Welcome Letter

Welcome to Wheatland High School and Peak High School! The WHS/PHS staff is committed to the success of each and every student at our school. Our goal is to create and cultivate a positive atmosphere that helps prepare students for the future and the career path each student chooses.

WHS and PHS are **EXCELLENT** schools. The staff members are eager to begin each new school year and encourage parents and students to become active participants in the activities and issues of our schools. Please feel free to contact the staff with questions and concerns. We encourage all students to become involved in a strong academic program and extracurricular activities. Working together we will continue to ensure the success of every student!

Respectfully,

Josh Sandlian, WHS Principal  
Cedric Philo, WHS Associate Principal/AD  
Tracy deRyk, PHS Director
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Transition Activities

8th Grade Scheduling
-5/11/18
8th Grade students will set their high school schedule using our PowerSchool software. Students will sign up for their freshman courses at this time.

Freshman Bootcamp & Orientation
-8/21/18

BBQ and Open House-WHS
-8/21/18
All students are encourage to come and eat dinner, meet the staff, and grab a backpack with supplies. Parents are welcomed into our school to meet with teachers and ask questions about the operations at the middle school. This Fall Open House gives parents a chance to look inside their students’ daily lives.

First Day of School
-8/22/18
Let’s have a great year!
Get to Know Your School

WHEATLAND HIGH SCHOOL
PEAK HIGH SCHOOL
CAMPUS MAP

Ag
Metals
146 & 147
McIntosh/Hazen

Woods
Shop
143
Hazen

Industrial Arts
Bldg.

144
Shop

145
Hazen

Gonzalez

Rock

Essentials

Weight Room
102
Goff

Restroom
138
PHS Becker
139
EWC

de Ryk
142
Wilson
141
PHS Hazen
140
EWC

127 & 126
Marker/Mickelson

128
Rater
129
Anderson

134
L. Boaz

136
K. Leathers

131
Teacher Work Area

132
Stone

Technology
137

133
Seichum

Library
135

125
McKee

124
Compton

123
Schoenberg

122
B. Boaz

119
Harlan
118
Freeman
117
Coplen

116
Wallace
115
Fox

114
Nichols

113
Hancey

112
E. Leathers

111
Bradley

Rest Rooms

Locker Rooms

Comm Area

Gym

Auditorium

Science and Math Bldg.

Social Studies Bldg.

Library Bldg.

109
Huxley

110
Production Lab

108 Sandiline
104 Fields
105 Adams
102 Hendall

Utility Room

120
Heustikvold

Get to Know Your School
## Bell Schedule

### 2018-2019 Bell Schedule

<table>
<thead>
<tr>
<th>Monday, Tuesday, Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Bell</td>
<td>7:56</td>
<td>First Bell</td>
</tr>
<tr>
<td>Period 1</td>
<td>8:00-8:55</td>
<td>Period 1</td>
</tr>
<tr>
<td>Period 2</td>
<td>8:59-9:54</td>
<td>Blue/Gold</td>
</tr>
<tr>
<td>Pass</td>
<td>10:53-10:57</td>
<td>Lunch</td>
</tr>
<tr>
<td>Lunch</td>
<td>11:52-12:30</td>
<td>Period 5</td>
</tr>
<tr>
<td>Pass</td>
<td>12:30-12:32</td>
<td>Pass</td>
</tr>
<tr>
<td>Period 5</td>
<td>12:32-1:27</td>
<td>Period 7</td>
</tr>
<tr>
<td>Pass</td>
<td>1:27-1:31</td>
<td></td>
</tr>
<tr>
<td>Period 6</td>
<td>1:31-2:26</td>
<td></td>
</tr>
<tr>
<td>Pass</td>
<td>2:26-2:30</td>
<td></td>
</tr>
<tr>
<td>Period 7</td>
<td>2:30-3:25</td>
<td></td>
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</table>
# Get Involved!

