



Mile-By-Mile, Step-By-Step
www.schoolmarathon.org

School Marathon Information/Permission Slip

Dear Parents,

We are very excited again to offer Concordia Elementary School students the opportunity to participate in the Concordia Elementary School Marathon! Students will be running/walking a marathon (26.2 miles). This will be our 6th year of doing the school marathon

Student Responsibilities:

- The program will run from Monday, August 20 through Friday, September 28 (These dates may be affected by weather conditions and make up day scheduling. Make up days will be added on after Friday, September 28 which will affect the final day of the marathon.)
- Students in grades 1-4 are invited to participate.
- All adult family members are welcome to run with their child.
- Teachers are welcome to participate.
- **EACH CHILD MUST HAVE A SIGNED RELEASE FORM BEFORE THEY MAY PARTICIAPTE.**
- This activity will be held each scheduled morning from 7:20 - 8:00 a.m. at Concordia Elementary School. Calendars will be distributed after registration.
- **No students will be allowed to start their running/walking after 7:45 a.m.**
- Monday through Friday we will run 1 mile, this is four laps around the course
- This will be a true marathon complete with mileage incentives, t-shirts and medals for each student that completes this lofty goal. Students will receive their incentives once they reach each milestone. **The incentives will cost \$15.00 per student. This is a suggested donation to help offset the cost of the incentives.**

Parent Responsibilities:

- Release form signed and turned in by **Friday, August 17th.**
- Make sure your child is at the CES by 7:20 a.m. or a little before 7:40 a.m. on scheduled run days.
- Make sure your child has appropriate shoes. Children in anything other than tennis shoes (boots, sandals, flip-flops, etc.) **WILL NOT** be allowed to complete their mileage for the marathon.
- **Makeup miles will need to be made up with an adult and a note sent with the student verifying completion of the makeup miles. NO MORE THAN 1 MILE A DAY!**



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Concordia Elementary School Marathon Permission Slip/Liability Waiver

I understand that participating students will run each school morning at 7:20 a.m. To avoid tardies, **no student will be allowed to start running after 7:45 a.m.** This activity will take place at Concordia Elementary School starting Monday, August 20th through Friday, September 28th. The running route is 4 times around the playground course. The students will check in at a table on the East side of the school. Below are more details:

- All students are to proceed directly in to the school after they have completed their mile.
- If there is heavy rain or lightning, we will not run that day and we will schedule a makeup day. Weather cancellations will be posted on school web site by 7:00am or thru school messenger.
- If your child is absent they may also make up their mileage at home with an adult and provide a signed note from a parent stating that the mileage has been completed. **ONLY 1 MAKEUP MILE PER DAY!**

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Concordia Elementary School's Marathon Permission Slip & Liability Waiver

I _____(parent/guardian) give permission for my child _____ in Mr./Mrs. _____ class to participate in the Concordia Elementary School Marathon. Although I know there are parent volunteers monitoring, I understand that my child will not be under constant supervision. I understand that participation in Concordia Elementary School Marathon is completely voluntary and I will not hold liable any person or organization associated with Concordia Elementary School Marathon including, but not limited to USD #333 district, volunteers, or School Marathon Foundation for any harm/injury that may arise from participation in Concordia Elementary School Marathon. In addition, I give permission for my child's photograph to be used on the Concordia Elementary School and School Marathon Foundation web sites.

Signed _____ Date _____ Amount Paid _____

If your child finishes ALL 26.2 miles during the specified time frame they will receive a Concordia Elementary School School Marathon T-shirt & Medal.

Please circle your child's t-shirt size.

Youth Small (6-8) Youth Medium (10-12) Youth Large (14-16)

Adult Small Adult Medium Adult Large



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Arrive at 7:20 am daily

Weather cancelations posted by 7:00 am @ usd333.com and thru School Messenger

Questions call Rick Haden 785.243.8853

** SPECIAL DAYS ARE SUBJECT TO CHANGE

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14 1 st Day of School	15	16	17 School Marathon Permission Forms Due	18
19	20 School Marathon Begins Mile 1	21 Mile 2	22 Mile 3	23 Mile 4	24 Invite A Teacher Day Mile 5	25
26	27 Mile 6	28 Mile 7	29 CHS Athlete Day Mile 8	30 Mile 9	31 Family Run Day Mile 10	

September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 No School Labor Day	4 Mile 11	5 Mile 12	6 Mile 13	7 KU/KSU Day Mile 14	8
9	10 Mile 15	11 Neon Day Mile 16	12 Late Start/ No Marathon	13 Mile 17	14 CCCC Athlete Day Mile 18	15
16	17 Mile 19	18 Picture Day No Marathon Mile 20	19 Mile 21	20 Mile 22	21 Red/Panther Day Mile 23	22
23/30	24 Mile 24	25 Backwards Day Mile 25	26 Make –Up Run	27 Make – Up Run	28 FINAL DAY CELEBRATION Mile 26.2	29



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