

## **SEPTEMBER 2019**

PLATTE COUNTY SCHOOL DISTRICT #1 6-8

This institution is an equal Opportunity Provider and Employer

Line and the second				
Monday	Tuesday	Wednesday	Thursday	Friday
	POP TART 2	Cereal	Muffin	Breakfast Bar
2	POP TART Juice	Cereal Juice	Muffin Fruit	Breakfast Bar Fruit
	Fruit	Fruit	Juice	Juice
	Milk White	Milk White	Yogurt	Yogurt
	Milk Chocolate	Milk Chocolate	Milk White	Milk White
	Yogurt	Yogurt	Milk Chocolate	Milk Chocolate
	*GRAB AND GO BREAKFAST			
	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Cereal	POP TART 10	Cereal Juice	Muffin Fruit 12	Breakfast Bar
Juice	POP TART Juice	Juice	Fruit	Breakfast Bar Fruit
Fruit	Fruit	Fruit	Juice	Juice
Milk White	Milk White	Milk White	Yogurt	Yogurt
Milk Chocolate	Milk Chocolate	Milk Chocolate	Milk White	Milk White
Yogurt	Yogurt	Yogurt	Milk Chocolate	Milk Chocolate
*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Cereal	POP TART Ivice 17	Cereal Juice 18	Muffin 10	Breakfast Bar
Juice	Juice	Juice	Muffin Fruit	Fruit 20
Fruit	Fruit	Fruit	Juice	Juice
Milk White	Milk White	Milk White	Yogurt	Yogurt
Milk Chocolate	Milk Chocolate	Milk Chocolate	Milk White	Milk White
Yogurt	Yogurt	Yogurt	Milk Chocolate	Milk Chocolate
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Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Cereal	POP TART Juice 24	Cereal Juice 25	Muffin Fruit 26	Breakfast Bar Fruit 27
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Fruit	Fruit	Fruit	Juice	Juice
Milk White	Milk White	Milk White	Yogurt	Yogurt
Milk Chocolate	Milk Chocolate	Milk Chocolate	Milk White	Milk White
Yogurt	Yogurt	Yogurt	Milk Chocolate	Milk Chocolate
*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST	*GRAB AND GO BREAKFAST
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Cereal Juice		The state of the s		
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Fruit		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	The state of the s	
Milk White			The state of the s	
Milk Chocolate				THE RESERVE OF THE PERSON NAMED IN
Yogurt	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			
*GRAB AND GO BREAKFAST	The state of the s		1 2 1 1 1 1 1	
Yogurt Parfait	Commission of the second			

FRESH FRUIT MAY BE ORANGE, APPLE, BANANA, GRAPES, PINEAPPLE, OR FRUIT IN SEASON
\*GRAB AND GO BREAKFAST: MAY CHOOSE INSTEAD OF MENU MEAL WILL CONSIST OF 1 GRAIN, ½ CUP FRUIT, 1 MORE MEAL COMPONET WHICH MAY BE A GRAIN, PROTEIN,

\*GRAB AND GO BREAKFAST: MAY CHOOSE INSTEAD OF MENU MEAL WILL CONSIST OF 1 GRAIN, ½ CUP FRUIT, 1 MORE MEAL COMPONET WHICH MAY BE A GRAIN, PROTEIN, OR MILK.

\*\*MAY CHOOSE ONLY ONE OPTION. MEAL MUST CONSIST OF ½ CUP OF FRUIT AND 2 MORE ITEMS INGRIDENTS AND MENU ITEMS ARE SUBJECT TO CHANGE WITH OUT NOTICE