

Monday
2
Tuesday
3
Wednesday
4
Thursday
5
Friday
6

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

9

*GRAB AND GO BREAKFAST
Yogurt

POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

10

*GRAB AND GO BREAKFAST
Yogurt

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

11

*GRAB AND GO BREAKFAST
Yogurt

Muffin
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

12

*GRAB AND GO BREAKFAST
Yogurt

Breakfast Bar
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

13

*GRAB AND GO BREAKFAST
Yogurt

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

16

*GRAB AND GO BREAKFAST
Yogurt

POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

17

*GRAB AND GO BREAKFAST
Yogurt

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

18

*GRAB AND GO BREAKFAST
Yogurt

Muffin
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

19

*GRAB AND GO BREAKFAST
Yogurt

Breakfast Bar
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

20

*GRAB AND GO BREAKFAST
Yogurt

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

23

*GRAB AND GO BREAKFAST
Yogurt

POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

24

*GRAB AND GO BREAKFAST
Yogurt

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

25

*GRAB AND GO BREAKFAST
Yogurt

Muffin
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

26

*GRAB AND GO BREAKFAST
Yogurt

Breakfast Bar
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

27

*GRAB AND GO BREAKFAST
Yogurt

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

30

*GRAB AND GO BREAKFAST
Yogurt

FRUIT OPTIONS CANNED FRUIT MAY BE MIXED FRUIT, PEACHES, PEARS, APPLE SAUCE PINEAPPLE, MANDARINE ORANGES

FRESH FRUIT MAY BE ORANGE, APPLE, BANANA, GRAPES, PINEAPPLE, OR FRUIT IN SEASON

GRAB AND GO BREAKFAST: MAY CHOOSE INSTEAD OF MENU MEAL** WILL CONSIST OF 1 GRAIN, ½ CUP FRUIT, 1 MORE MEAL COMPONENT WHICH MAY BE A GRAIN, PROTEIN, OR MILK. *MAY CHOOSE ONLY ONE OPTION. MEAL MUST CONSIST OF ½ CUP FRUIT AND 2 OTHER ITEMS**

INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE OR SUBSTITUTION WITHOUT NOTICE

