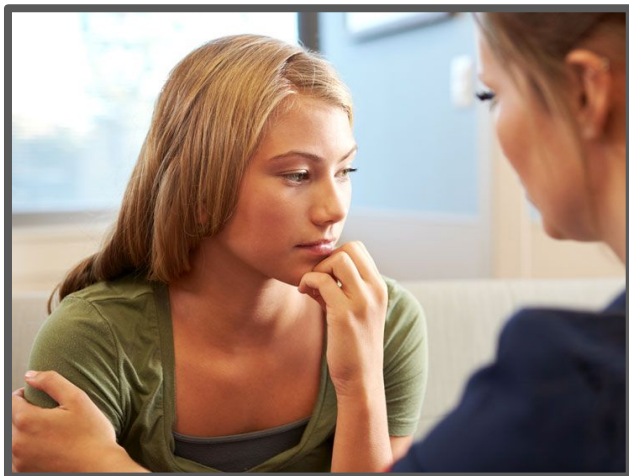


2019-2020

**Logan-Rogersville
High School**

Freshmen Parent Meeting



Raising a Teenager

**The
High School
Years**



Be

LIFELONG LEARNER

RESPECTFUL, RESPONSIBLE, & FOCUSED

HIGH ACHIEVER

SUCCESSFUL

Mission

*Preparing All
Students for
College, Career,
& Life*



#BeLRHS

Wildcat Nation

ENTIRE BUILDING

STATES

GRADE LEVEL

CITIES

HOME ROOM



*Supporting a
Community of
Learners*

Wildcat Nation

Population

Wildcat Nation : 729

States

Freshmen	199
Sophomores	198
Juniors	163
Seniors	169



*Supporting a
Community of
Learners*

As of 6:00 PM on 9/11/19

Wildcat Nation

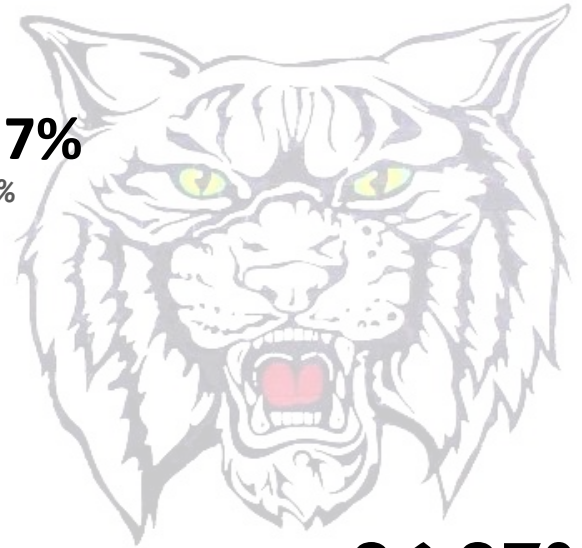
Attendance

Wildcat Nation 89.7%

Percentage of Students Above 90%

State Leaders

Seniors	90.2%
Juniors	86.7%
Sophomores	89.3%
Freshmen	92.0%



96.97%

August 15th to September 11th

*Supporting a
Community of
Learners*

*Attendance is Recorded
by Minutes*

*Students must attend
four class periods to be
eligible for
extracurricular activities*



Check In / Check Out

If you arrive AFTER 7:30 AM,
You need to sign in either at the
Check-In Station or the Front Office.

