



WWW.FAIRVIEWSCHOOLS.NET

WELCOME BACK

All,

Welcome back to the 2019-2020 school year at Fairview High School!! We are looking forward to another great year here at FHS! The teachers, staff and students are already working hard to achieve those goals! We appreciate your support of our school and we look forward to the rest of the 2019-2020 school year!

Tony Holt
Principal
Fairview High School

Ask your student about OKCareerGuide and what they have been doing in this website. All students have taken a career interest survey...ask them about their results!

FHS Sophomore Newsletter

SEPTEMBER 2019

DATES TO REMEMBER

SEPTEMBER

- 5th-7th-Major County Free Fair
- 6th-Cross Country Pictures
- 6th-Jacket Assembly @ 2:00, Echodome
- 14th - ACT Test
- 16th - FCCLA Blood Drive
- 17th-FHS School Pictures—organizational pictures in the afternoon
- 18th-Money due for the PSAT
- 20th-Registration Deadline for Oct. ACT
- 26th-Parent Teacher Conferences
- 27th - Homecoming

OCTOBER

- 16th -PSAT
- 17th-21st - Fall Break

For more events, visit our calendar
https://www.fairviewschools.net/page/page_calendar?callID=56379



FAIRVIEW HIGH SCHOOL STAFF

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SOPHOMORE CLASS SPONSORS

Elaine Hutchison, Robin Cox and Shane Curry

Classes to Take in High School

Did you know that students who take the core curriculum, on average, get higher scores on the ACT® test than those who don't? It's important that your child takes classes that best prepare them for the next step. ACT recommends that high school coursework should include the following:

- **English:** 4 years
- **Math:** 3 years (including algebra I, geometry, and algebra II)
- **Science:** 3 years (including biology, chemistry, and physics)
- **Social Studies:** 3 years

The skills and knowledge from these courses will give your child a well-rounded education that they'll use in college and career. Remember, the classes they choose now can impact scheduling options for the rest of your child's time in high school. ACT.org

ARTICLES

15 Important Life Skills Your Teen Should Learn

<http://www.linkforcounselors.com/15-important-life-skills-your-students-should-learn/>

Scholarship Information

OKCollegeStart.org

UCanGo2.org

Juniors who want to take the PSAT on October 6th can sign up in their English classrooms or in the Counselor's office. The cost is \$17 and must be paid to Mrs. Ewbank or Mrs. Martens by September 18th. The first 20 students to sign up are guaranteed an exam.

For information on the PSAT visit:

Collegeboard.org

Succeed Beyond High School with Solid Study Habits

Along with all lessons you learn in the classroom, you can also learn good study habits—skills that will help you succeed after high school and lead to a strong work ethic. Consider the following pointers:

- Limit distractions while studying. Make sure your study space is quiet, comfortable, and free of distractions. . . this includes digital distractions. Try putting your phone in a different room and turning off your computer. If studying requires a computer, consider using a website blocker to limit notifications that can cause you to lose focus on the task at hand.
- Plan a homework schedule and stick to it. Is it helpful to write down a daily to-do list? Maybe you would rather keep a school planner? Perhaps reviewing a digital calendar is what you need. The key to staying on top of your work is figuring out a system that works best for you.
- Identify a support system. Enlist the help of friends and family to help you get ready for tests, complete homework, and even proofread your essays and reports.
- Learn by teaching. Talk out loud to better understand the content you are studying. Try teaching it to a family member or discussing the information with a fellow classmate. After all, Albert Einstein once said, "If you can't explain it simply, you don't understand it well enough."
- Read the news regularly. Reading the news can help build your reading skills and your understanding of the world. Doing this can also help you apply the lessons you are learning in school to current events.
- Expand your vocabulary. A robust vocabulary can improve your reading, writing, and overall communication skills. There are plenty of websites and apps that can help you learn new words. Subscribe to "Word of the Day" from merriam-webster.com and challenge yourself to use it in a sentence. Bookmark thesaurus.com and open it when you are writing. Use these tools to find words that accurately deliver your message. (Remember, the goal is to be clear—not complicated. Avoid stuffing sentences with four-syllable words for no reason.) ACT.org