll</i> <i>Peas & Carrots</i> <i>Cantaloupe, Sliced Pears</i>	19 <i>B: Yogurt, Muffin or Cereal, Muffin, String Cheese, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Cheesy Chicken Nachos Mini Corndog</i> <i>Whole Kernel Corn</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Apple Wedges, Pineapple, Graham Crackers</i>	20 <i>B: Pancake Sausage on Stick, or Cereal, Toast/Jelly, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Hamburger Ham/Cheese Hot Pocket</i> <i>French Fries/Ketchup</i> <i>Lettuce, Pickle Slices</i> <i>Peaches Fresh Fruit</i>
23 <i>B: Breakfast Pizza or Cereal, Muffin</i> <i>Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Popcorn Chicken/Roll Pepperoni Pizza</i> <i>Mixed Vegetables</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Fresh Banana Sliced Pears</i>	24 <i>B: Pancakes/Syrup or Cereal, String Cheese, Fruit Juice, Fruit</i> <i>L: Line 1 Line 2</i> <i>Hamburger Hotdog</i> <i>Tater Tots/Ketchup</i> <i>Lettuce, Pickle Slices</i> <i>Mixed Fruit, Fresh Fruit</i>	25 <i>B: Chicken Biscuit or Cereal, Poptart</i> <i>Fruit Juice, Fruit</i> <i>L: Line 1 Line 2</i> <i>Soft Beef Taco Corndog/Ketchup</i> <i>Tortilla Chips/Salsa</i> <i>Pinto Beans, Lettuce & Tomatoes</i> <i>Pineapple Chunks, Fresh Fruit,</i>	26 <i>B: French Toast Sticks or Cereal, Muffin</i> <i>String Cheese, Fruit Juice, Fruit,</i> <i>L: Line 1 & Line 2</i> <i>Chicken Nuggets/Ketchup</i> <i>Mashed Potatoes, Roll</i> <i>Steamed Carrots</i> <i>Fresh Grapes, Sliced Peaches</i>	27 <i>B: Ham/Egg/Cheese Biscuit or Cereal, Toast/Jelly, Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Italian Pasta Bake Ham/Cheese Sandwich</i> <i>Blackeyed Peas</i> <i>Tossed Salad Salad/Lite Ranch Dressing</i> <i>Fresh Fruit, Applesauce, Cheez-it Crackers</i>
30 <i>B: Sausage Biscuit or Cereal, Muffin</i> <i>Fruit Juice, Fruit,</i> <i>L: Line 1 Line 2</i> <i>Beef/Cheese Nachos Grilled Chicken on Bun</i> <i>Tossed Salad/Lite Ranch Dressing</i> <i>Pinto Beans</i> <i>Fresh Apple Wedges, Mixed Fruit, Cookie</i>		<i>Milk Available with all meals</i> <i>White 1% lowfat or Skim Chocolate</i> 		

B: Breakfast- L: Lunch

Menu Subject to Change

This institution is an equal opportunity provider.

