

**School Health Advisory
Council Annual Report
Nov. 2016- Dec. 2017**

In compliance with Title 2, Chapter 28, Section 28.004 of the Texas Education Code, the following is the required School Health Advisory Council Annual Report. It provides a detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report.

The School Health Advisory Council, made up of parents, community members, school counselors, school administrators, workforce professionals, food services and school health/nurse coordinator met in the fall on Oct. 13th, Oct. 20th and Nov. 4th. Spring meetings were held on Jan. 6th, Jan. 13th and Feb. 22nd.

1. SHAC Topics Discussed and Actions Taken:

- A. New committee co-chairs were elected, Melissa Teppera and Stephanie McCullough, both received an overview of the purpose of the SHAC and SHAC guidelines.
- B. October 13th and Oct. 20th, 2016 SHAC met for triannual review of wellness policy and annual review of wellness plan. TASB policy template was followed and a new policy was adopted. The review included activities offered for students and community outside of school, programs hosted and impact, nutritional food options available in concession stands, discussion and action taking place to drop Brock High School and Brock Jr. High from the national lunch program, only Brock Elementary would remain on the program. This discussion included offering outside meal options for students as well as a hot plate line for students. Both campuses would continue the free and reduced lunch program utilizing federal guidelines. A report addressing activities in the existing plan was reviewed and the new plan was discussed and adopted by BISD board on Nov. 16, 2016.
- C. Hosting the Shattered Dreams program (4 year rotation) pre-test/post-test included as part of the program. Results were shared with administration and SHAC.
- D. Discussion addressing "improving digital citizenry" (will continue in 2017-2018 to include David's Law).
- E. Providing programs that address "making good choices, being your best", bullying programs at all campuses, continued student suicide training for Hannah4Hope.
- F. Improved suicide protocol for staff, including mandatory training for suicide and bullying for staff and updated resources for parents.
- G. Improved information and resources for parents, teachers and students under Student Health and Safety tool on BISD website, included resources for parents and students for bullying and safety concerns.

- H. Wellness activity opportunities for students and community members outside of the school day include: Brock Youth Association, Brock Archery, Brock FFA, track and playgrounds available year around after school hours and weekends. Wednesday night basketball for community members, multiple workout groups on campuses before and after school hours for staff and community members, Coyote Chase Run, Brock Running Club, Texas Snowball Fight.
- I. Wellness activities, including nutritional choices, are taught through PE and classroom curriculum. Wellness, safety, health, bullying, drugs and abuse are addressed at the Jr. High and Elementary levels through classroom curriculum provided and taught by campus counselors.
- J. Student health advisory groups were formed on campuses to work with SHAC to provide thoughts on programs and student needs unique to each campus.
- K. Medical screenings (of organs and peripheral artery disease) and shot clinics were held for school staff, students, and community members. NHS hosted a blood drive in the spring semester of 2017 and CPR training was provided to Brock ISD students.

2. **Training Opportunities for Student and Staff:**

Diabetes training, CPR, all state mandated compliance trainings, Hannah4Hope

3. **Determinations:**

After review of the current Brock ISD Wellness Plan, it was determined by SHAC that Brock ISD meets plan requirements and activities, including nutritional activities and guidelines addressing promotional and promotional guidelines.

4. **Changes to the BISD Wellness Plan Include:**

Christmas Reindeer Run has been replaced by Texas Snowball activity at the JH. Added speakers/presentations for parents and students addressing cyber-bullying and legalities, e-cigarettes (vaping) and increase awareness of “street” drugs.