

October is Domestic Violence Awareness Month

This observance inspires change by encouraging those in abusive relationships to get help. The month isn't just about learning; it's about doing.

- Contact an advocacy group for support, information and assistance with staying safe.
- Call the National Domestic Violence Hotline at 1-800-799-SAFE (1-800-799-7233) or visit [TheHotline.org](https://www.thehotline.org) for help.

Call your Employee Assistance Program at 1-800-269-6014 (TTY 711) or visit MagellanAscend.com for helpful resources.

