

Monday
2
Tuesday
3
Wednesday
4
Thursday
5
Friday
6

POP TART
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

*GRAB AND GO BREAKFAST
Yogurt Parfait

Cereal
Juice
Fruit
Milk White
Milk Chocolate
Yogurt

*GRAB AND GO BREAKFAST
Yogurt Parfait

Muffin
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

*GRAB AND GO BREAKFAST
Yogurt Parfait

Breakfast Bar
Fruit
Juice
Yogurt
Milk White
Milk Chocolate

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Cereal
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30

FRUIT OPTIONS CANNED **FRUIT** MAY BE MIXED FRUIT, PEACHES, PEARS, APPLE SAUCE PINEAPPLE, MANDARINE ORANGES
FRESH FRUIT MAY BE ORANGE, APPLE, BANANA, GRAPES, PINEAPPLE, OR FRUIT IN SEASON

*GRAB AND GO BREAKFAST: MAY CHOOSE **INSTEAD OF MENU MEAL** WILL CONSIST OF 1 GRAIN, ½ CUP FRUIT, 1 MORE MEAL COMPONENT WHICH MAY BE A GRAIN, PROTEIN, OR MILK.

**MAY CHOOSE ONLY ONE OPTION. MEAL MUST CONSIST OF ½ CUP OF FRUIT AND 2 MORE ITEMS INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE WITH OUT NOTICE