If you must leave
BEFORE the End of the Day
CHECK OUT IN THE OFFICE
*Complete Yellow Slip
*Parental Consent is Required
Regardless of Age

INFRACTIONS

1st Offense: 4 Tardies to a Class
An Immediate ASD or BSD

2nd Offense: 6 Tardies to a Class
1 Day ISS

3rd Offense: 9 Tardies to a Class
2 Days ISS

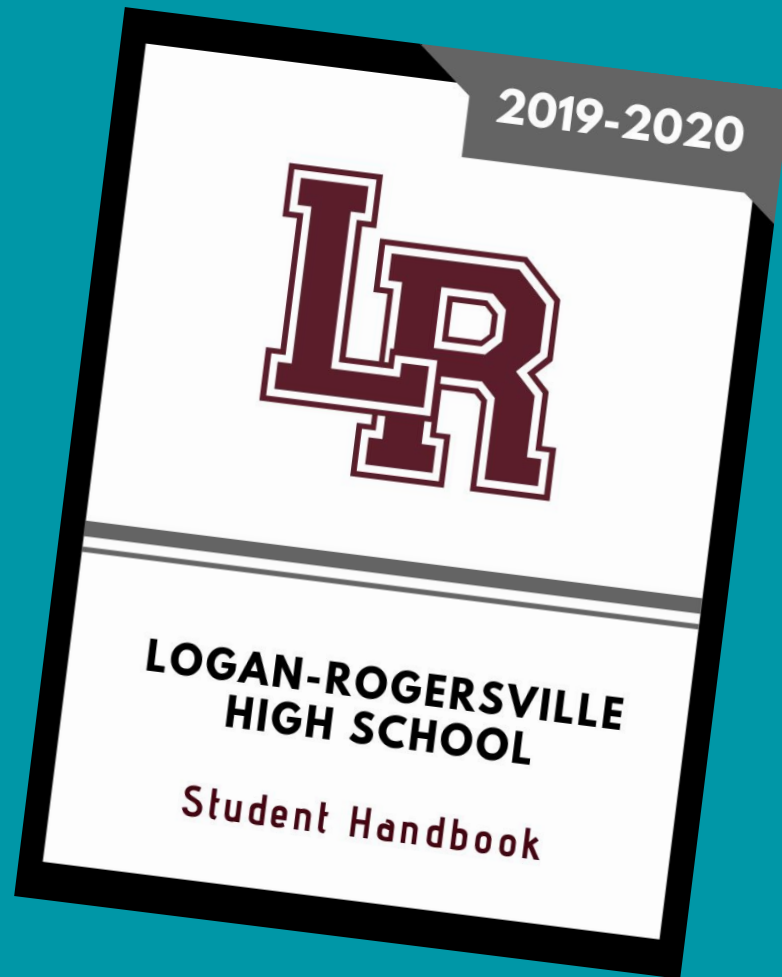
Subsequent Offenses: 10, 11, 12
+Days ISS / OSS



***Tardies re-set at the
beginning of each
semester.***

**Student
Handbook**

*High School
Website*



Don't Get Derailed

*There are many distractions for
high school students.*

*Making poor choices can
prevent students from hitting
their fullest potential.*

Mandy Williams, School Nurse

Health Advisory:

Severe Lung Disease Associated with Vaping

August 20, 2019

This document will be updated as new information becomes available. The current version can always be viewed at <http://www.health.mo.gov>.

The Missouri Department of Health & Senior Services (DHSS) is now using 4 types of documents to provide important information to medical and public health professionals, and to other interested persons:

Health Alerts convey information of the highest level of importance which warrants immediate action or attention from Missouri health providers, emergency responders, public health agencies, and/or the public.

Health Advisories provide important information for a specific incident or situation, including that impacting neighboring states; may not require immediate action.

Health Guidances contain comprehensive information pertaining to a particular disease or condition, and include recommendations, guidelines, etc. endorsed by DHSS.

Health Updates provide new or updated information on an incident or situation; can also provide information to update a previously sent Health Alert, Health Advisory, or Health Guidance; unlikely to require immediate action.

