

**SOUTH CONWAY COUNTY PUBLIC SCHOOLS
MENUS**

BREAKFAST

Monday, October 5, 2020

Cherry Struedal
Fruit Cup
Fruit Juice-Milk/Variety

Tuesday, October 6, 2020

Cereal Bar, Graham Cracker
Fruit Cup
Fruit Juice/Milk/Variety

Wednesday, October 7, 2020

Honey Bun
Graham cracker
Fruit Cup
Fruit Juice/Milk/Variety

Thursday, October 8, 2020

Chocolate Chip Muffin
Fruit Cup
Fruit Juice/Milk/Variety

Friday, October 9, 2020

Mini Cinnamon Bagel
Scooby Snack
Fruit Cup
Fruit Juice/Milk/ Variety



LUNCH

Monday, October 5, 2020

Chicken Fajita Wrap
Lettuce/Pickles/Tomato
Seasoned Corn
Fruit Cup/Fresh Fruit
Ice Cold Milk

Tuesday, October 6, 2020

Mexican Chicken
Seasoned Broccoli
Bread Stick
Fruit Cup /Fresh Fruit
Ice Cold Milk

Wednesday, October 7, 2020

Nachos w/ Ground Beef
Lettuce/Tomato
Refried Beans
Fruit Cup/Fresh Fruit
Ice Cold Milk

Thursday, October 8, 2020

Baked Ham
Mashed Potatoes
Mixed Vegetables
Hot Roll
Fresh Fruit/Fruit Cup
Ice Cold Milk

Friday, October 9, 2020

4 Cheese Pizza
Seasoned Carrots
Baked Chips
Fruit Cup/Fresh Fruit
Milk