

**SOUTH CONWAY COUNTY PUBLIC SCHOOLS
MENUS**

BREAKFAST

Monday, January 11, 2021

Mini Maple Waffles

Fruit

Juice/Milk

Tuesday, January 12, 2021

Blueberry Muffin

Fruit

Juice

Milk

Wednesday, January 13, 2021

Sausage Pancake on a Stick

Fruit

Juice/Milk

Thursday, January 14, 2021

Sausage Roll Up

Fruit

Juice/Milk

Friday, January 15, 2021

Ham, Egg and Cheese Bar

Fruit

Juice/Milk

LUNCH

Monday, January 11, 2021

BBQ Chicken Sandwich

Lettuce/Tomato/Pickle

Baked Beans

Fruit/Milk

Tuesday, January 12, 2021

Oven Roasted Chicken

Mixed Vegetables

Garlic Toast

Fruit/Milk

Wednesday, January 13, 2021

Cheeseburger on Bun

Lettuce/Pickles

Steamed Broccoli

Fruit/Milk

Thursday, January 14, 2021

Beef steak W/Gravy

Mashed Potatoes

Seasoned Carrots

Whole Wheat Roll

Fruit/Milk

Friday, January 15, 2021

Vegetable Beef Soup

String Cheese

Crackers

Fruit/Milk