



WARRIOR FOOTBALL NATION,

It was a great bye week that our kids and coaches hit the refresh and refocus button and look forward to taking on Rains this Friday night in Emory. Kickoff is 7:30 p.m., please come out and support our Purple Warriors.

This Weeks Schedule- 10/7-10/11

THEME: Our Hero- Who is your hero and why? What is the method in which we come to decide who our hero is? How is that a reflection of me and my priorities?

Mon- Report time 6:30 a.m., after school practice ends at 5:30 p.m.

Tue- Report time 6:30 a.m., after school practice ends at 5:30 p.m.

Wed- Report time 7:20 a.m., after school practice ends at 4:50 p.m.

Thurs- Report time 7:20 a.m., after school practice ends at 4:30 p.m.

Fri- Report time 7:30 a.m.

UPCOMING GAMES-

Oct 18, Pottsboro- Homecoming & Pink Out

Nov 1, Commerce- Senior Night & Youth Night

Please make sure you are following our social media accounts for all updates and latest news.

Pantry refresh: If you feel so inclined, our pantry of snacks for our kids is running low and we could use a little help replenishing it with PB crackers and granola bars. Please bring by the fieldhouse anytime. Thank you in advance.

If you are a parent of a student entering 10th grade and above, please make sure you are checking in with our counselors about credits, GPA, Tests, etc. These things are vital to the success of our Warriors!

Please get your student athlete signed up for an SAT and ACT as soon as possible. Without those scores, your son has no chance to go to the next level. We must make this a priority.

As we continue to build our athletic program, please continue to encourage your student athlete to participate in multiple sports and programs at BHS and LH Rather! This will help us to continue building what was started during our record breaking start in football!

As the school year begins, we will pick up once again our Macho Man Monday and Thankful Thursdays as we focus in on the character and leadership development of all the kids in our program. Please encourage them to take full advantage of these opportunities.

Extra Work: In order for athletes to perform at there best, they need to be getting extra work! Please encourage your athlete to get extra work/lifts beyond the short amount of time allotted during the school day!

SUNDAY NIGHT LIVE: Sunday Night Live will be an online only event going forward. In order to make it efficient with game planning and scheduling, this change must be made. Thank you to all of the fans and parents that take the time each Sunday night at 5:30 to listen to all the great things happening in our program.

Nutrition

Make sure your athlete is hydrating! Drinking water all day every day. We must fuel our bodies, eating at least 6 times a day.

Breakfast

Snack

Lunch

Snack

Dinner

Night Snack

THESE SCHOOLS ARE WATCHING YOU!!

COLLEGE & UNIVERSITIES- Texas Tech, Baylor, SMU, University of Texas, Purdue, UTSA, Texas A&M, Arkansas, Arkansas State, Southeastern, McMurray University, Missouri State, ETBU, Stephen F. Austin, Texas A&M-Commerce, Etc.....

THSCA RECRUITING WEBINAR -

<http://www.thsca.com/recruiting-webinar>

The Texas High School Coaches Association is proud to provide this free recruiting webinar to educate student-athletes, parents, coaches, counselors and administrators on the recruiting process. The webinar is made available through a partnership between the THSCA and the Recruiting Education Foundation Inc., a 501(c)(3) nonprofit program which operates FreeRecruitingWebinar.org.

The webinar is about one hour in length and addresses many important recruiting topics including: **Scholarship Myths and Facts, the NCAA and NAIA Eligibility Centers, NCAA Core Course Requirements, National Letter of Intent, Finding the Right School, and much more.**

NCAA Eligibility Center

All Juniors (Seniors to be) need to register with the NCAA Eligibility Center by this Spring.

The **NCAA Eligibility Center** certifies whether prospective **college** athletes are **eligible** to play sports at **NCAA** Division I or II institutions. It does this by reviewing the student-athlete's academic record, SAT® or ACT scores, and amateur status to ensure conformity with **NCAA** rules

Way of the Warrior

1. DISCIPLINE

2. PHYSICAL CONDITIONING

3. RELATING TO PEERS

4. RELATING TO AUTHORITY

5. RESPONDING TO AND HANDLING EMOTION

Please continue to re-iterate these with your son! The more we grow in these 5 Life Skills the more successful our athletes will become on and off the field.

Follow us on Facebook: Bonham Purple Warriors Football

Follow us on Twitter: @BonhamFootball

Join the Remind 101: Text @bonhamfo to 81010

Thank you,

**John Fish
Head Football Coach
Bonham High School**