



Bethel Public School

January 2019



	Breakfast *3 rd -12 th Alt Choice Cereal & Toast or Smoothie	Lower Elem Lunch Grades PK-2nd 	Up-Stairs Lunch Grades 3-12 *Salad Bar Available	Down Stairs Lunch Grades 3-12 *Salad Bar Available
Thursday 1/3/19	No School Snow Day	No School Snow Day	No School Snow Day	No School Snow Day
Friday 1/4/19	No School Snow Day	No School Snow Day	No School Snow Day	No School Snow Day
Monday 1/7/19	Pancake Bites, Fruit, Juice & Milk	Salisbury Steak, Mashed, Potatoes, Gravy, Green Beans, Fruit, Juice & Milk	Salisbury Steak Or Everyday Offerings	Salisbury Steak, Mashed, Potatoes, Gravy, Green Beans, Fruit, Juice & Milk
Tuesday 1/8/19	Breakfast Pizza, Fruit, Juice & Milk	Hot Ham & Cheese Sandwich Veggie, Fruit & Milk	Chili Fries Or Everyday Offerings	Corn Dog, Tator Tots, Veggie, Fruit & Milk
Wednesday 1/9/19	Cereal Day!	Taco Burger, Veggie, Fruit & Milk	Mac & Cheese Bar Or Everyday Offerings	Hamburger or Cheese Burger , Veggie, Fruit & Milk
Thursday 1/10/19	Cheesy Eggs & Toast, Fruit, Juice & Milk	BBQ Beef Sandwich, Veggie, Fruit & Milk	Potato Bar Or Everyday Offerings	BBQ Beef Sandwich, Veggie, Fruit & Milk
Friday 1/11/19	Breakfast Burrito, Fruit, Juice & Milk	Corn Dog, Tator Tots, Veggie, Fruit & Milk	Spicy Chicken Ranch Wrap Or Everyday Offerings	Chicken Veggie Stir Fry, Egg Roll, Fruit & Milk
Monday 1/14/19	Donut Day!	Spaghetti & Meat Sauce, Bread Stick, Veggie, Fruit & Milk	Tuscan Chicken Sandwich Or Everyday Offerings	Spaghetti & Meat Sauce, Bread Stick, Veggie, Fruit & Milk
Tuesday 1/15/19	Breakfast Bar, Toast, Fruit, Juice & Milk	Beef Nachos!	BOB (Big O Burrito) Or Everyday Offerings	Beef Nachos!
Wednesday 1/16/19	Cereal Day!	Hearty Beef Stew, Roll, Veggie, Fruit & Milk	Pasta Bar Or Everyday Offerings	Hearty Beef Stew, Roll, Veggie, Fruit & Milk
Thursday 1/17/19	Bagel, Cream Cheese, Fruit, Juice & Milk	Grilled Cheese & Tomato Soup, Fruit & Milk	Hawaiian Chicken & Rice Or Everyday Offerings	Grilled Cheese & Tomato Soup, Fruit & Milk
Friday 1/18/19	Dutch Waffle, Fruit, Juice & Milk	Chicken and Noodles, Biscuit, Veggie, Fruit & Milk	Chef choice Or Everyday Offerings	Chicken and Noodles, Biscuit, Veggie, Fruit & Milk
Monday 1/21/19	NO School	NO School	NO School	NO School
Tuesday 1/22/19	Pancake on a Stick, Fruit, Juice & Milk	Beef & Bean Burrito, Veggie, Fruit & Milk	Beef & Bean Burrito Or Everyday Offerings	Chef Choice
Wednesday 1/23/19	Cereal Day!	Frito Chili Pie!	Mac & Cheese Bar Or Everyday Offerings	Frito Chili Pie!
Thursday 1/24/19	Pancake Bites, Fruit, Juice & Milk	Breakfast For Lunch!	Breakfast For Lunch! Or Everyday Offerings	Breakfast For Lunch!
Friday 1/25/19	Biscuit & Gravy Day!	Mazzio's Pepperoni Pizza! 	Mazzio's Pepperoni Pizza! 	Mazzio's Cheese Pizza! 
Monday 1/28/19	Donut Day!	Hamburger, Veggie, Fruit & Milk	Chili Fries Or Everyday Offerings	Hamburger, Veggie, Fruit & Milk
Tuesday 1/29/19	Sausage & Cheese Biscuit, Fruit, Juice & Milk	Walking Taco	BOB (Big O Burrito) Or Everyday Offerings	Walking Taco
Wednesday 1/30/19	Cereal Day!	Turkey and Cheese Sandwich, Veggie, Fruit & Milk	Pasta Bar Or Everyday Offerings	Chef Choice
Thursday 1/31/19	Breakfast Pizza, Fruit, Juice, & Milk	Chicken Pot Pie, Biscuit, Veggie, Fruit & Milk	Hawaiian Chicken & Rice Or Everyday Offerings	Chicken Pot Pie, Biscuit, Veggie, Fruit & Milk
	Join Us For Breakfast! Breakfast is served Daily in our Lower Elem & Upper Café. Fruit, Juice & Milk are offered Daily at Breakfast.	Did you Know: January 11 th is National Milk day!	EVERYDAY OFFERINGS Upstairs Chef Salad Smoke Turkey Sandwich or Hot Ham & Cheese W/Veggie Boat Soup of the Day	Fun Web Sites: www.choosemyplate.gov www.fueluptoplay60.com www.choosemyplate.gov