



Malakoff Child Nutrition Services
School Year 2017-2018
Seamless Summer
Food Based Menu Planning
Offer vs. Serve

Every meal includes one of the following varieties of milk: 1% unflavored, Fat Free Unflavored & Chocolate.

Additional 1/2 Cup of Fresh Fruit and/or 1/2 Cup Assorted 100% Fruit Juice offered daily.

Students may choose as few as 3 of these items, however, one choice must be 1/2 cup fruit or 1/2 cup vegetable to count the tray as reimbursable or the student may choose all of the items. If a tray does not have at 1/2 c. fruit or 1/2 c. vegetable, the food items must be purchased as a la carte items.

Second visit, all food items are A la carte price.

Menus subject to change. Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/4/2018-6/7/2018	BBQ Mini Sliders Sweet Potato Tots Spinach Carrot Coins Fresh Seasonal Fruit Milk Variety	Hamburger or Cheeseburger Veggie Beans Sweet Potato Fries Fresh Seasonal Fruit Milk Variety	Extreme Burritos Corn Spanish Rice Fresh Seasonal Fruit Milk Variety	Popcorn Chicken Roll/Toast Sweet Potato Fries Broccoli Fresh Seasonal Fruit Milk Variety	
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/11/2018-6/14/2018	Chicken Fingers Mashed Potatoes Broccoli Fresh Seasonal Fruit Milk Variety	Texas Basket Carrot Coins Fresh Seasonal Fruit Milk Variety Hamburger	Grilled Cheese Sandwich Tomato Soup Mixed Veggies Fresh Seasonal Fruit Milk Variety	BBQ Mini Sliders Sweet Potato Tots Pinto Beans Spinach Fresh Seasonal Fruit Milk Variety	
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/18/2018-6/21/2018	Chili Cheese Combo Salsa Veggie Medley Fresh Seasonal Fruit Milk Variety	Corn Dog & Tots Baked Beans Broccoli Bites Fresh Seasonal Fruit Milk Variety	Tuna Fish Sandwich Sunchips Carrot Coins Fresh Seasonal Fruit Milk Variety	Steak Fingers Mash Potatoes Spinach Carrots Fresh Seasonal Fruit Milk Variety	
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/25/2018-6/27/2018	Chicken Fingers Mashed Potatoes Broccoli Fresh Seasonal Fruit Milk Variety	Meatball Sub Potato Rounds Broccoli Fruit Milk Variety	Popcorn Chicken Roll/Toast Sweet Potato Fries Broccoli Fresh Seasonal Fruit Milk Variety		
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/23/2018-7/27/2018	Meatball Sub Potato Rounds Broccoli Fruit Milk Variety	Mexican Combo Plate Pinto Beans Salsa Corn Fruit Milk Variety	Pizza Sticks w/ Marinara Corn Veggie Medley Fruit Milk Variety	Sloppy Joes Carrot Coins Beans Fruit Milk Variety	Hamburger/Cheeseburger Veggie Beans Sweet Potato Fries Fruit Milk Variety
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7/30/2018-8/3/2018	Fish Sticks Texas Toast Potato Smiles Carrots Fruit Milk Variety	Sloppy Joes Corn Beans Fresh Carrots Fruit Milk Variety	Tuna Fish Sandwich Sunchips Carrot Coins Broccoli Fruit Milk Variety	Hamburger/Cheeseburger Veggie Beans Sweet Potato Fries Fruit Milk Variety	Corn Dog & Tots Baked Beans Broccoli Bites Fruit Milk Variety

Student Lunch: \$2.50 / Student second meal \$3.50 / Reduced .40
 Adult / Visitor Lunch \$3.50

Extra Entrée: \$1.50	Extra Vegetable: .75	Extra Juice: .75
Extra Fruit: .75	Extra Milk: .50	