



October Lunch Calendar Will Rogers Elementary



Mon	Tue	Wed	Thu	Fri
1 BKF– Cinnamon Toast, Applesauce L– Chicken Fajita, Pinto Beans, Salad, Tropical Fruit	2 BKF– Waffles, Syrup, Diced Pears L– Corn Dogs, Baked Beans, Cole Slaw, Peach	3 BKF– Oats, Toast, Cinnamon Apples L– Chicken Tetrazzini, Carrots, Breadstick, Salad, Mixed Fruit	4 BKF– Biscuit w/Gravy, Diced Peaches L– Country Fried Steak, Mashed Potatoes, Gravy, Green Beans, Pears	5 BKF– Cereal, Toast, Banana L– Ham & Cheese Sandwich, Baby Carrots, Apples, Chips
8 BKF– Breakfast Burrito, Pineapple L– Burrito, Spanish Rice, Salad, Tropical Fruit	9 BKF– French Toast Sticks, Diced Peach L– Fish, Baked Beans, Corn, Mixed Fruit	10 BKF– Oats, Toast, Blueberries L– Spaghetti, Green Beans, Salad, Rolls, Peach	11 BKF– Croissant w/ Ham & Cheese, Pears L– Chicken Nuggets, Mashed Potatoes, Gravy, Carrots, Pear	12 BKF– Cereal, Toast, Grapes L– Hamburger, Cheese, Lettuce Tomato, Pickle, Baby Carrots, Chips, Orange
15 BKF– Cinnamon Raisin Biscuit, Mixed Fruit L– Pizza, Corn, Salad, Tropical Fruit	16 BKF– Cereal, Toast, Craisins L– Turkey Sandwich, Lettuce, Tomato, Pickle, Chips, Apples	17 FALL BREAK	18 ENJOY THE BREAK	19 !!!!!
22 BKF– Breakfast Pizza, Pineapple L– Taco, Pinto Beans, Salad, Tropical Fruit	23 BKF– Pancake Wrap, Peach L– Ham, Sweet Potato, Broccoli w/Cheese, Roll, Pineapple	24 BKF– Oats, Toast, Cinnamon Apples L– Beef Stew, Crackers, Salad, Chocolate Cake, Orange	25 BKF– Scrambled Eggs w/ Ham, Biscuit, Diced Pears L– Salisbury Steak, Brown Rice, Gravy, Mixed Vegetables, Mixed Fruit	26 BKF– Cereal, Toast, Grapes L– Grilled Chicken Patty, Tots, Baby Carrots, Apple
29 BKF– Cheesy Toast, Applesauce L– Pizza, Corn, Salad, Tropical Fruit	30 BKF– Pancakes, Syrup, Strawberries/Banana L– Goulash, Green Beans, Salad, Breadstick, Peach	31 BKF– Oats, Toast, Blueberries L– Chicken Nuggets, Mashed Potatoes, Gravy, Carrots, Pear		

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