## Athletics

<table>
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<tr>
<th>Fall Sports</th>
<th>Winter</th>
<th>Spring</th>
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<tr>
<td>Golf (B&amp;G)</td>
<td>Basketball (B&amp;G)</td>
<td>Track (B&amp;G)</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Wrestling</td>
<td>Golf (B&amp;G)</td>
</tr>
<tr>
<td>Cross Country (B&amp;G)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Football</td>
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</tbody>
</table>

## Activities

<table>
<thead>
<tr>
<th>FFA</th>
<th>FBLA</th>
<th>Marching Band</th>
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<tbody>
<tr>
<td>Spirit (Cheer, Dance)</td>
<td></td>
<td></td>
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<tr>
<td>NHS</td>
<td>Choir/Band</td>
<td>Academic Decathlon</td>
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<td></td>
<td></td>
<td>Student Council</td>
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<td></td>
<td></td>
<td>Art</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Drama</td>
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Communication

**Newsletters** - Monthly newsletters will be emailed.

**Parent meetings** - Monthly meetings with updates about school performance and activities.

**Phone** - The office will contact parents clarifying any attendance concerns or any health emergencies associated with the student.

**Email** - Attendance letters, individual teacher/administrator communication, and eligibility letters will/may be communicated through email.

**Blackboard Connect** - School reminders needing to be sent out to the school as a whole will be communicated through this route. You may receive emails, phone calls, or text messages from the WHS office.

**Remind**: Administrators, teachers, coaches, and sponsors will all communicate through this app on your smartphone. This app tracks information exchanged between both parties.

**School website**: Many updates will be posted on the school website:
   
   https://whs.platte1.org/

**District website**: Updates related to the district as a whole will be posted here:
   
   https://www.platte1.org/

**District Facebook**: Updates will be posted on the district Facebook page just as they are on the district website.
Peak Plans

Last year, WHS implemented Peak Plans for all incoming freshmen. Each student met with the counselor, Ms. Marker, to discuss educational and career goals. These plans also record goals for desired courses as well as assessment data from district and state sources.

These plans will continue this year and will be a source for students and adults at WHS to have meaningful conversations about goals and plans after high school.

Ms. Marker will continue meeting with students throughout their time here at WHS and update plans as needed.
Graduation Requirements

Language Arts: 4 credits
Social Studies: 3 credits
Science: 3 credits
Mathematics: 3 credits
PE: 1 Credit
Electives: 14 Credits

Total Credits: 28 Credits

*The Hathaway Scholarship has further requirements.
# Hathaway Scholarship Requirements

**Honors**
- **Max Award Amount**: $1,680
- **Where You Can Use It**: May be used at a WY community college or UW
- **Language Arts (years)**: 4 (9-12 grade only)
- **Math (years)**: 4, Algebra I, Algebra II, Geometry and one "additional math" course taken in grades 9-12
- **Social Studies (years)**: 3 (9-12 grade only)
- **Science (years)**: 4 (9-12 grade only), One year may include an "additional science" course
- **Foreign Language (years)**: 2 Sequential Courses, 1 HS level course before 9th grade allowed
- **ACT Score**: 25
- **Highschool GPA**: 3.5

**Performance**
- **Max Award Amount**: $1,260
- **Where You Can Use It**: May be used at a WY community college or UW
- **Language Arts (years)**: 4 (9-12 grade only)
- **Math (years)**: 4, Algebra I, Algebra II, Geometry and one "additional math" course taken in grades 9-12
- **Social Studies (years)**: 3 (9-12 grade only)
- **Science (years)**: 4 (9-12 grade only), One year may include an "additional science" course
- **Foreign Language (years)**: 2 Sequential Courses, 1 HS level course before 9th grade allowed
- **ACT Score**: 21
- **Highschool GPA**: 3.0

**Opportunity**
- **Max Award Amount**: $840
- **Where You Can Use It**: May be used at a WY community college or UW
- **Language Arts (years)**: 4 (9-12 grade only)
- **Math (years)**: 4, Algebra I, Algebra II, Geometry and one "additional math" course taken in grades 9-12
- **Social Studies (years)**: 3 (9-12 grade only)
- **Science (years)**: 4 (9-12 grade only), One year may include an "additional science" course
- **Foreign Language (years)**: 2 Sequential Courses, 1 HS level course before 9th grade allowed
- **ACT Score**: 19
- **Highschool GPA**: 2.5

**Provisional**
- **Max Award Amount**: $840
- **Where You Can Use It**: Current HS graduation requirements
- **Language Arts (years)**: 4 (9-12 grade only)
- **Math (years)**: 4, Algebra I, Algebra II, Geometry and one "additional math" course taken in grades 9-12
- **Social Studies (years)**: 3 (9-12 grade only)
- **Science (years)**: 4 (9-12 grade only), One year may include an "additional science" course
- **Foreign Language (years)**: 2 Sequential Courses, 1 HS level course before 9th grade allowed
- **ACT Score**: 17 (Or score a 12 on WorkKeys)
- **Highschool GPA**: 2.5

**Additional Requirements**
- **Honors**: 2 years of either fine arts, career and technical education, or additional foreign language (non-sequenced) (9-12 grade only)
- **Performance**: 2 years of either fine arts, career and technical education, or 2 years foreign language (sequenced) (9-12 grade only)

*Students with an associate’s degree can extend for an additional 4 full-time semesters at UW.*
Blueprint for Success

Key Factors of Success in High School:

- **Advocate for Yourself**
  - Take charge of your education.
  - Self-advocacy takes many forms, from being engaged in your classes, understanding expectations, asking questions, seeking out extra help.