Office of the Director
912 Wildwood
P.O. Box 570
Jefferson City, MO 65102
Telephone: 800-392-0272
Fax: 573-751-6041

Website: <http://www.health.mo.gov>

Health Advisory
August 20, 2019

FROM: RANDALL W. WILLIAMS, MD, FACOG
DIRECTOR

SUBJECT: **Severe Lung Disease Associated with Vaping**

There have been 94 possible cases of severe lung illness associated with vaping in 14 states (30 cases in Wisconsin) from June 28, 2019, to August 15, 2019. As of August 17, 2019, the Centers for Disease Control and Prevention (CDC) is assisting several states (Wisconsin, Illinois, California, Indiana, and Minnesota) in investigation of clusters of pulmonary illnesses linked to e-cigarette product use, or "vaping," primarily among adolescents and young adults. While some cases in each of the states are similar and appear to be linked to e-cigarette product use, more information is needed to determine what is causing the illnesses. Even though no severe lung disease associated with vaping has been reported in Missouri to date, the Missouri Poison Center has received over 600 calls with various complaints related to e-cigarettes over the last 10 years, and has managed over 30 cases with breathing difficulties associated with vaping over the last 5 years.

Patients presented with cough, shortness of breath, chest pain, and fatigue, which became worse over days or weeks before hospital admission. All patients reported "vaping" (i.e., use of e-cigarette devices to aerosolize substances for inhalation) in the weeks and months prior to hospital admission. Many have acknowledged recent use of tetrahydrocannabinol (THC)-containing products; however, no specific product has been identified by all cases, nor has any product been conclusively linked to this clinical syndrome. The severity of the disease has varied among patients, with some needing mechanical ventilation to assist with breathing, and subsequently those patients improved with corticosteroid treatment. All confirmed cases required hospitalization. Some patients also had fever, anorexia, pleuritic chest pain, nausea, and diarrhea. Evaluation for infectious etiologies was negative among nearly all patients. Chest radiographs of those patients showed bilateral opacities, mostly in the lower lobes. Chest CT imaging was consistent with diffuse ground-glass opacities. While patients have improved with treatment, long-term health effects are unknown at this time.

As of today, e-cigarettes available in the U.S. have not been systemically reviewed by the Food and Drug Administration (FDA) to determine their impact on lung health. Nevertheless, it is known that e-cigarettes both contain and emit a number of potentially toxic substances. In January 2018, the National Academies of Science, Engineering and Medicine released a consensus study report stating that inhalation of harmful chemicals through "vaping" can cause irreversible lung damage and lung disease. The Academies' report also states there is moderate evidence that youth who use e-cigarettes are at increased risk for cough and wheezing and an increase in asthma exacerbations.

Most Commonly Selected Reasons for Electronic Cigarette Use Among Middle and High School Students

- 39% “Used by Friends/Family Members”
- 31% Availability of “Flavors such as mint, candy, fruit, or chocolate”
- 17% “They are less Harmful than other forms of tobacco such as cigarettes”
- 5% “They are easier to get than other forms of tobacco such as cigarettes”
- 3% “They cost less than other forms of tobacco products such as cigarettes”
- 2% “Famous people on TV or in movies use them”

E-cigarettes and Youth: What Parents Need to Know



WHAT ARE E-CIGARETTES?

Electronic cigarettes (e-cigarettes) are battery-powered devices that deliver nicotine, flavorings, and other ingredients to the user. Using e-cigarettes is sometimes called "vaping." E-cigarettes do not create harmless "water vapor" – they create an aerosol that can contain harmful chemicals.

HOW MANY YOUTH ARE USING E-CIGARETTES?

- E-cigarettes have been the most commonly used tobacco product among U.S. youth since 2014.
- In 2018, CDC and FDA data showed that more than 3.6 million U.S. youth, including 1 in 5 high school students and 1 in 20 middle school students, were past-month e-cigarette users.
- During 2017 and 2018, e-cigarette use skyrocketed among youth, leading the U.S. Surgeon General to call the use of these products among youth an epidemic in the United States.

WHAT ARE THE RISKS FOR YOUTH?

