



**Malakoff Child Nutrition Services**  
**School Year 2017-2018**  
**Grades Pre-K & Headstart**  
**Food Based Menu Planning**  
**Serve**

Only 1% unflavored, Fat Free Unflavored can be served to Pre-K and Headstart.  
 Pre-K and Headstart can only be served juice once per day over all meals and snacks.  
 Offer vs. Serve is not allowed for Pre-K and Headstart.  
 Second visit, all food items are A la carte price.  
**Menus subject to change**  
 Check school calendar for scheduled student holidays/early release days.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 28-Sept. 1 Oct. 9-13 Nov. 20-24 Jan. 1-5 Feb. 12-16 Mar. 26-30 May. 7-11	Chicken Fajitas Charro Beans Seasoned Corn Sliced Seasonal Fruit Milk	Meatball Sub Sandwich Potato Rounds Sliced Fresh Vegetables Mixed Fruit Milk	Chicken Nuggets Mac and Cheese Savory Green Beans Apple Slices Milk	Pizza Choice Seasoned Corn Ice Dogs Milk	Hamburger/Cheeseburger Hamburger Garnish Cucumber Slices Cinnamon Applesauce Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 4-8 Oct. 16-20 Nov. 27-Dec. 1 Jan. 8-12 Feb. 19-23 Apr. 2-6 May 14-18	Steak Fingers Gravy Mashed Potatoes Carrot Coins Roll Strawberries Milk	Spaghetti Bowl Breadstick California Blend Vegetables Fruit Cup Milk	Texas Chili Honey Corn Biscuit Celery Sticks Carrot Sticks Orange Smiles Milk	Mexican Combo Plate Refried Beans Salsa Lettuce/Tomato Garnish Sliced Peaches Milk	Popcorn Chicken Roll Broccoli Oven Fries Sliced Seasonal Fruit Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 11-15 Oct. 23-27 Dec. 4-8 Jan. 15-19 Feb. 26-Mar. 2 Apr. 9-13 May 21-25	Pizza Choice Carrots Seasoned Corn Sliced Grapes Milk	Frito Pie Sliced Fresh Vegetables Charro Beans Sliced Fruit Choice Lettuce/Tomato Garnish Milk	Chicken Nuggets Mashed Potatoes Garden Salad Pears Milk	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Carrots Orange Smiles Milk	BBQ Riblet Sandwich Coleslaw Savory Green Beans Chilled Pineapple Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 18-22 Oct. 30-Nov. 3 Dec. 11-15 Jan. 22-26 Mar. 5-9 Apr. 16-20	Oven Roasted Chicken Broccoli Roll Baked Beans Sliced Fruit Choice Milk	Nachos Grande Refried Beans Salsa Sliced Tomatoes Cucumber Slices Peaches Milk	Chicken Sandwich Oven Fries Sliced Fresh Vegetables Mandarin Oranges Milk	Pizza Choice Crunchy Broccoli Salad Sliced Seasonal Fruit Milk	Asian Bowl Eggroll Ice Dogs Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 25-29 Nov. 6-10 Dec. 18-22 Jan. 29-Feb. 2 Mar. 12-16 Apr. 23-27	Country Fried Steak Strips Gravy Mashed Potatoes Roll Stawberry Cup Milk	Meat & Cheese Chalupas Salsa Zesty Cucumbers Refried Beans Applesauce Milk	Chicken Tenders Gravy Broccoli Sweet Potato Fries Mixed Fruit Milk	Chicken Spaghetti Breadstick Garden Salad Carrots Apple Slices Milk	Mac and Cheese Coleslaw Savory Green Beans Orange Smiles Graham Crackers Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct. 2-6 Nov. 13-17 Dec. 25-29 Feb. 5-9 Mar. 19-23 Apr.30-May. 4	Texas Basket Sliced Fresh Vegetables Mixed Fruit Milk	Tex-Mex Stack Charro Beans Salsa Cinnamon Applesauce Milk	Chicken Alfredo Breadstick Tuscan Vegetables Garden Salad Peaches Milk	Country Pot Pie Sliced Fresh Vegetables Snowball Salad Milk	Popcorn chicken Savory Green Beans Mashed Potatoes Apple Slices Milk
Extra Entrée: \$1.50    Extra Vegetable: .75    Extra Juice: .75    Extra Fruit: .75    Extra Milk: .50					

Student Lunch: \$0 /Student second meal \$3.50/Adult -Visitor Lunch \$3.50

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