- 1. We will be using Google Classroom to turn in assignments.
 - a. Google Classroom account firstnamelastname@bethelwildcats.com
 - b. Google Classroom Password either bethel17, bethel18 or your student ID +0 to equal 8 digits
 - c. REMINDER- You must be login through @bethelwildcats to summit on google classroom
- 2. If you just got into Life Sports this semester you will have to enter a code to join our class. Here is the code, if any of you are having trouble setting this up email me. lynchj@bethel.k12.ok.us
 - a. 7th Hour Life Sports = i5n2bgf
- 3. This week I do not want to overwhelm you while you are getting the hang of this new way of completing school work, so we will be journaling. I want to hear from you but I also want you to have a document that you can maybe share with your kids and grandkids some day.
- 4. Starting next week I have some activities for you to do. Simple but active.

Week 1 Assignments (I will be naming each weeks assignment with that weeks dates to help stay organized)

- 1. Watch the attached Video on Google Classroom I do not know how you guys do TikTok Videos. It made me so nervous and I messed up a time or 5...but that's how I roll always... HAHA! I love to laugh at myself, right!
- 2. I have assigned 5 journal prompts My idea is for you to write one a day but you procrastinators can get it all done Friday © Yes I am talking to you boys!!!! Please type all of these in one google doc and turn it in at once.
 - 1. What were your initial thoughts about having spring break extended 2 weeks and then getting the news all extracurricular activities and school is cancelled the rest of the year?
 - 2. What have you been doing to pass time and how has your family adapted to the new slower pace life? (unless they are essential workers, THANK THEM!) My family had a few tears and meltdowns before we were able to set up some ground rules. I had to stop nagging so much ⊕ oops!
 - 3. If you had to choose to be a kid forever or an adult forever, which would you choose?
 - 4. What end of school activity are you most upset about missing out on? Why is this activity the most important to you? (You can talk about more than one.)
 - 5. I want this last prompt to be positive. Please think about something that this time off has allowed you to have time to do. I am loving being with my kids and my husband. We have been fishing with 10 year old stuff until my trip to WalMart today..., long walks, watching movies and of course working from home. It has not all been easy but it makes me want to reevaluate all the extras we do and simplify when this is all over. I know this is crazy because of all the dishes I have done, but I love using my kitchen 3 times a day and getting to sit at the table with no where else to be. I know you are teens and are missing friends and activities but please think about a positive take on this.

Until next week, stay safe, wash yo hands a lot and don't forget to say please and thank you!!!

Mrs. Lynch