- Most e-cigarettes contain nicotine, which is highly addictive. Nicotine exposure during adolescence can:
 - Harm brain development, which continues until about age 25.
 - Impact learning, memory, and attention.
 - Increase risk for future addiction to other drugs.
- Young people who use e-cigarettes may be more likely to go on to use regular cigarettes.
- Many e-cigarettes come in kid-friendly flavors – including mango, fruit, and crème – which make e-cigarettes more appealing to young people.
- E-cigarette aerosol is not harmless. It can contain harmful substances, including:
 - Nicotine
 - Ultrafine particles
 - Cancer-causing chemicals
 - Flavorings that have been linked to lung disease
 - Volatile organic compounds
 - Heavy metals such as nickel, tin, and lead



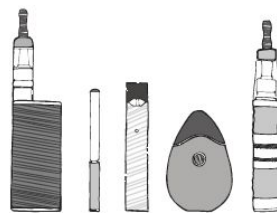
U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.CDC.gov/e-cigarettes



WHAT DO E-CIGARETTES LOOK LIKE?

- E-cigarettes come in many shapes and sizes. Some look like regular cigarettes, cigars, or pipes. Larger e-cigarettes such as tank systems – or "mods" – do not look like other tobacco products.
- Some e-cigarettes look like other items commonly used by youth, such as pens and other everyday items. New e-cigarettes shaped like USB flash drives are popular among youth, including JUUL and the PAX Era, which looks like JUUL and delivers marijuana.



WHAT CAN YOU DO AS A PARENT OR CAREGIVER?

As a parent or caregiver, you have an important role in protecting children from e-cigarettes.

- Talk to your child or teen about why e-cigarettes are harmful for them. It's never too late.
- Set a good example by being tobacco-free.
- Learn about the different shapes and types of e-cigarettes and the risks of e-cigarette use for young people at www.CDC.gov/e-cigarettes.

ABOUT USB FLASH DRIVE-SHAPED E-CIGARETTES

As a parent or caregiver, you may have heard about the use of USB flash drive-shaped e-cigarettes, including JUUL (pronounced "jewel"). JUUL is the top-selling e-cigarette brand in the United States.

JUUL is being used by students in schools, including in classrooms and bathrooms. JUUL's nicotine liquid refills are called "pods." According to the manufacturer, a single JUUL pod can contain as much nicotine as a pack of 20 regular cigarettes.

JUUL delivers nicotine in a new form called "nicotine salts," which can make it less harsh on the throat and easier to use by youth. JUUL also comes in flavors that can appeal to youth.



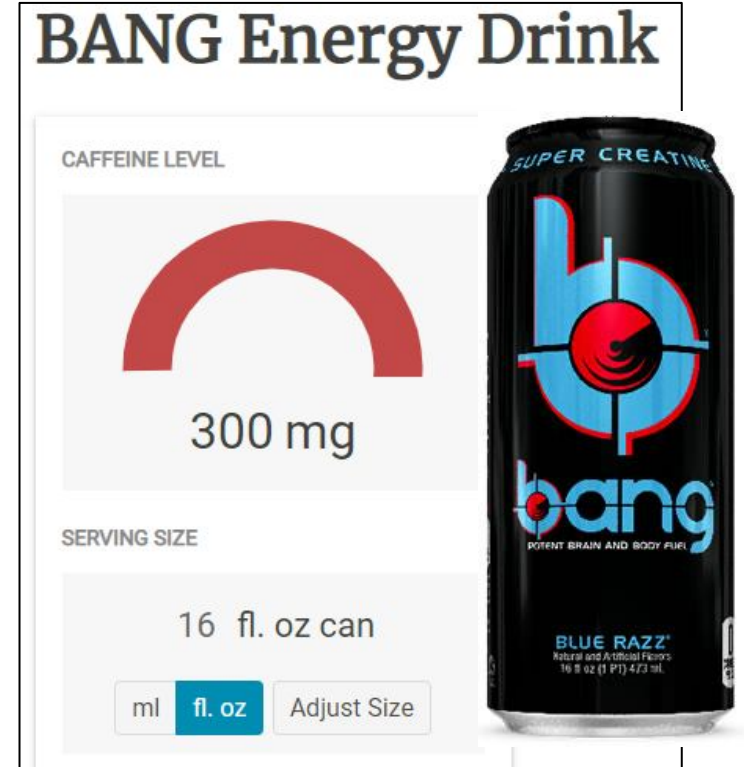
U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.CDC.gov/e-cigarettes

