

**SOUTH CONWAY COUNTY PUBLIC SCHOOLS
MENUS**

BREAKFAST

Monday, Jan. 28, 2019

Mini Strawberry Bagel
Fruit
Juice/Milk

Tuesday, Jan. 29, 2019

Ham, Egg & Cheese Bar
Fruit
Juice
Milk

Wednesday, Jan. 30, 2019

Yogurt
Graham Crackers
Fruit
Juice/Milk

Thursday, Jan. 30, 2019

Glazed Breakfast Bites
Fruit
Juice/Milk

Friday, Feb. 1, 2019

Sausage Roll Up
Graham Cracker
Fruit
Juice/Milk

LUNCH

Monday, Jan. 28, 2019

Chicken Sandwich
Sandwich Salad Cup
Seasoned Corn
Fruit/Milk

Tuesday, Jan. 29, 2019

Beef Taco
Lettuce/Tomato/Salsa
Black Eye Peas
Fruit/Milk

Wednesday, Jan. 30, 2019

Macaroni & Cheese W/Ham
Steamed Broccoli
Cheese Filled Pretzel
Fruit/Milk

Thursday, Jan. 31, 2019

Asian Chicken Chunks
Mashed Potatoes
Seasoned Carrots
Whole Wheat Roll
Fruit/Milk

Friday, Feb. 1, 2019

Hot Dog W/Chili
Oven Fries
Baked Beans
Frozen Fruit Cup
Milk