

**SOUTH CONWAY COUNTY PUBLIC SCHOOLS
MENUS**

BREAKFAST

Monday, Sept. 23, 2019

Yogurt Cup
Granola Bar
Fruit
Juice-Milk

Tuesday, Sept. 24, 2019

Sausage/Pancake on stick
Fruit
Juice/Milk

Wednesday, Sept. 25, 2019

Blueberry Muffin
Fruit
Juice/Milk

Thursday, Sept. 26, 2019

Sausage Roll Up
Fruit
Juice/Milk

Friday, Sept. 27, 2019

Banana Bread Slice
Fruit
Juice-Milk

Choices offered daily:
K - 12 Yogurt, String Cheese,
And Goldfish Crackers

4 – 12: Chef Salad



LUNCH

Monday, Sept. 23, 2019

Crispy Chicken Sandwich
Lettuce,Tomato,Pickle
Seasoned Broccoli
Oven Fries
Fresh Fruit-Milk Variety

Tuesday, Sept. 24, 2019

Chicken Noodle Soup
Cheesy Breadstick.
Seasoned Corn
Fresh Fruit-Milk Variety

Wednesday, Sept. 25, 2019

Beef Taco
Refried Beans
Lettuce/Tomato
Fresh Fruit-Milk Variety

Thursday, Sept 26, 2019

Pork Roast w/Gravy
Mashed Potatoes
Seasoned Green Beans
Hot Homemade Roll
Fruit Juice/Milk

Friday, Sept. 27, 2019

Chicken & Cheese Crispito
Tossed Salad w/ranch
Seasoned Carrots
Fruit/Milk Variety