

**SOUTH CONWAY COUNTY PUBLIC SCHOOLS
MENUS**

BREAKFAST

Monday, January 21, 2019
Martin Luther King Day
NO SCHOOL

Tuesday, January 22, 2019
Blueberry Pancake and Sausage on a Stick
Fruit
Juice/Milk

Wednesday, January 23, 2019
Yogurt Cup
Graham Crackers
Fruit
Juice/Milk

Thursday, January 24, 2019
Sausage Roll Up
Fruit
Juice/Milk

Friday, January 25, 2019
Honeybun
Fruit
Juice/Milk

LUNCH

Monday, January 21, 2019
Martin Luther King Day
NO SCHOOL

Tuesday, January 22, 2019
Turkey Melt Sandwich
Lettuce, Tomato, Pickle
Baked Chips
Baby Carrots w/Ranch
Ice Cream Cup
Fruit/Milk

Wednesday, January 23, 2019
Chicken and Cheese Crispito
Tossed Salad w/Ranch
Seasoned Corn
Fruit/Milk

Thursday, January 24, 2019
Breaded Beef Sticks w/Gravy
Mashed Potatoes
Seasoned Carrots
Whole Wheat Roll
Fruit/Milk

Friday, January 25, 2019
Cheeseburger on a Bun
Lettuce, Pickles, Tomato
Steamed Broccoli
Fruit Slush
Milk