



Malakoff Child Nutrition Services
 School Year 2017-2018
 Grades Pre-K & Headstart
 Food Based Menu Planning
 Serve

Only 1% unflavored, Fat Free Unflavored can be served to Pre-K and Headstart.

Pre-K and Headstart can only be served juice once per day over all meals and snacks.

Offer vs. Serve is not allowed for Pre-K and Headstart.

Second visit, all food items are A la carte price.

Menus subject to change

Check school calendar for scheduled student holidays/early release days.

Cycle Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug. 28-Sept. 1 Oct. 9-13 Nov. 20-24 Jan. 1-5 Feb. 12-16 Mar. 19-23 Apr. 30-May 1	Chicken Fajitas Charro Beans Seasoned Corn Sliced Seasonal Fruit Milk	Meatball Sub Sandwich Potato Rounds Sliced Fresh Vegetables Mixed Fruit Milk	Chicken Nuggets Mac and Cheese Savory Green Beans Apple Slices Milk	Pizza Choice Seasoned Corn Ice Dogs Milk	Hamburger/Cheeseburger Hamburger Garnish Cucumber Slices Cinnamon Applesauce Milk
Cycle Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 4-8 Oct. 16-20 Nov. 27-Dec. 1 Jan. 8-12 Feb. 19-23 Mar. 26-30 May 7-11	Steak Fingers Gravy Mashed Potatoes Carrot Coins Roll Strawberries Milk	Spaghetti Bowl Breadstick California Blend Vegetables Fruit Cup Milk	Texas Chili Honey Corn Biscuit Celery Sticks Carrot Sticks Orange Smiles Milk	Mexican Combo Plate Refried Beans Salsa Lettuce/Tomato Garnish Sliced Peaches Milk	Popcorn Chicken Roll Broccoli Oven Fries Sliced Seasonal Fruit Milk
Cycle Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 11-15 Oct. 23-27 Dec. 4-8 Jan. 15-19 Feb. 26-Mar. 2 Apr. 2-6 May 14-18	Pizza Choice Carrots Seasoned Corn Sliced Grapes Milk	Frito Pie Sliced Fresh Vegetables Charro Beans Sliced Fruit Choice Lettuce/Tomato Garnish Milk	Chicken Nuggets Mashed Potatoes Garden Salad Pears Milk	Hamburger/Cheeseburger Hamburger Garnish Oven Fries Carrots Orange Smiles Milk	BBQ Riblet Sandwich Coleslaw Savory Green Beans Chilled Pineapple Milk
Cycle Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 18-22 Oct. 30-Nov. 3 Dec. 11-15 Jan. 22-26 Mar. 5-9 Apr. 9-13 May 21-25	Oven Roasted Chicken Broccoli Roll Baked Beans Sliced Fruit Choice Milk	Nachos Grande Refried Beans Salsa Sliced Tomatoes Cucumber Slices Peaches Milk	Chicken Sandwich Oven Fries Sliced Fresh Vegetables Mandarin Oranges Milk	Pizza Choice Crunchy Broccoli Salad Sliced Seasonal Fruit Milk	Asian Bowl Eggroll Ice Dogs Milk
Cycle Week 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 25-29 Nov. 6-10 Dec. 18-22 Jan. 29-Feb. 2 Mar. 12-16 Apr. 16-20 May 28-31	Country Fried Steak Strips Gravy Mashed Potatoes Roll Strawberry Cup Milk	Meat & Cheese Chalupas Salsa Zesty Cucumbers Refried Beans Applesauce Milk	Chicken Tenders Gravy Broccoli Sweet Potato Fries Mixed Fruit Milk	Chicken Spaghetti Breadstick Garden Salad Carrots Apple Slices Milk	Mac and Cheese Coleslaw Savory Green Beans Orange Smiles Graham Crackers Milk
Cycle Week 6	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Oct. 2-6 Nov. 13-17 Dec. 25-29 Feb. 5-9 Mar. 19-23 Apr. 23-27	Texas Basket Sliced Fresh Vegetables Mixed Fruit Milk	Tex-Mex Stack Charro Beans Salsa Cinnamon Applesauce Milk	Chicken Alfredo Breadstick Tuscan Vegetables Garden Salad Peaches Milk	Country Pot Pie Sliced Fresh Vegetables Snowball Salad Milk	Popcorn chicken Savory Green Beans Mashed Potatoes Apple Slices Milk

Extra Entrée: \$1.50 Extra Vegetable: .75 Extra Juice: .75 Extra Fruit: .75 Extra Milk: .50

Student Lunch: \$0 / Student second meal \$3.50 Adult / Visitor Lunch \$3.50

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program_intake@usda.gov.

This institution is an equal opportunity provider.