

*GRAB AND GO BREAKFAST Yogurt

SEPTEMBER 2019 PLATTE COUNTY SCHOOL DISTRICT #1 K-5

This institution is an equal Opportunity Provider and Employer

Monday	Tuesday	Wednesday	Thursday	Friday
2	POP TART	Cereal 4	Muffin Fruit 5	Breakfast Bar Fruit
-	ouioo —	04.00	Truit	
	Fruit Milk White	Fruit Milk White	Juice Yogurt	Juice Yogurt
	Milk Chocolate	Milk Chocolate	Milk White	Milk White
	Yogurt	Yogurt	Milk Chocolate	Milk Chocolate
	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST
	Yogurt	Yogurt	Yogurt	Yogurt
Cereal 9	POP TART	Cereal Juice 11	Muffin Fruit 12	Breakfast Bar Fruit
Juice	34.55	Guide		1.1.000
Fruit	Fruit Milk White	Fruit Milk White	Juice Vogust	Juice Vocant
Milk White Milk Chocolate	Milk Chocolate	Milk White Milk Chocolate	Yogurt Milk White	Yogurt Milk White
Yogurt	Yogurt	Yogurt	Milk Chocolate	Milk Chocolate
*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
Cereal	POP TART 177	Cereal	Muffin	Breakfast Bar
Cereal Juice	POP TART Juice	Cereal Juice	Muffin Fruit	Breakfast Bar Fruit
Fruit	Fruit	Fruit	Juice	Juice
Milk White	Milk White	Milk White	Yogurt	Yogurt
Milk Chocolate	Milk Chocolate	Milk Chocolate Yogurt	Milk White Milk Chocolate	Milk White Milk Chocolate
Yogurt *GRAB AND GO BREAKFAST	Yogurt *GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
Cereal	POP TART A	Cereal	Muffin	Breakfast Bar
Cereal Juice 23	POP TART Juice 24	Cereal Juice 25	Muffin Fruit 26	Breakfast Bar Fruit 27
Fruit	Fruit	Fruit	Juice	Juice
Milk White	Milk White	Milk White	Yogurt	Yogurt
Milk Chocolate	Milk Chocolate	Milk Chocolate	Milk White Milk Chocolate	Milk White Milk Chocolate
Yogurt *GRAB AND GO BREAKFAST	Yogurt *GRAB AND GO BREAKFAST	Yogurt *GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
Cereal			A CONTRACTOR OF THE PARTY OF TH	
Cereal Juice				
Fruit				
Milk White				
Milk Chocolate				
Yogurt			1000	

FRUIT OPTIONS CANNED FRUIT MAY BE MIXED FRUIT, PEACHES, PEARS, APPLE SAUCE PINEAPPLE, MANDARINE ORANGES FRESH FRUIT MAY BE ORANGE, APPLE, BANANA, GRAPES, PINEAPPLE, OR FRUIT IN SEASON

*GRAB AND GO BREAKFAST: MAY CHOOSE INSTEAD OF MENU MEAL WILL CONSIST OF 1 GRAIN, ½ CUP FRUIT, 1 MORE MEAL COMPONET WHICH MAY BE A GRAIN, PROTEIN, OR MILK. **MAY CHOOSE ONLY ONE OPTION. MEAL MUST CONSIST OF ½ CUP FRUIT AND 2 OTHER ITEMS

INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE OR SUBSTITUTION WITHOUT NOTICE