

## SHAC Meeting Minutes

December 4, 2017 12:00PM

Members present were Melissa Burden, Tiffany Hoffman, Stephanie McCullough, Melissa Teperra, Karla Swearingen, Ingia Saxton, Chad Massey, Ward Hudson, Andy Hudson and Mary Kay Davis.

Minutes began with discussion of speakers for our campuses. Hanna4Hope is coming back to our District. Principals and members set a date for Wednesday, September 5<sup>th</sup>, 2018. This will include the Jr. High and High School Students. The 7<sup>th</sup> and 8<sup>th</sup> graders will be bused to the HS for the event. Times will be decided at a later date. Hanna4Hope is a Suicide Prevention assembly.

James Chad Curry is another speaker that talks about tobacco, vaping and many street drugs. He goes into detail of the "gateway" usage from one drug to another. He likes to speak to the students and then to the parents in the evening. This date is tentatively scheduled for January 10<sup>th</sup>, 2018 after confirmation from Mr. Curry. We plan to split the students and have two separate assemblies for the Jr. High and High School students. We will possibly schedule another event for parents in the evening.

SHAC members discussed Lance Hall, a speaker that Tiffany Hoffman inquired about from other schools. Tiffany will follow up with him and see if he has any dates available.

Mrs. Saxton brought up the possibility of bringing in someone to talk about the Legal Side of cyber bullying/texting. Christine Lewis's husband spoke to Brock ISD in the past.

SHAC members met to review and discuss the Wellness Policy for the annual review of the Wellness Plan to provided updates/changes to the plan. Members followed and compared the TASB policy template and changes/additions were made to the plan and adopted based on TASB regulations.

The details of this review included current programs, plans, policies that impact our students. SHAC members discussed the events that support the wellness plan and student support services. Those include as previously stated adjustments in the cafeteria menus at the Jr. High and High School levels. We provide healthy food options and education while offering a more variety of food choices to our students. This included foods for the concession stand. This guideline was discussed to help promote the general wellness of all students through nutritional education and physical activity along with other activities.

SHAC members created goals and recommendations from the TASB recommendations model to provide an environment that is safe and enjoyable for all the students. SHAC members also suggested adding another program to include talking about tobacco, vaping and street drugs. We want to bring in a speaker that goes into detail of the "gateway" usage from one drug to another. It would talk about the image that drugs cause and the death by drugs. SHAC members also discussed updated activities hosted for students and community. Added activities included summer camps for athletics, arts and Brock Bass fishing club. We no longer have the Christmas Reindeer walk/run. Instead we have Texas Snowball fight to raise money for the Ronald McDonald House and Cooks Children's Hospital.

Goals and provisions were adjusted based on the SHAC/District recommendations set forth by TASB's model. SHAC members reviewed and approved the recommended plan from TASB. These guidelines will be presented to the Board this month, December 2017. Meeting adjourned 1:05pm.