

Malakoff ISD  
SHAC MINUTES  
November 4, 2020

Meeting:

We began the meeting by everyone signing in and receiving an agenda. This was our first meeting with community members and our MHS students so we took time to introduce ourselves.

Presentation:

Debbie Vieregge, our district nurse presented on STRESS and took time to lead us in some stress releasing exercises. We learned that you have a natural response to stress that can affect your health in many ways and understanding what "Fight or Flight" means to the central nervous system could actually encourage you to take time to relieve stress.

2020-2021 Goals:

Mrs. Norris spoke about how it is our goal to complete the Emergency Bucket List this school year. Nurses will be getting their number count of what is still needed on each campus to her.

Appreciation:

Superintendent, Don Layton addressed the group and pointed out the great work our nurses have been doing during the difficult time. He personally wanted to thank each of them for their efforts in keeping our campuses and staff safe.

Discussion:

Nurse Vieregge spoke on the new COVID tests that have come to the district and how they will be receiving training tomorrow. These tests will allow the district to do their own testing of staff and students at no charge. Secondary campuses are using a seating chart to help with the contact tracing.

Nurse Vieregge also reported that we will be having another flu shot clinic soon.

Campus Updates:

MES- finished shot records, some students on quarantine will be back on Nov. 9th.

MHS- some students on quarantine will be back on Nov. 10th.

MMS- some students are on quarantine

TES- doing well

Community Representative:

Carolyn Tyler, (parent and TX A&M Agri Life) - She will be available to help with testing when we need her. She will also be helping with the training.

Next meeting is set for January 25, 2021 at 3:45 p.m.

