

Monday

Tuesday

Wednesday

Thursday

Friday

6
Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

7
CINNAMON ROLL
Fruit
Juice
Milk White
Milk Chocolate
**Yogurt
***GRAB AND GO BREAKFAST**

8
POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

9
**Muffin Blue Berry or
**Muffin Chocolate
Fruit Juice
Yogurt
Milk White
Milk Chocolate
***GRAB AND GO BREAKFAST**

10
Breakfast Bar
Fruit
Juice
Cheese stick
Milk White
Milk Chocolate
***GRAB AND GO BREAKFAST**

13
POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

14
CINNAMON ROLL
Fruit
Juice
Milk White/Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

15
Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

16
**Muffin Blue Berry or
**Muffin Chocolate
Fruit Juice
Yogurt
Milk White
Milk Chocolate
***GRAB AND GO BREAKFAST**

17
Breakfast Bar
Fruit
Juice
Cheese stick
Milk White
Milk Chocolate
***GRAB AND GO BREAKFAST**

20
Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

21
CINNAMON ROLL
Fruit
Juice
Milk White
Milk Chocolate
**Yogurt
***GRAB AND GO BREAKFAST**

22
POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

23
**Muffin Blue Berry or
**Muffin Chocolate
Fruit Juice
Yogurt
Milk White
Milk Chocolate
***GRAB AND GO BREAKFAST**

24
Breakfast Bar
Fruit
Juice
Cheese stick
Milk White
Milk Chocolate
***GRAB AND GO BREAKFAST**

27

28
POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt
***GRAB AND GO BREAKFAST**

29

30

31

FRUIT OPTIONS CANNED **FRUIT** MAY BE MIXED FRUIT, PEACHES, PEARS, APPLE SAUCE PINEAPPLE, MANDARINE ORANGES

FRESH FRUIT MAY BE ORANGE, APPLE, BANANA, GRAPES, PINEAPPLE, OR FRUIT IN SEASON

***GRAB AND GO BREAKFAST: MAY CHOOSE INSTEAD OF MENU MEAL** WILL CONSIST OF 1 GRAIN, ½ CUP FRUIT, 1 MORE MEAL COMPONENT WHICH MAY BE A GRAIN, PROTEIN, OR MILK.

****MAY CHOOSE ONLY ONE OPTION. MEAL MUST CONSIST OF ½ CUP OF FRUIT AND 2 MORE ITEMS** INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE WITH OUT NOTICE