

## School Health Advisory Council (SHAC)

Minutes October 11th, 2017

Members present were Dee Ann Mills, Karla Swearengin, Tiffany Hoffman, Melissa Burden, Christy Selby, Chad Massey, Rick Howell, Ingia Saxton, Andy Hudson, Mary Kay Davis, and Chair and Co-Chair of SHAC Melissa Teperra and Stephanie McCullough.

Meeting began with Tiffany Hoffman talking about Hanna4Hope students at the HS campuses and at the Jr. High Campuses. Our Counselor at the Jr. High, Karla Swearengin has taken on the Hanna4Hope group by forming a voluntary committee with our students. Hanna4Hope campaigns to bring awareness & support to teens about suicide.

Ward Hudson is asking students from the High School to become part of SHAC which would or could be part of the Hanna 4 Hope Group. He is gathering students through student council and other organizations with leadership skills.

Mr. Hudson and Mr. Howell will develop a plan for HS students regarding Human Trafficking.

David's Law became a school law that brings awareness of Anti-Cyberbullying. It is Senate Bill 179 that requires an anti-cyberbullying policy in school districts. Brock ISD has a link on the Brockisd website under Parent Resources. Contacts/reporting with the school remain anonymous. Please contact Campus Principals for more information.

Melissa Burden, Stephanie McCullough and Melissa Teperra will research David's Law & their Foundation in hopes to find speakers to come to our School District.

Christa Selby is a new SHAC member and works at Pecan Valley which is a Mental Health Facility. Pecan Valley has a mobile Crisis Team and will train staff on how to recognize Mental Health Issues. SHAC members will review brochures and get the information with staff as required/needed. Dee Ann Mills suggested training front office staff at each campus to bring them knowledge/awareness of surroundings.

Members also discussed other health issues around our District. The Jr. High has the Biggest Loser going on right now for staff. Mr. Hudson has a physical fitness class for staff after school at the Elementary Campus on Mondays and Thursdays.

Pure Truths was at the HS campus this week. The Jr. High uses the counselor Karla Swearengin to implement lessons and uses the States Comprehensive Guidance Curriculum. Some examples of what they cover are Self-confidence development, goal setting, decision making, problem solving, responsible behavior and interpersonal effectiveness.

Goals for next meeting were to come back with speakers lined up for anti-bullying and/or suicide awareness.