Mayo Clinic advises against exceeding 400mg of caffeine per day



Photo illustration by Benjamin Zack



CoxHealth In-School Virtual Clinic



Cell Phones

Personal Responsibility



LRHS

SCHOOL LUNCH

TIPS AND TRICKS

4 Entree Options

- 1) School Lunch
- 2) Rotating Bar
- 3) Sandwiches in Foil
- 4) Deli Wraps

School Lunch

BREAKFAST

\$1.30

LUNCH

\$2.65

Reduced Prices

Breakfast **\$0.30**

Lunch **\$0.40**

1) School Lunch

2) Rotating Bar

Monday: Pizza or Pasta

Tuesday: Tex-Mex

Wednesday: Potato

Thursday: Chinese

Friday: Basket Surprise

3) Sandwiches in Foil

Examples

Cheeseburger

Corn Dogs

Chicken Patty

Burritos

4) Deli Wraps

Ham/Turkey/etc.

Veggie

SCHOOL LUNCH

What is a Complete Meal?

- An Entree
- A Fruit
- Another Item

SCHOOL LUNCH



Caution

If students don't make a complete meal, they are spending about the same money for less food.

1 Entree = \$2.00

1 Milk = \$0.40

\$2.40

Complete Meal

1 Entree

up to 4 Side Items

\$2.65



SCHOOL LUNCH



The Fun Food

STUDENTS CAN SPEND A LOT OF MONEY on ALA CARTE ITEMS



SCHOOL LUNCH



A. \$4.90



B. \$2.65

What is the cost of each lunch tray?



Complete Meals



Stay
Positive

Wildcat Meal



Use the LR
School Store

Grading Policy

**Grading
Beliefs**

Credit

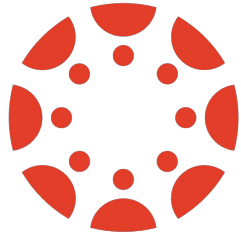
RECLASSIFICATION

**Weighted
Grades**

Grade Point Average

**Graduation
Requirements**

26



canvas

Parent Observer Role

Where to find parent information

Login as an Observer

LR

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INSTRUCTURE

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INSTRUCTURE

A+ Program

**Be
LRHS**

- 95% Attendance Over 4 Years
- Good Citizenship
- 2.50 Cumulative Grade Point Average
- 50 Hours of Unpaid Tutoring / Community Service
- Qualifying Score in Mathematics (Algebra)

**Missouri
Community
Colleges & Trade
Schools**

Free Tuition (2 years)



- Auto Collision Repair
- Automotive Technology
- Diesel Technology
- Early Childhood
- Health Sciences
- Electronic Media Production
- Computer Information Science
- Heating / Refrigeration
- Networking Technology
- PLUS Many More....



- Medicine & Health Care
- Engineering & Manufacturing
- Business & Entrepreneurship
- IT & Software Solutions
- Teacher Education



AM Session:

Career Center / Employment / Community Outreach

PM Session: Odysseyware Curriculum

**Off-Site
Alternative
Program**



Wildcat Nation

Stay Informed

www.logrog.net

Counselor Page

@LRHSWildcats



*Supporting a
Community of
Learners*

Counselors

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H-N Mrs. Wood

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O-Z Mrs. Meinert

gmeinert@logrogstudents.net

*Career
Planning*

Homecoming

*Clubs &
Organizations*

Questions & Answers

2019-2020

Thank You for Attending

*We value your feedback.
An exit survey will be emailed to you.*