

Buna Cross Country Practice and Meets

Practice will be:

Monday-Wednesday after school from 3:50 – 5:00

(Optional Practices) Tuesday and Thursday mornings at 6:30

Fridays are run on your own days 3+ miles and update coach through the Band App.

Please make sure that you have the Band App downloaded for Cross Country communication messages.

Due to the COVID-19 Pandemic UIL has made many changes to the Cross-Country rules. Meets can now only have 7 teams participate. Many schools meets overlapped and many cancelled all together. Please be understanding with the way this season will take place.

Meets:

Anahuac Sept. 19th Leave from the Activity Center at 6:15am. All runners will be in the JV division.

Boys will start at 8:45

Girls will start at 9:10

Sept. 26th Run at the High School for time trials. 9:30- 11:00 am.

October 3rd no meet/ no run

October 10th Run at the High School for time trials. 9:30-11:00am.

October 17th Run the trails Beaumont walking trail.

October 24th Run at the High School for time trials. 9:30-11:00 am.

October 28th District meet at Woodville time TBA