



LINCOLN DISTRICT WELLNESS

**Kate Mendoza and Valerie Dawson – District Level School
Health Coordinator and CSH Coordinator**

LDW Committee Members 2021-2022

Kate Mendosa, Co-Chair- Child and Family Advocate

Valerie Dawson, Co-Chair-Food Service Director

Mary Ann Spears, Administration

Oleta Danforth, School Board Vice President

Justin Bounds, Physical Education

Jennifer Price, Parent

Rafael Regalado-Pena, High School Student

Alixzandria Henard, Middle School Student

Allison Stenrud, Community Member

Emily Stephens, School Health Professional

Missy Brewer, School Health Professional

Sarah Reed, School Health Professional

Lesa Owens, Food Service Regional Director

Kaci Cole, Counselor

Ashley Kersey, Counselor

Rachel Turner, Counselor

**Jana Claybrook, Federal Programs/Parent Involvement
District Coordinator**

Wellness Committee Meeting

1pm @ Administration Office

9-23-2021, 10-21-2021, 2-17-2022 and 4-21-2022

**If you would like information on how to become involved
with the district wellness committee please contact Kate
Mendoza at 479-824-7350 email kmendoza@lincolncsd.com
or Valerie Dawson at 479-824-7311 email
vdawson@lincolncsd.com**