- **Be Engaged**
  - Be engaged in your class.
  - Do the work!

- **Learn to Learn**
  - Cultivate soft skills, a growth mindset, and grit.

- **Time Management**
  - Set goals and schedule your time.

- **Take Care of Yourself**
  - Take care of your physical, mental, emotional, and social health.
The best way to get good grades is to start using good study habits now. It's a lot easier to maintain good grades than improve poor grades later. Plus, the study habits you learn now will help you in college and in your future career.

**Study tips you can’t live without:**

1. Know your learning style. Take a learning style quiz from a career specialist, counselor, or online. This will help you plan study strategies.
2. Decide what to study, how long to study, or how much to study before you get started. Set a goal and stick to your deadlines.
3. If you’re a motivated student, complete the most difficult tasks first. For procrastinators, start off with the easy, interesting parts of the project. Reward yourself as you accomplish tasks.
4. Have special places to study. Take into consideration lighting, temperature and the location of a desk, pen, paper, etc.
5. Study 30-50 minutes then take a 10 minute break. Stretch, relax and have a snack. If you get tired or bored, move to a different location, subject, or task.
6. Allow plenty of time for reading, outlining and writing papers. Use less time for memorization, review and self-testing.
7. Use memory activities to review just before you fall asleep.
8. Study with a friend. Quiz each other, compare notes and predict test questions.
9. Speak up! If you need help, ask for it.
10. Complete your work!

Source: https://butlermiddle.canyonsdistrict.org/docs/counseling/Good_Study_Habits.pdf
Helpful Resources

- **Helping Middle School Students Make the Transition Into High School**: Education.com has a lot of valuable ideas and strategies for educators and schools, offering tips for providing social, emotional, and academic support for incoming students. There are suggestions for connecting middle and high school educators and engaging parents.

- **Ensuring Successful Transitions From the Middle Grades to High School**: AdLit.org produced a blog post which features expert recommendations and examples of what a successful transition program might look like. There is great information here for parents, administrators, and educators.

- **3 Tips to Help Your Teen Transition to High School**: 
  1. Do a walk-through - Take a tour of your school.
  2. Advocate involvement - Encourage participation.
  3. Avoid warnings - Be a positive encourager!
Peak High School

Our Purpose:
Peak High School serves the following purposes, operating within Platte County School District #1, and in partnership with Wheatland High School:

● Provide an alternative education setting for students to complete their high school diploma program, or high school equivalency, focusing on students who are at-risk of not graduating with their classmate grade level peers
● Assist students in developing the life skills necessary to achieve success beyond high school
● Offer support and guidance to students in career and college readiness

Peak High School: A Unique Perspective

● Blended learning format: online and face-to-face teacher led instruction
● Limited exposure to other peer groups
● The opportunity to graduate when credits are complete
● Differentiation of Instruction: Individual Learning Plans for each student
● The opportunity to earn high school elective credit for documented work hours completed – 1 credit per 200 hours of work

Student Considerations for Attending Peak High School

● Students must be determined to be “at-risk” of not graduating with their peer level classmates to be eligible to apply for admission to Peak High School.
● Limited exposure to other peer groups, smaller class sizes to allow more individual attention from the teaching staff
● Students must be motivated to complete online classes with support from the teaching staff
● Peak High School serves students, grades 10-12

For more information, contact Mrs. de Ryk, Mr. Sandlian or Ms. Marker
Mission Statements

Wheatland High School

“At WHS, we strive to C.L.I.M.B the P.E.A.K.”
Challenging Environment, Life Skills, Integrity, Motivation, Bulldogs

Peak High School

It is the mission of Peak High School to meet students where they are and help them complete their educational goals while supporting their social, emotional and post-secondary college and career exploration needs.
We work to grow students and prepare them to be successful for life after high school. Together we will “Reach the Peak”!